



McGill

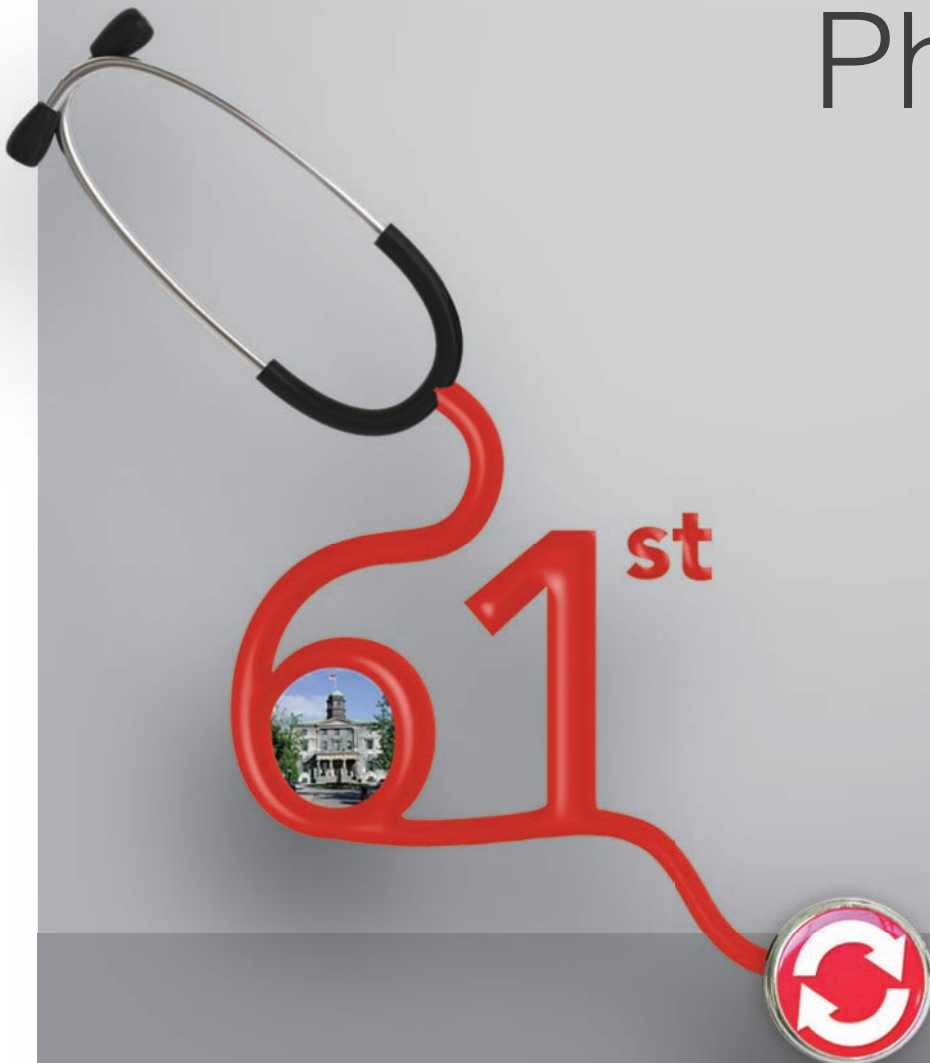
Faculty of Medicine

# 61<sup>st</sup> Annual Refresher Course for Family Physicians

## **PROGRAM & SYLLABUS**

November 29 to December 1, 2010

Hilton Montréal Bonaventure



[www.course-mcgill.ca](http://www.course-mcgill.ca)



# McGill

## Faculty of Medicine

### 61<sup>st</sup> Annual Refresher Course for Family Physicians

November 29 to December 1, 2010 • Hilton Montréal Bonaventure Hotel

#### PROGRAM COMMITTEE

Rohan, Ivan MD, CCFP - Course Director

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Abrahams, Heather	MDCM, CCFP
Boillat, Miriam E.	MDCM, FCFP
Dannenbaum, David	MD, CCFP
Glaser, Stuart R.	MD Emeritus Member
Lalla, Daniel E.	MDCM, CCFP, FCFP
Macek, Adrian	MDCM, CCFP
Narasiah, Lavanya	MD, MSc, CCFP
Nazerli, Najmi	MD, CCFP, FCFP
Schulz, Jan	MD, FRCPC, FACP
Zigman, Michael	MDCM, FCFP



#### Course Organizer

IS Event Solutions

**Isabel Stengler** | President  
Sponsorship/Exhibition/Logistics

**Carole Laflamme**  
Registration/Industry Coordinator

**Nicole Turcotte**  
Scientific Program Manager

**Geneviève Tremblay**  
Logistics & Web Coordinator

**[www.course-mcgill.ca](http://www.course-mcgill.ca)**

Course Secretariat: IS Event Solutions | 1334 Notre-Dame Street West, 2nd Floor, Montreal, QC H3C 1K7  
Telephone: 514-392-7703 | Fax: 514-227-5083 | E-mail: [info@course-mcgill.ca](mailto:info@course-mcgill.ca)

## ACKNOWLEDGEMENTS

### BENEFACTORS

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Amgen

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AstraZeneca Canada Inc.

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Boehringer Ingelheim

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Pfizer Canada Inc.

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Pfizer Consumer Healthcare

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### FRIENDS

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Alcon Canada Inc.

Allergan, inc.

Bristol-Myers Squibb Canada

Eli Lilly Canada Inc.

GlaxoSmithKline

Lundbeck Canada

Merck

Novartis Pharmaceuticals Canada Inc.

Sanofi-Aventis

Servier Canada Inc.

Takeda Canada Inc.

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### PowerPoint Slides / Handouts

Slides are in chronological order of the program.

## IMPORTANT COURSE INFORMATION

### BUSINESS CENTRE

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The hotel's business centre is located on the lobby level, around the corner from the Front Desk. It is open daily between 8:00 and 17:00 and offers services including photocopying, faxing and Internet access.

### COURSE EVALUATION

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A Course evaluation form is included in your delegate bag. Please complete it and drop it off at the Registration Desk on your last day at the Course. You will then receive your CME Certificate. The Committee appreciates your constructive feedback.

### COAT CHECK

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The coat check will be open daily during Conference hours. It is located near the Mont-Royal room. Tip is at the discretion of the delegate.

### EMERGENCY / FIRST AID

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For any emergency or first aid services inside the hotel, please dial "0" for the operator from any available house phone.

### ENVIRONMENTAL CONSIDERATIONS

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We incorporated the following considerations into the planning of this Course:

- E-mail marketing reducing printing
- Offer to forego the syllabus and thus reduce the print quantities
- Tight typeset style for syllabus
- Recycled antibacterial lanyards - **please return at end of the Course!**
- Biodegradable highlighter pen made from recycled materials
- Careful meal planning to avoid waste
- Milk and sugar containers as well as juice in bulk containers
- Printing on recycled paper

### INFORMATION

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Should you require any assistance during the Course, please call the Registration Desk via the hotel operator at 514-878-2332 or see the IS Event Solutions staff at the Registration Desk.

### INTERNET ACCESS

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Computer stations are available to delegates in room Fontaine C.

### LOST AND FOUND

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Any lost and found items will be held at the Registration Desk for the duration of the event. For any unclaimed items after the Course, please contact IS Event Solutions.

### LUGGAGE

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During the Course, whether you are staying at the Hilton Montréal Bonaventure or at a different hotel, you may leave your suitcases with the Bell Desk. The Organizers do not accept liability for any luggage left unattended and will not store any suitcases at the Registration Desk.

### MEALS AND REFRESHMENTS

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Coffee breaks will be served daily in the morning and afternoon in Fontaine ABC. For times of service, please refer to the detailed program section.

A continental breakfast will be available in the foyer area every morning. A hot breakfast will be served in room Le Portage during the Breakfast Symposia.

Lunch will be served in Fontaine ABC on Monday, Tuesday and Wednesday. The same lunch will also be served in Le Portage during the Lunch Symposia as well as in the Overflow Room Fontaine D.

### PUBLIC NOTICE

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All public spaces in Québec, including the Hilton Montréal Bonaventure Hotel, are smoke-free environments.

Smoking is only permitted outside with a minimum distance of 9 feet from the building.

### REGISTRATION

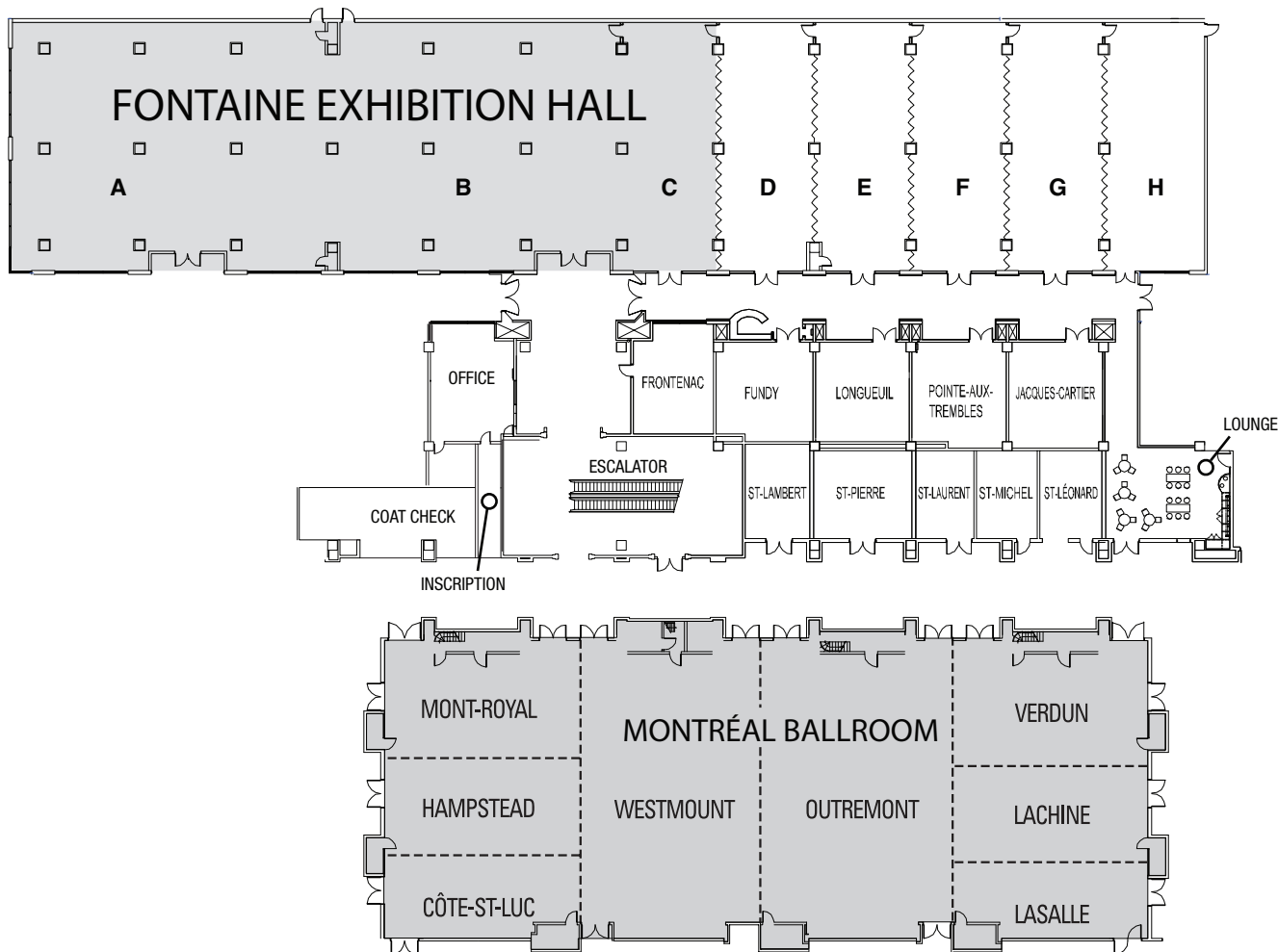
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For identification and security purposes, delegates must wear their name badges at all times while attending the Course.

<b>Monday</b>	06:45-18:00
<b>Tuesday</b>	06:45-17:30
<b>Wednesday</b>	06:45-16:30

GENERAL INFORMATION

**HOTEL FLOOR PLAN | CONVENTION LEVEL**



## CME INFORMATION

### STUDY CREDIT HOURS

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The Centre for Continuing Health Professional Education (CCHPE) has approved this event for up to **23 CME study credits**: RCPSC: MOC Section 1, CFPC Mainpro-M1, AMA Category 1.

The CCHPE, Faculty of Medicine, McGill University is fully accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS), and through the CACMS is accredited to award AMA PRA category 1 credits.

This program meets the accreditation criteria of the College of Family Physicians of Canada for MAINPRO-M1 credits. Members of the American Academy of Family Physicians are eligible to receive credit hours for attendance at this meeting due to a reciprocal agreement with the College of Family Physicians of Canada.

This event is an accredited group learning activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. Through a reciprocal agreement, The CCHPE, Faculty of Medicine, McGill University, designates this activity for AMA Physicians Recognition Award, Category 1 credit up to the maximum number of credit hours noted above.

**Each physician should claim only those hours of credit that he/she actually spent at the educational activity. To claim your CME certificate, please sign in daily and return the completed evaluation form.**

### CCHPE OFFICE COORDINATES

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#### Centre for Continuing Health Professional Education

Lady Meredith House  
1110 Pine Avenue, West, Room 301  
Montréal, Québec H3A 1A3

Telephone: 514-398-3500  
Fax: 514-398-2231  
Email: [cme.med@mcgill.ca](mailto:cme.med@mcgill.ca)  
Web Site: <http://cme.mcgill.ca>

### CME REIMBURSEMENT | Allowance Fund

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This Course qualifies for CME reimbursement for those Québec physicians who meet the requirements for the fund from the Régie d'Assurance du Québec. The RAMQ form is available at the back of the binder or may be downloaded from this link: <http://preview.tinyurl.com/2dopra8>

### DECLARATION OF POTENTIAL CONFLICT OF INTEREST

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Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

#### Objectives:

The aim of this Course is to provide an overall review of topics that would be of interest and relevance to family physicians in both rural and urban practice. A mixture of material will be presented and news breaking developments in Family Medicine reviewed. Exposure to basic topics across the entire spectrum of Family Medicine will be ensured. A chance to brush up on "hands-on" skills will be offered. There will be ample opportunity for interaction with colleagues and faculty.

#### Methods:

Short and focused didactic lectures will cover recent developments in Family Medicine. Numerous workshops will offer a choice from among a variety of basic medical topics. Streams in Emergency Medicine, Geriatrics and Pediatrics, as well as a Hands-On stream will be offered for those with particular needs. The workshops will allow for informal discussion and consultation with faculty. The David J.G. Tector Memorial Lecture will present an in-depth examination of an academic topic in Medicine. The faculty includes both family physicians and specialists affiliated with McGill University, as well as invited speakers.

[www.course-mcgill.ca](http://www.course-mcgill.ca)



# LOOKING AHEAD TO 2011 & 2012

MARK YOUR CALENDAR FOR THESE DATES!

**62<sup>nd</sup> ANNUAL REFRESHER  
COURSE FOR FAMILY PHYSICIANS  
December 5-7, 2011**

Hilton Montréal Bonaventure Hotel

**63<sup>rd</sup> ANNUAL REFRESHER  
COURSE FOR FAMILY PHYSICIANS  
November 26-28, 2012**

Hilton Montréal Bonaventure Hotel



Monday, November 29, 2010 | 18:00 - 22:00

COCKTAILS FOLLOWED BY THE

*Annual Course  
Dinner & Entertainment***Hilton Montréal Bonaventure Hotel**

L'Ensemble du Square St-Louis, under the leadership of Robert O'Callaghan, will once again perform during the cocktail and dinner. Slovakian Mezzo Soprano Maria Adamcova will interpret various pieces of opera, accompanied by pianist Magdalena Wolny. A sumptuous four-course meal will be served.

**Maria Adamcova | Mezzo Soprano**

Born in Košice, Slovakia, Ms. Adamcova has been a guest performer in New York City, in Toronto, and in Prague where she interpreted the role of Clarice in Rossini's *Sheik of Arabia*, along with soloists from Scala de Milano, in a televised performance. Among her more recent engagements, Montrealers remember Ms. Adamcova's moving performances with the Montreal Philharmonic Society, including Mozart's *Requiem*, Bach's *Magnificat* and Kodaly's *Budavari Te Deum*.

**Magdalena Wolny | Concert Pianist**

Magdalena began playing the piano at the age of three! After receiving her Master's degree as a concert pianist at the Academy of Music in Wroclaw, Poland, Magdalena specialized in pedagogy, chamber music and composition. She won an international reputation and several awards including the first prize at the International Competition in Warsaw. Since her début, Magdalena took part in many prestigious concerts in Canada and her exceptional interpretations and profound music are as rare as they are remarkable. Moreover, she stands out brilliantly by her authentic compositions and her musical arrangements inspired by Slavic culture.

**Evening program**

1. Gebet von Alessandro Stradella – Pieta Signore
2. Giulio Caccini – Ave Maria
3. Giuseppe Verdi – Aria Azucena from the Opera *Troubadour* Stride la Vampa
4. Georges Bizet – Habanera Carmen from the Opera *Carmen*
5. Francesco Sartori – Con Te Partiro (Time to Say Good-Bye)



McGill

Faculty of Medicine

**61<sup>ST</sup> ANNUAL REFRESHER COURSE  
FOR FAMILY PHYSICIANS**  
NOVEMBER 29 TO DECEMBER 1, 2010

# Program Overview



# PROGRAM OVERVIEW

## PROGRAM – MONDAY, NOVEMBER 29, 2010

A QUESTION PERIOD WILL FOLLOW ALL LECTURES ON ALL DAYS.

06:45 - 18:00	<b>Registration</b>		Lower Lobby
07:00 - 07:45	<b>Continental Breakfast</b>		Foyer
08:20 - 10:30	<b>PLENARY I</b>		
	<b>Morning Chair • David Dannenbaum</b>		
08:20 - 08:30	<b>P1.1</b> Welcome and Introduction	Ivan Rohan	Westmount
08:30 - 09:00	<b>P1.2</b> Disease Prevention and Health Promotion: What Works?	Steven A. Grover	Westmount
09:00 - 09:30	<b>P1.3</b> Aspirin, Plavix, and Coumadin in Cardiac Patients - Indications, Risks, and Benefits	Mark J. Eisenberg	Westmount
09:30 - 10:00	<b>P1.4</b> Metabolic Syndrome - Is There a Use for Family Practice?	Kaberi Dasgupta	Westmount
10:00 - 10:30	<b>P1.5</b> Hypertension Updates - New Meds, New Guidelines	Luc Trudeau	Westmount
10:30 - 11:00	<b>Refreshment Break</b>		Fontaine ABC
11:00 - 12:00	<b>WORKSHOPS A</b>		
	<b>A-01</b> ER: Syncope in the ER	Bruce Campbell	Hampstead
	<b>A-02</b> GER: Gait Abnormalities and/or Falls	Allen Huang	Fontaine E
	<b>A-03</b> The Periodic Health Exam of The Teenager: What to Ask? What to Do?	Isabelle Leblanc	Fontaine F
	<b>A-04</b> Hands On/ER: Intubation and Airway Management	Robert Drummond	Fontaine G
	<b>A-05</b> Refractory Hypertension: Management and Investigations	Luc Trudeau	Côte-St-Luc
	<b>A-06</b> Diabetic Foot Ulcer Management	Lincoln d'Souza	St-Pierre
	<b>A-07</b> Promotion of Exercise in a 5-minute Office Visit	Ilka Lowensteyn	St-Michel
	<b>A-08</b> Coumadin Interactions / Periprocedure Adjustments	Susan Solymoss	Fontaine H
	<b>A-09</b> Prevention, Management and Investigation of DVTs	Susan Kahn	Mont-Royal
	<b>A-10</b> Prevention of Type 2 Diabetes - What You Can Do in the Office	Kaberi Dasgupta	Fundy
12:00 - 12:45	<b>LUNCH SATELLITE SYMPOSIUM</b>   Supported through an unrestricted educational grant from <i>Pfizer Canada</i> .		
	<b>Chair • Najmi Nazerali</b>		
	Navigating Through Evidence; Diabetes, Metabolic Syndrome and Dyslipidemia	Mark H. Sherman	Le Portage (overflow/lunch in Fontaine D)
12:00 - 13:30	<b>Lunch</b>		Fontaine ABC
13:30 - 14:30	<b>PLENARY II</b>		
	<b>Afternoon Chair • Michael Zigman</b>		
13:30 - 14:00	<b>P2.1</b> Creepy Crawlers - Scabies, Bedbugs, Lice and Fleas	Beatrice Wang	Westmount
14:00 - 14:30	<b>P2.2</b> Lab Testing in Rheumatic Diseases	Michael R. Starr	Westmount

**PROGRAM – MONDAY, NOVEMBER 29, 2010**

A QUESTION PERIOD WILL FOLLOW ALL LECTURES ON ALL DAYS.

14:30 - 15:30	<b>WORKSHOPS B</b>		
	<b>B-01</b>	Common ER Procedures	H. Mitchell Shulman Fundy
	<b>B-02</b>	The MOCA Test in Early Dementia - Indications and Interpretation	Ziad Nasreddine Fontaine E
	<b>B-03</b>	PEDS: The Well Baby Exam	Johanne Morel Mont-Royal
	<b>B-04</b>	Joint Injections	Michael R. Starr Côte-St-Luc
	<b>B-05</b>	Thyroid Nodules	Michael Tamilia Fontaine G
	<b>B-06</b>	Common PEDS Office Infections	Earl Rubin Fontaine H
	<b>B-07</b>	Rational Use of Biochemistry Tests	Julie St-Cyr St-Michel
	<b>B-08</b>	Sports Medicine - Approach to the Knee	Ian Shrier Hampstead
	<b>B-09</b>	Early Detection of Ovarian Cancer	Lucy Gilbert Fontaine F
	<b>B-10</b>	Teenagers - Body Image and Health	Alan Pavlanis St-Pierre
15:30 - 16:00	<b>Refreshment Break</b>		
			Fontaine ABC
16:00 - 17:00	<b>WORKSHOPS C</b>		
	<b>C-01</b>	Common ER Procedures (repeat of B-01)	H. Mitchell Shulman Fundy
	<b>C-02</b>	Andropause	Peter Chan Fontaine E
	<b>C-03</b>	Recurrent Abdominal Pain in Children	Johanne Morel Fontaine G
	<b>C-04</b>	Joint Injections (repeat of B-04)	Michael R. Starr Côte-St-Luc
	<b>C-05</b>	Adult Vaccination Updates	Brian J. Ward Mont-Royal
	<b>C-06</b>	Common PEDS Office Infections (repeat of B-06)	Earl Rubin Fontaine H
	<b>C-07</b>	How to Help Children and Adolescents Deal with Divorce	Audrey Wise St-Michel
	<b>C-08</b>	Sports Medicine - Approach to the Knee (repeat of B-08)	Ian Shrier Hampstead
	<b>C-09</b>	ENT Vertigo	Jamie M. Rappaport & Elizabeth Dannenbaum Fontaine F
	<b>C-10</b>	The Red Eye	Marino Discepola St-Pierre
18:00 - 22:00	<b>COCKTAILS FOLLOWED BY THE ANNUAL COURSE DINNER AND ENTERTAINMENT</b>		
	L'Ensemble du Square St-Louis, under the leadership of Robert O'Callaghan, will once again perform during the cocktail and dinner. Slovakian Mezzo Soprano Maria Adamcova will interpret various pieces of opera, accompanied by concert pianist Magdalena Wolny. A sumptuous four-course meal will be served.		
			Le Foyer, Westmount

**PROGRAM – TUESDAY, NOVEMBER 30, 2010**

A QUESTION PERIOD WILL FOLLOW ALL LECTURES ON ALL DAYS.

06:45 - 17:30	<b>Registration</b>		Lower Lobby
07:00 - 08:00	<b>Continental Breakfast</b>		Foyer
07:00 - 07:45	<b>BREAKFAST SATELLITE SYMPOSIUM</b>   Supported through an unrestricted educational grant from <i>Amgen Canada</i> .		
	<b>Chair • Daniel E. Lalla</b> New Developments in Osteoporosis	Suzanne Morin	Le Portage
08:00 - 09:30	<b>PLENARY III</b>		
	<b>Morning Chair • Heather Abrahams</b>		
08:00 - 08:30	<b>P3.1</b> Type 2 in 2010: Are We Overtreating?	Tina Kader	Westmount
08:30 - 09:00	<b>P3.2</b> Vitamin D	Suzanne Morin	Westmount
09:00 - 09:30	<b>P3.3</b> CMPA: Medico-legal Problems Arising from the Emergency Care of the Elderly	Ross G. Berringer	Westmount
09:30 - 10:30	<b>WORKSHOPS D</b>		
	<b>D-01</b> Emergencies in Your Office	Willis Grad	Fontaine F
	<b>D-02</b> Pain Management with the Elderly	David Lussier	Fontaine G
	<b>D-03</b> PEDS: Diagnostic Test Strategies in Pediatric Abdominal Pain	David McGillivray	Côte-St-Luc
	<b>D-04</b> Hands On: Gynecology - Procedures, IUDs, EMBx	Cleve Ziegler	St-Pierre
	<b>D-05</b> CMPA: Responding to College Complaints	Ross G. Berringer	St-Michel
	<b>D-06</b> Psychiatry: Addictions - Alcohol	John Sader	Mont-Royal
	<b>D-07</b> Endocrinology: Gestational DM	Tina Kader	Fundy
	<b>D-08</b> Neurology: The Neurologic Exam	Liam Durcan	Fontaine E
	<b>D-09</b> COPD Workshop	Pierre Ernst	Hampstead
	<b>D-10</b> Osteoporosis	Suzanne Morin	Fontaine H
10:30 - 11:00	<b>Refreshment Break</b>		Fontaine ABC
11:00 - 12:00	<b>WORKSHOPS E</b>		
	<b>E-01</b> ER: Killer Headaches	Willis Grad	Fontaine F
	<b>E-02</b> Pain Management with the Elderly (repeat of D-02)	David Lussier	Fontaine G
	<b>E-03</b> Pediatric Orthopedics	Thierry E. Benaroch	Fontaine H
	<b>E-04</b> The Neurologic Exam (repeat of D-08)	Liam Durcan	Fontaine E
	<b>E-05</b> CMPA: Responding to College Complaints (repeat of D-05)	Ross G. Berringer	St-Michel
	<b>E-06</b> Psychiatry: Addictions - Gambling	John Sader	St-Pierre
	<b>E-07</b> PFTs	Pierre Ernst	Côte-St-Luc
	<b>E-08</b> Stripping Is NOT for Everyone: How to Deal With Vein Problems in Your Practice	John Rowen	Fundy
	<b>E-09</b> Preflight Medical Assessment and In-flight Emergencies	Peter Rohan	Mont-Royal
	<b>E-10</b> PAP Tests	Cleve Ziegler	Hampstead

**PROGRAM - TUESDAY, NOVEMBER 30, 2010**

A QUESTION PERIOD WILL FOLLOW ALL LECTURES ON ALL DAYS.

12:00 - 12:45	<b>LUNCH SATELLITE SYMPOSIUM</b>   Supported through an unrestricted educational grant from <i>Boehringer Ingelheim</i> .		
	<b>Chair • Heather Abrahams</b> Secondary Prevention of Ischemic Stroke	Robert Côté	Le Portage (overflow/lunch in Fontaine D)
12:00 - 13:30	<b>Lunch</b>		Fontaine ABC
13:30 - 15:30	<b>PLENARY IV</b>		
	<b>Afternoon Chair • Adrian Macek</b>		
13:30 - 14:00	<b>P4.1</b> Sports Medicine Pearls	J. Scott Delaney	Westmount
14:00 - 14:30	<b>P4.2</b> Refractory Depression – Changing and Combining Therapies	Marcelo T. Berlim	Westmount
14:30 - 15:00	<b>P4.3</b> Celiac and Common Malabsorption Diseases	Gad Friedman	Westmount
15:00 - 15:30	<b>P4.4</b> An Update on Eating Disorders	Mimi Israel	Westmount
15:30 - 16:00	<b>Refreshment Break</b>		Fontaine ABC
16:00 - 17:00	<b>WORKSHOPS F</b>		
	<b>F-01</b> ER: Pulmonary Embolus	Raymond S. Sorge	Fundy
	<b>F-02</b> Psychiatry: Major Depression	Marcelo T. Berlim	Mont-Royal
	<b>F-03</b> Approaching Eating Disorders from a Medical Perspective: Practical Guidelines for Family Physicians	Mimi Israel	St-Pierre
	<b>F-04</b> Common Orthotic Devices	J. Scott Delaney	Fontaine E
	<b>F-05</b> Internet Resources: Helpful Searches	Jim Henderson	Hampstead
	<b>F-06</b> ADD in Adults	Lily Hechtman	Fontaine F
	<b>F-07</b> Irritable Bowel Syndrome (IBS)	Gad Friedman	Côte-St-Luc
	<b>F-08</b> Neurology: Migraines Workshop	Michel Aubé	Fontaine H
	<b>F-09</b> ECG Interpretation	David Paul Kostiuk	St-Michel
	<b>F-10</b> Managing Menopause	Elsa Quiros-Calinoiu	Fontaine G
17:00 - 17:45	<b>EVENING SATELLITE SYMPOSIUM</b>   Supported through an unrestricted educational grant from <i>Pfizer Consumer Healthcare</i> .		
	<b>Chair • David Dannenbaum</b> The Cholesterol Lowering Benefits of Phytosterols	Peter J. Jones	Le Portage

**PROGRAM – WEDNESDAY, DECEMBER 1, 2010**

A QUESTION PERIOD WILL FOLLOW ALL LECTURES ON ALL DAYS.

06:45 - 16:30	<b>Registration</b>		Lower Lobby
07:00 - 08:00	<b>Continental Breakfast</b>		Foyer
07:00 - 07:45	<b>BREAKFAST SATELLITE SYMPOSIUM</b>   Supported through an unrestricted educational grant from <i>Boehringer Ingelheim</i> .		
	<b>Chair • Ivan Rohan</b> Bridging the Gap in Hypertension Treatment: Choosing the Optimal Combination	Luc Trudeau	Le Portage
08:00 - 10:00	<b>PLENARY V</b>		
	<b>Morning Chair • Najmi Nazerali</b>		
08:00 - 08:30	<b>P5.1</b> Update and Guidelines on Opioid Use	Mary-Ann Fitzcharles	Westmount
08:30 - 09:00	<b>P5.2</b> Vaccinations in Teenagers and Adults	John Yaremko	Westmount
09:00 - 09:30	<b>P5.3</b> Initiating Insulin in the Office: When & How	Jean-François Yale	Westmount
09:30 - 10:00	<b>P5.4</b> Acute Lyme Disease	Michael D. Libman	Westmount
10:00 - 10:30	<b>Refreshment Break</b>		Fontaine ABC
10:30 - 11:30	<b>WORKSHOPS G</b>		
	<b>G-01</b> Many Uses of Ultrasound in ER	John Lewis	St-Michel
	<b>G-02</b> GER: Polypharmacy - How to Start Cleaning Up!	Louise Mallet	Fontaine F
	<b>G-03</b> Vaccinations in Children and Teenagers	John Yaremko	Côte-St-Luc
	<b>G-04</b> Hands On: Computers	Daniel E. Lalla	St-Pierre
	<b>G-05</b> My Last 10 Requests for Rheumatology Consulting	Mary-Ann Fitzcharles	Fontaine G
	<b>G-06</b> Problem-solving Pneumonia, Sinusitis, Bronchitis	Michael D. Libman	Fontaine E
	<b>G-07</b> Trouble-shooting Insulin in the Office and Hospital	Jean-François Yale	Mont-Royal
	<b>G-08</b> Asthma in Kids	Reza Alizadehfar	Fundy
	<b>G-09</b> An Approach to Developmental Delay	June Ortenberg	Fontaine H
	<b>G-10</b> Sexual Dysfunction in Menopausal Women	Elena Mihu	Hampstead
11:30 - 12:15	<b>LUNCH SATELLITE SYMPOSIUM</b>   Supported through an unrestricted educational grant from <i>AstraZeneca</i> .		
	<b>Chair • Peter Rohan</b> Getting a G.R.I.P. on CV Risk: Guidelines Rolled into Practice	Kevin Saunders	Verdun/Lachine/Lasalle
11:30 - 13:00	<b>Lunch</b>		Fontaine ABC



**PROGRAM – WEDNESDAY, DECEMBER 1, 2010**

A QUESTION PERIOD WILL FOLLOW ALL LECTURES ON ALL DAYS.

13:00 - 14:30	<b>PLENARY VI</b>		
	<b>Afternoon Chair • Daniel E. Lalla</b>		
13:00 - 13:30	<b>P6.1</b>	Tector Memorial Lecture: Family Medicine as Seen by a Family Doctor Who Is Also a Teacher, Researcher and a Leader	Michael Malus Westmount
13:30 - 14:00	<b>P6.2</b>	Genetics For The Family Physician - Clinical Scenarios That Should Prompt You to Think About Genetics	Teresa M. Rudkin Westmount
14:00 - 14:30	<b>P6.3</b>	Is It Parkinson's?	Alain Dagher Westmount
14:30 - 14:45	<b>Refreshment Break</b>		Fontaine ABC
14:45 - 16:30	<b>PLENARY VI (continued)</b>		
	<b>Afternoon Chair • Daniel E. Lalla</b>		
14:45 - 15:15	<b>P6.4</b>	Acai Berries and Other Seductions	Joseph A. Schwarcz Westmount
15:15 - 15:45	<b>P6.5</b>	iPhone and Beyond	Daniel E. Lalla Westmount
15:45 - 16:15	<b>P6.6</b>	Treating Common Dermatoses	Dominique Fausto de Souza Westmount
16:15 - 16:30	<b>P6.7</b>	Closing Comments	Ivan Rohan Westmount

## COURSE FACULTY

**Alizadehfar, Reza MD, FRCPC**

Division of Allergy and Clinical Immunology,  
The Montreal Children's Hospital, MUHC

**Aubé, Michel MD**

Senior Neurologist, Montreal Neurological Hospital  
Associate Professor, Department of Neurology and Neurosurgery,  
McGill University

**Benaroch, Thierry E. MD, FRCS(C), FAAOS**

Orthopedic Surgery and Trauma Program, The Montreal Children's Hospital,  
MUHC

**Berlim, Marcelo T. MD, MSc**

Assistant Professor, Department of Psychiatry, McGill University

**Berringer, Ross G. MD, D(ABEM), MCFP(EM)**

Physician Risk Manager, Risk Management Services, Canadian Medical  
Protective Association

**Campbell, Bruce MD, FRCPC**

Emergency Medicine, Department of Medicine, St. Mary's Hospital Centre

**Chan, Peter MD, CM, MSc, FRCS(C), FACS**

Director of Male Reproductive Medicine, MUHC;  
Associate Professor, Department of Surgery, MUHC

**Côté, Robert MD, FRCPC, FAHA**

Associate Professor, Department of Neurology, Neurosurgery and Medicine,  
McGill University

**d'Souza, Lincoln RN, BScN, MEd**

Senior Advisor Manager, Wound and Stoma Program, MUHC

**Dagher, Alain MD, PhD**

Neuro Head of Parkinson's Clinic Centre for Research in Neuroscience, Positron  
Emission Tomography, McConnell-Brain Imaging Centre, Montreal Neurological  
Institute and Hospital

**Dannenbaum, Elizabeth PT, MSc**

Vestibular Rehabilitation Program, Jewish Rehabilitation Hospital

**Dasgupta, Kaberi MD, MSc, FRCP(C)**

Assistant Professor, Department of Medicine, McGill University  
Division of Internal Medicine and Endocrinology, MUHC  
Division of Clinical Epidemiology, Montreal General Hospital

**Delaney, J. Scott MDCM, FRCP(C), FACEP**

Research Director, Department of Emergency Medicine, MUHC  
Team Physician, Montreal Alouettes and Impact

**De Souza, Dominique Fausto MD**

Dermatologist, Federal University of Rio de Janeiro, Brazil  
PhD Student, McGill University

**Discepolo, Marino MD**

Department of Ophthalmology, McGill University, Royal Victoria Hospital

**Drummond, Robert MD, CM**

Department of Emergency Medicine, St. Mary's Hospital Centre

**Durcan, Liam MD, FCRP(C)**

Assistant Professor, Department of Neurology and Neurosurgery,  
McGill University  
Consultant Neurologist, Montreal Neurological Hospital and Institute

**Eisenberg, Mark J. MD, MPH, FACC, FAHA**

Professor, Department of Medicine, McGill University  
Staff Cardiologist, Jewish General Hospital

**Ernst, Pierre MD, MSc, FRCP(C)**

Professor of Medicine, McGill University  
Division of Pulmonary Diseases, Jewish General Hospital

**Fitzcharles, Mary-Ann MD**

Associate Professor, Division of Rheumatology, McGill University  
Rheumatologist, The Montreal General Hospital, MUHC

**Friedman, Gad MDCM, FRCP**

Division of Gastroenterology, McGill University & MUHC  
Assistant Professor, School of Medicine, McGill University

**Gilbert, Lucy MD, MSc, FCFP**

Oncologist, Department of Obstetrics and Gynecology, The Montreal General  
Hospital, MUHC

**Grad, Willis MD**

Emergency Medicine, Jewish General Hospital

**Grover, Steven A. MD, MPA, FRCPC**

Professor, Department of Medicine, McGill University  
Director, McGill Cardiovascular Health Improvement Program (CHIP), MUHC

**Hechtman, Lily MD FRCPC**

Professor, Psychiatry and Pediatrics, McGill University  
Director, ADHD Research, Division of Child Psychiatry, The Montreal Children's  
Hospital, MUHC

**Henderson, Jim**

Liaison Librarian, Walter Hirschfeld Geographic Information Centre Libraries  
(Burnside Hall), McGill University

**Huang, Allen MDCM, FRCPC, FACP**

Division of Geriatric Medicine, MUHC  
Associate Professor of Medicine, McGill University  
Department of Medicine, Royal Victoria Hospital

**Israel, Mimi MD**

Psychiatrist in Chief, Douglas Hospital, Department of Psychiatry

**Jones, Peter J. PhD**

Professor, Human Nutritional Sciences;  
Director, Richardson Center; University of Manitoba

**Kader, Tina MD, FRCPC, CDE**

Assistant Professor, Department of Medicine,  
McGill University  
Certified Diabetes Educator

**Kahn, Susan MD, MSc, FRCPC**

Professor of Medicine, McGill University  
Director, McGill Thrombosis Fellowship  
Director, JGH Thrombosis Program, Jewish General Hospital

**Kostiuk, David Paul MD**

Faculty of Medicine, McGill University

**Lalla, Daniel E. MDCM, CCFP, FCFP**

Faculty Lecturer, Department of Family Medicine, McGill University  
Cowansville Medical Clinic

**Leblanc, Isabelle MSc, MD, CFP**

Family Physician, St. Mary's Family Medicine Center  
Faculty Lecturer, McGill University

**Lewis, John MD, MA, CCFP-EM**

Lecturer at McGill University; Staff at St. Mary's and Hawkesbury General  
Hospital

**Libman, Michael D. MD**

Department of Medical Microbiology and Division of Infectious Disease, MUHC  
Associate Professor, Faculty of Medicine, McGill University

**Lowensteyn, Ilka PhD**

Clinical Research Director, McGill Comprehensive Health Improvement  
Programme  
Medical Scientist, Montreal General Hospital Research Institute  
Adjunct Assistant Professor, McGill University

## COURSE FACULTY

**Lussier, David MD, FRCP(C)**

Director, Geriatric Pain Clinic, MUHC  
Assistant Professor, McGill University

**Mallet, Louise BSc (Pharm), PharmD, CGP**

Professor in Clinical Pharmacy, Faculty of Pharmacy, Université de Montréal  
Clinical Pharmacist in Geriatrics, Royal Victoria Hospital, MUHC

**Malus, Michael MD, CCFP, FCFP**

Chief, Department of Family Medicine, SMBD-Jewish General Hospital  
Director of the Herzl Family Practice McGill University Teaching Unit  
Associate Professor, Department of Family Medicine, McGill University

**McGillivray, David MD**

Associate Professor, Department of Pediatrics, McGill University

**Mihu, Elena BA, MD, CCFP**

Assistant Clinical Professor, Family Medicine, McMaster University  
Family Physician, Kinmount and District Health Centre

**Morel, Johanne MD**

Associate Professor, Department of Pediatrics, Montreal Children's Hospital,  
McGill University

**Morin, Suzanne MD, FRCPC, FACP**

Director, Internal Medicine Outpatient Department (MOD), Montreal General  
Hospital  
Associate Professor, Department of Medicine, McGill University

**Nasreddine, Ziad MD**

Assistant Professor, University of Sherbrooke and McGill University

**Ortenberg, June MD, FRCP(C), ABP**

Pediatrician, Neurofibromatosis Clinic, The Montreal Children's Hospital  
Department of Pediatrics, McGill University

**Pavlanis, Alan MD, CM, CCFP, FCFP, DipEpi**

Director, Family Medicine Centre, St. Mary's Hospital Centre  
Associate Professor, Family Medicine, McGill University

**Quiros-Calinoiu, Elsa MD**

Chief, Gynecology, Department of Surgery, MUHC, Montreal Children's Hospital

**Rappaport, Jamie M. MD**

Associate Professor of Otolaryngology, McGill University  
Chief of Otolaryngology and Neurotology, Jewish General Hospital

**Rohan, Ivan MD, CCFP**

Interim Associate Dean, Centre for Continuing Health Professional Education  
(CCHPE), McGill University  
Assistant Professor, Director of CME, Department of Family Medicine, McGill  
University

**Rohan, Peter MD, DOH**

Program Director, Inter University Occupational & Environmental Health Clinic,  
Montreal Chest Institute, MUHC  
Adjunct Professor, Department of Epidemiology, Biostatistics and Occupational  
Health, McGill University

**Rowen, John MD, CCFP(EM)**

Emergency, St. Mary's Hospital  
Assistant Professor, Department of Family Medicine, McGill University

**Rubin, Earl MD**

Associate Professor, Department of Pediatrics, MUHC, McGill University

**Rudkin, Teresa M. MD**

Department of Human Genetics, McGill University  
CLSC Côte-des-Neiges

**Sader, John MD, BSc, ASAM certified, ABAM**

Associate Professor, Department of Family Medicine, McGill University

**Saunders, Kevin MD, CCFP**

Family Physician, Rivergrove Medical Clinic, Winnipeg, MB

**Schwarcz, Joseph A. PhD**

Director, Office for Science and Society, McGill University

**Sherman, Mark H. MDCM, FRCP(C)**

Assistant Professor and Associate Physician, Department of Medicine, McGill  
University  
Director, Metabolic Day Centre

**Shrier, Ian MD, PhD, Dip Sport Med, FACSM**

Associate Professor, Department of Family Medicine, McGill University  
Associate Professor, Centre for Clinical Epidemiology and Community Studies,  
Jewish General Hospital

**Shulman, H. Mitchell MDCM, FRCPC, CSPQ**

Assistant Professor, Department of Surgery, McGill University Associate  
Professor, Family Medicine, St. Mary's Hospital Centre Attending Physician,  
Emergency Room, Royal Victoria Hospital, MUHC

**Solymoss, Susan MD**

Associate Professor, Faculty of Medicine, McGill University

**Sorge, Raymond S. MCM, CCFP(EM), FCFP**

Assistant Professor, Department of Family Medicine, McGill University  
Chief, Department of Emergency Medicine, St. Mary's Hospital Centre

**Starr, Michael R. MD, FRCPC**

Associate Professor, Faculty of Medicine, McGill University  
Division of Rheumatology, MUHC

**St-Cyr, Julie MDCM, FRCPC**

Director, Biochemistry Department, St. Mary's Hospital Centre  
Assistant Professor, Department of Pathology, McGill University  
Consultant, Biochemistry Laboratory, CHL, Ste-Agathe

**Tamília, Michael MD**

Endocrinologist, SMBD - Jewish General Hospital

**Trudeau, Luc MD**

Assistant Professor, Division of Internal Medicine, Cardiovascular Prevention  
Centre, Jewish General Hospital

**Wang, Beatrice MD, FRCP, CSPQ, FAAD**

Assistant Professor, Dermatology, McGill University  
Director, Melanoma Clinic, Royal Victoria Hospital, MUHC

**Ward, Brian J. MSc, MDCM, DTM&H**

Associate Professor, Department of Medicine, Division of Experimental Medicine,  
McGill University  
Associate Professor, Centre for the Study of Host Resistance, Montreal General  
Hospital

**Wise, Audrey EdD**

Counsellor, Sex and Couple Therapy Services, Royal Victoria Hospital, MUHC

**Yale, Jean-François MD, CSPQ**

Professor of Endocrinology, McGill Nutrition and Food Science Centre, McGill  
University

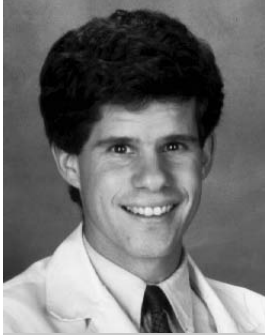
**Yaremko, John MD, FRCP(c)**

Assistant Professor in Pediatrics, McGill University  
Staff Physician, The Montreal Children's Hospital

**Ziegler, Cleve MD, FRCSC, CSPQ**

Assistant Professor, Department of OB/Gyn, McGill University  
Attending Physician, Department of OB/Gyn, SMBD-Jewish General Hospital

**MONDAY, NOVEMBER 29, 2010**



**PLENARY I | 08:20 - 10:30**

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**P1.2 // 08:30 - 09:00 Disease Prevention and Health Promotion: What Works?**

**STEVEN A. GROVER MD, MPA, FRCPC**

Professor, Department of Medicine, McGill University

Director, McGill Cardiovascular Health Improvement Program (CHIP)

McGill University Health Centre (MUHC)

**BIOGRAPHICAL SKETCH:**

Dr. Steven A. Grover is the founding director of the McGill Cardiovascular Improvement Program (CHIP) and the Center for the Analysis of Cost-Effective Care at the McGill University Health Center. Dr. Grover served as the Director of the Division of Clinical Epidemiology at the Montreal General Hospital from 1994-2006. Dr. Grover is also a Professor in the Departments of Medicine at McGill University. Dr. Grover was a Professor of Epidemiology and Biostatistics at McGill University from 1998 to 2009. After graduating with a medical degree from McGill University, he completed his post-graduate education at the University of California at Los Angeles (UCLA), McGill University, and Harvard Medical School. He then received his research training at the Brigham & Women's Hospital while completing a Master's of Public Administration at the Kennedy School of Government, Harvard University.

**RESEARCH INTERESTS:**

Dr. Grover's major research interest is the development and validation of computer simulation models to forecast the progression of cardiovascular disease, diabetes, and cancer. These models are used for assessing the risk and benefits of different risk factor screening strategies or therapeutic interventions. His research group has also recently completed a detailed economic analysis of cardiovascular disease which allows for cost-effectiveness analyses of risk factor reduction interventions. This work has been recognized internationally and, in 1991, Dr. Grover was awarded the Henry J. Christian Award for excellence in research at the national meeting of the American Federation for Clinical Research.

Other research interests include quality of life assessment and the economic analyses of cardiovascular disease, diabetes, obesity, HIV disease, prostate cancer and other diseases impacting on the health of men and women. He received the Prix IMS Health Canada for outstanding health economics research in 2000. Erectile dysfunction is a focus of more recent research and Dr. Grover received the Yamanouchi Impotence Best Abstract Series Award at the annual meeting of the American Urological Association in 2003.

Dr. Grover's clinical interests include the importance of exercise and weight reduction to reduce the risk of cardiovascular disease, diabetes, and obesity. He is happily married and has four sons.

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010****PLENARY I | 08:20 - 10:30****P1.3 // 09:00 - 09:30 Aspirin, Plavix, and Coumadin in Cardiac Patients - Indications, Risks, and Benefits**

**MARK J. EISENBERG MD, MPH, FACC, FAHA**  
 Professor, Department of Medicine, McGill University  
 Staff Cardiologist, Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Eisenberg is a tenured Professor of Medicine at McGill University and a Staff Cardiologist at the Jewish General Hospital in Montreal, Quebec. He is the Director of Clinical Research of the McGill Cardiology Fellowship Program. In addition to his clinical responsibilities, Dr. Eisenberg is the Director of the Cardiovascular Health Services Research Group of the Jewish General Hospital and a Principal Investigator at the Centre for Clinical Epidemiology and Community Studies. He has completed several studies of issues surrounding drug-eluting stents and late stent thrombosis. He has published meta-analyses of randomized clinical trials of drug-eluting stents (Lancet 2004; 364:583-91) and the effectiveness and safety of drug-eluting stents in vein grafts (Am Heart J 2010; 159:159-69), as well as a review of randomized clinical trials for prevention of in-stent restenosis (Am J Cardiol 2006; 98:375-82). He has also published studies and editorials regarding the cost-effectiveness of drug-eluting stents, including the economic impact of late stent thrombosis (Circulation 2006; 114:1745-54, Am J Cardiol 2009; 103:338-44, JACC Cardiovasc Interv 2009; 2:1188-9). Dr. Eisenberg has also recently published studies about the safety of short-term discontinuation of antiplatelet therapy in patients with drug-eluting stents (Circulation 2009; 119:1634-42) and perioperative management of patients with drug-eluting stents (JACC Cardiovasc Interv 2010; 3:131-42).

**LEARNING OBJECTIVES:**

To be familiar with the indications, risks, and benefits in cardiac patients of Aspirin, Plavix, and Coumadin, both individually and in combination

**SUGGESTED READINGS:**

- Holmes Jr DR, Kereiakes DJ, Kleiman NS, Moliterno DJ, Patti G, Grines CL. Combining Antiplatelet and Anticoagulant Therapies. *Journal of the American College of Cardiology*. 2009;54(2):95-109.
- Campbell-Scherer DL, Green LA. ACC/AHA guideline update for the management of ST-segment elevation myocardial infarction. *American Family Physician*. 2009;79(12):1080-1086.
- Grines CL, Bonow RO, Casey Jr DE, et al. Prevention of Premature Discontinuation of Dual Antiplatelet Therapy in Patients With Coronary Artery Stents: A Science Advisory From the American Heart Association, American College of Cardiology, Society for Cardiovascular Angiography and Interventions, American College of Surgeons, and American Dental Association, With Representation From the American College of Physicians. *Journal of the American College of Cardiology*. 2007;49(6):734-739.
- Abualsaud AO, Eisenberg MJ. Perioperative Management of Patients With Drug-Eluting Stents. *JACC: Cardiovascular Interventions*. 2010;3(2):131-142.

## NOTES

[illegible]



**PLENARY I | 08:20 - 10:30**

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**P1.4 // 09:30 - 10:00 Metabolic Syndrome - Is There a Use For Family Practice?**

**KABERI DASGUPTA MD, MSc, FRCP(C)**

Assistant Professor, Department of Medicine, McGill University

Division of Internal Medicine and Endocrinology, MUHC

Division of Clinical Epidemiology, Montreal General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Kaberi Dasgupta is an Assistant Professor of Medicine at McGill University and a physician scientist at the McGill University Health Centre. She holds a New Investigator career award from the Canadian Institutes of Health Research. Dr. Dasgupta received her MD, CM degree from McGill University in 1993 and completed residency training in internal medicine at the Montreal General Hospital in 1997. From 1997 to 2002, she worked as a community-based internal medicine consultant at the Centre Hospitalier Hôtel-Dieu d'Amos in northwestern Quebec. She received an MSc in epidemiology from McGill University in 1999. She has held her current appointment as an academic internist and clinical scientist since 2002. Her primary area of research interest is optimizing physical activity and lowering cardiovascular risk among the overweight, particularly in the context of type 2 diabetes. Her studies address psychosocial and environmental influences and are designed to inform the development of interventional strategies.

**LEARNING OBJECTIVES:**

1. To *distinguish* the concept of metabolic syndrome from “defining” clinical criteria
2. To *differentiate* information on prognosis from information on treatment targets
3. To *reinforce* the importance of measuring adiposity in some way (BMI, waist circumference, waist hip ratio) and discussing it with patients



## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**PLENARY I | 08:20 - 10:30**

**P1.5 // 10:00 - 10:30 Hypertension Updates - New Meds, New Guidelines**

**LUC TRUDEAU MD**

Assistant Professor, Division of Internal Medicine, Cardiovascular Prevention Centre - Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Luc Trudeau graduated from University of Montreal for both his medical degree and in Internal Medicine. He is affiliated to the Jewish General Hospital since 1993, where he is a full-time attending physician in the Division of Internal Medicine. He is the co-founder of the Cardiovascular Prevention Center at the Jewish General and is a member of the Canadian Guidelines for the Treatment of Hypertension (CHEP). He is a clinician, teaches medical students, residents and fellows in Internal Medicine, and participates in research through clinical studies. Dr. Trudeau has lectured often on the topics of hypertension and various cardiovascular risk factors and sits on advisory boards of pharmaceutical companies.

**LEARNING OBJECTIVES:**

1. Review the usefulness of sodium restriction
2. Is a lower blood pressure better in diabetics?
3. Combination therapy is needed
4. Special attention for the very elderly
5. Review the different aspects of blood pressure monitoring

**SUGGESTED READINGS:**

- Sacks FM. Effects on Blood Pressure of Reduced Dietary Sodium and the Dietary Approaches to Stop Hypertension (DASH) Diet. NEJM 2001; 344: 3-10
- He FJ, MacGregor GA. Effect of longer-term modest salt reduction on blood pressure. Cochrane Database of Systematic Reviews 2004, Issue 3.
- Jamerson K, Weber MA, Bakris GL, Dahlöf B, Pitt B, for the ACCOMPLISH Trial Investigators. Benazepril plus Amlodipine or Hydrochlorothiazide for Hypertension in High-Risk Patients. NEJM 2008; 359:2417-2428
- Beckett NS, Peters R, Fletcher AE. Treatment of Hypertension in Patients 80 Years of Age or Older. NEJM 2008; 358: 1887-1898
- Campbell NR, Kaczorowski J, Lewanczuk RZ, Feldman R, Poirier L, Kwong MML, Lebel M, McAlister FA, Tobe SW, on behalf of the Canadian Hypertension Education Program 2010 Canadian Hypertension Education Program (CHEP) recommendations: The scientific summary - an update of the 2010 theme and the science behind new CHEP recommendations. Can J Cardiology May 2010; Volume 26 Issue 5: 236-240
- [www.hypertension.ca](http://www.hypertension.ca)

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP A-01 | 11:00 - 12:00 | Room: Hampstead**

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ER: Syncope in the ER

**BRUCE CAMPBELL MD, FRCPC**

Emergency Medicine, Department of Medicine, St. Mary's Hospital Centre

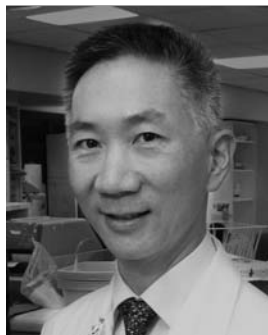
**BIOGRAPHICAL SKETCH:**

Graduated from medical school at Dalhousie University, Halifax, Nova Scotia, Class of 1998. Completed residency training at the University of Manitoba, Winnipeg, in 2002. Currently practicing as a general internist at St. Mary's Hospital Centre since 2003. Dr. Campbell is the director of the clinical teaching unit at St. Mary's. In 2007, he was part of the Faculty of Medicine Teaching Scholar in 2007 looking at the role of family physicians as hospitalists. He lives on the Plateau Mont-Royal with his wife and two children.

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP A-02 | 11:00 - 12:00 | Room: Fontaine E**

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**GER: Gait Abnormalities and/or Falls**

**ALLEN HUANG** MDCM, FRCPC, FACP

Division of Geriatric Medicine, MUHC Associate Professor Department of Medicine,  
McGill University, Department of Medicine, Royal Victoria Hospital

**BIOGRAPHICAL SKETCH:**

Allen R. Huang, MDCM, is an Associate Professor of Medicine at McGill University and past Director of the Division of Geriatric Medicine at the McGill University Health Centre. He is a Fellow of the Royal College of Physicians and Surgeons of Canada, the American College of Physicians and the American Geriatrics Society. He has been the service chief of the Royal Victoria Hospital 8-Medical acute inpatient geriatric service, and program director for the McGill Postgraduate residency training program in Geriatric Medicine. Aside from an active clinical geriatrics, teaching and administrative portfolio Dr. Huang has deep interests in clinical informatics. He is a co-investigator in many research projects with Dr. Robyn Tamblyn. One of the showcase projects is MOXXI (Medical Office of the XXIst century), which continues to explore the use of an electronic prescribing solution to improve the health of patients. Dr. Huang is a founding member of the McGill Clinical Health and Informatics Research Group. His research interests and expertise are in the areas of medication management in the elderly and patient safety. Dr. Huang's vision includes the ongoing use of data provided by clinical information systems to enhance continuing quality improvement activities.

**LEARNING OBJECTIVES:**

1. To be able to recognize three common gait disorders in the elderly
2. To be able to list the elements of gait
3. To be able to identify appropriate walking aids for gait disorders

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP A-03 | 11:00 - 12:00 | Room: Fontaine F**

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The Periodic Health Exam of The Teenager: What to Ask? What to Do?

**ISABELLE LEBLANC** MSc, MD, CFPC

Family Physician, St. Mary's Family Medicine Centre,  
Faculty Lecturer, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Isabelle Leblanc is a Faculty Lecturer in the Department of Family Medicine at McGill University. She holds an M.Sc. in Anthropology from Université de Montréal, a MD from Ottawa University (2000) and did her residency in family medicine at McGill University (2004). Her work in primary care is based at St-Mary's Hospital as well as in a paediatrics clinic; she also has an appointment in internal medicine, palliative care (St-Mary's) and paediatrics (RVH). She is Assistant Director for Physician Apprenticeship as well as co-responsible for ethics teaching to medical students. Research interests include global health, bioethics, narrative medicine and intercultural communication.



## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP A-04 | 11:00 - 12:00 | Room: Fontaine G**

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Hands On/ER: Intubation and Airway Management

**ROBERT DRUMMOND MD, CM**

Lecturer, Department of Emergency Medicine, McGill University,  
Attending Physician, Emergency Departments at St. Mary's Hospital and Royal Victoria Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Drummond obtained his medical degree from McGill University where he subsequently completed a residency in Family Medicine and a fellowship in Emergency medicine. Currently he is an attending physician in the Emergency Departments of the McGill University Health Center and St. Mary's Hospital in Montreal. With a particular interest in prehospital care, Dr. Drummond is the Medical Director for the Montreal Fire Department.

**LEARNING OBJECTIVES:**

1. To have an appreciation of the multiple techniques and modalities available to ensure adequate ventilatory support of the ED patient
2. To have a rudimentary understanding of rapid sequence intubation
3. To be able to define a difficult and a failed airway and to be able to articulate strategies to address both

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP A-05 | 11:00 - 12:00 | Room: Côte-St-Luc**

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**Refractory Hypertension: Management and Investigations**

**LUC TRUDEAU MD**

Assistant Professor, Division of Internal Medicine, Cardiovascular Prevention Centre,  
Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Luc Trudeau graduated from University of Montreal for both his medical degree and in Internal Medicine. He is affiliated to the Jewish General Hospital since 1993, where he is a full-time attending physician in the Division of Internal Medicine. He is the co-founder of the Cardiovascular Prevention Center at the Jewish General and is a member of the Canadian Guidelines for the Treatment of Hypertension (CHEP). He is a clinician, teaches medical students, residents and fellows in Internal Medicine, and participates in research through clinical studies. Dr. Trudeau has lectured often on the topics of hypertension and various cardiovascular risk factors and sits on advisory boards of pharmaceutical companies.

**LEARNING OBJECTIVES:**

1. Discuss a working definition
2. Understand causes and risk factors
3. Review better adherence strategies
4. Solving a clinical case: why isn't my patient's blood pressure brought to goal?

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**

**WORKSHOP A-06 | 11:00 - 12:00 | Room: St-Pierre**

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**Diabetic Foot Ulcer Management**

**LINCOLN D'SOUZA** RN, BScN, MEd

Senior Advisor Manager, Wound and Stoma Program, MUHC

**BIOGRAPHICAL SKETCH:**

Lincoln completed a DEC in Nursing at Dawson College and later completed a B.Sc.N in Nursing at University of Ottawa followed by a Master in Adult Education from Concordia.

Lincoln has worked in medical and surgical and has extensive background in Critical Care Nursing and Wound Care.

Currently Lincoln is the Senior Advisor and Manager of the Wound and Stoma Program at the MUHC.

Along with his administrative duties Lincoln runs a Complex Wound Care Clinic for ambulatory / community based patients and provides consultation services to every MUHC Mission.

**LEARNING OBJECTIVES:**

1. Identify risks and etiology of Diabetic Foot Ulcers
2. Describe key assessments for the evaluation of Diabetic Foot Ulcers
3. Determine treatment options for patients with Diabetic Foot Ulcers

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP A-07 | 11:00 - 12:00 | Room: St-Michel**

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**Promotion of Exercise in a 5-minute Office Visit**

**ILKA LOWENSTEYN PhD**

Clinical Research Director, McGill Comprehensive Health Improvement Programme

Medical Scientist, Montreal General Hospital Research Institute

Adjunct Assistant Professor, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Ilka Lowensteyn is a Medical Scientist at the Centre for Cardiovascular Risk Assessment at the McGill University Health Centre and an adjunct assistant professor in the department of Medicine at McGill University Health Centre. She is also the Director of Clinical Research for the Cardiovascular Health Improvement Program (CHIP), which is a cardiac rehabilitation program for the McGill teaching hospitals.

After graduating with a doctoral degree in Exercise Physiology from the University of Miami, she completed an NHRDP post-doctoral fellowship at McGill University. Published research to date includes determining the impact of computerized risk profiles on patients coronary risk, evaluating the prognostic role of exercise stress testing in an asymptomatic population, determining the cost-effectiveness of exercise training, and evaluating the benefits of exercise in the treatment of dyslipidemia, fibromyalgia, post-partum depression, and diabetes.

**RESEARCH INTERESTS:**

Dr. Lowensteyn's major research interests are studying the benefits of exercise for the primary and secondary prevention of cardiovascular disease. She is also evaluating the clinical impact of computerized risk profiles on adherence to treatment for cardiovascular risk factors. Other research interests include evaluating the benefits of exercise for preventing and treating diseases such as cancer, metabolic syndrome, and obesity.

**LEARNING OBJECTIVES:**

1. How to properly document a patient's exercise
2. How to determine if a patient is doing enough exercise
3. What are the best exercise options for different patients



## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**

**WORKSHOP A-08** | 11:00 - 12:00 | Room: Fontaine H

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Coumadin Interactions / Periprocedure Adjustments

**SUSAN SOLYMOSS MD**

Associate Professor, Faculty of Medicine, McGill University

**LEARNING OBJECTIVES:**

1. Review patient risk assessment for perioperative anticoagulation bridging
2. Review complications of perioperative anticoagulation bridging
3. Drug interactions and anticoagulation

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP A-09 | 11:00 - 12:00 | Room: Mont-Royal**

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**Prevention, Management and Investigation of DVTs**

**SUSAN KAHN MD MSc FRCPC**

Professor of Medicine, McGill University

Director, McGill Thrombosis Fellowship, Jewish General Hospital

Director, JGH Thrombosis Program, Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Susan Kahn is an internist and clinical epidemiologist based at the Jewish General Hospital in Montreal, a McGill University teaching hospital, where she is Director of the McGill Thrombosis Fellowship and JGH Thrombosis Program.

She holds university appointments as Professor with Tenure in the Department of Medicine and Associate Member in the Department of Epidemiology and Biostatistics at McGill University.

**RESEARCH INTERESTS:**

Dr. Kahn's research interests focus primarily on Clinical trials of interventions to prevent, diagnose, treat and improve outcomes of venous thromboembolism. Dr. Kahn holds a Clinical Research Scholar award from the Fonds de la recherche en santé du Québec, has been awarded numerous peer-reviewed research grants and has published and presented widely in the field of thromboembolism.

**LEARNING OBJECTIVES:**

1. To be familiar with the current standard of care with regard to DVT prevention in hospitalized patients
2. To review the diagnostic approach to the patient with suspected DVT
3. To be updated on acute and long term out-patient management of DVT

**SUGGESTED READINGS:**

- Geerts, W. H., Bergqvist, D., Pineo, G. F., Heit, J. A., Samama, C. M., Lassen, M. R. et al. (2008). Prevention of venous thromboembolism: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines (8th Edition). Chest, 133, 381S-453S.
- Iorio, A., Kearon, C., Filippucci, E., Marcucci, M., Macura, A., Pengo, V. et al. (2010). Risk of Recurrence After a First Episode of Symptomatic Venous Thromboembolism Provoked by a Transient Risk Factor: A Systematic Review. Archives of Internal Medicine, 170, 1710-1716.
- Scarvelis, D. & Wells, P. S. (2006). Diagnosis and treatment of deep-vein thrombosis. CMAJ, 175, 1087-1092.
- Schulman, S., Kearon, C., Kakkar, A. K., Mismetti, P., Schellong, S., Eriksson, H. et al. (2009). Dabigatran versus Warfarin in the Treatment of Acute Venous Thromboembolism. N Engl J Med, 361, 2342-2352.
- Spyropoulos, A. C. (2005). Emerging Strategies in the Prevention of Venous Thromboembolism in Hospitalized Medical Patients. Chest, 128, 958-969

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP A-10 | 11:00 - 12:00 | Room: Fundy**

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**Prevention of Type 2 Diabetes - What You Can Do in the Office**

**KABERI DASGUPTA MD, MSc, FRCP(C)**

Assistant Professor, Department of Medicine, McGill University;

Division of Internal Medicine and Endocrinology, MUHC;

Division of Clinical Epidemiology, Montreal General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Kaberi Dasgupta is an Assistant Professor of Medicine at McGill University and a physician scientist at the McGill University Health Centre. She holds a New Investigator career award from the Canadian Institutes of Health Research. Dr. Dasgupta received her MD, CM degree from McGill University in 1993 and completed residency training in internal medicine at the Montreal General Hospital in 1997. From 1997 to 2002, she worked as a community-based internal medicine consultant at the Centre Hospitalier Hôtel-Dieu d'Amos in northwestern Quebec. She received an MSc in epidemiology from McGill University in 1999. She has held her current appointment as an academic internist and clinical scientist since 2002. Her primary area of research interest is optimizing physical activity and lowering cardiovascular risk among the overweight, particularly in the context of type 2 diabetes. Her studies address psychosocial and environmental influences and are designed to inform the development of interventional strategies.

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**LUNCH SATELLITE SYMPOSIUM | 12:00 - 12:45**

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*Supported through an unrestricted educational grant from Pfizer Canada.*

**Navigating Through Evidence; Diabetes, Metabolic Syndrome and Dyslipidemia**

**MARK H. SHERMAN** MDCM, FRCP(C)

Assistant Professor, McGill University

Associate Physician, Department of Medicine, McGill University

Director, Metabolic Day Centre, Royal Victoria Hospital

Director, Lipid Clinic, MUHC

**BIOGRAPHICAL SKETCH:**

Mark Sherman graduated from Medical School at McGill University in 1987. He did his Internship and Residency at the Jewish General Hospital in Internal Medicine. He then pursued Endocrinology training at McGill, with apprenticeship in the lipid clinic in 1992.

He has been a staff physician in Endocrinology at the Royal Victoria Hospital and Director of the MUHC Lipid Clinic since 1993, and Director of the Metabolic Day Centre since 1998. He is a certified Lipidologist by the American Board of Clinical Lipidology.

**LEARNING OBJECTIVES:**

1. To understand the importance of diabetes and metabolic syndrome on the cardiovascular risk of patients
2. To gain familiarity with the evidence for the management of lipids in patients with diabetes and metabolic syndrome
3. To apply evidence-based therapy to ensure optimal treatment and follow-up of patients with diabetes and metabolic syndrome



## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**PLENARY II | 13:30 - 14:30**

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**P2.1 // 13:30 - 14:00** Creepy Crawlers - Scabies, Bedbugs, Lice and Fleas

**BEATRICE WANG** MD, FRCP, CSPQ, FAAD

Assistant Professor, Department of Medicine (Dermatology), McGill University  
Director, Melanoma Clinic, Royal Victoria Hospital, MUHC

**BIOGRAPHICAL SKETCH:**

Dr. Beatrice Wang is the Director of the Melanoma Clinic of the MUHC and Assistant Professor in Dermatology at McGill University. Her primary practice is at the Carey Wang Centre for Dermatology and Dermatologic Surgery located at 4, Westmount Square, where her interests are in surgical, medical, and cosmetic dermatology.

Dr. Wang attended McGill Medical School, and completed her residency in Dermatology there as well. She completed a Fellowship in basic research in the field of skin aging at Boston University before returning on staff to the Royal Victoria Hospital.

**RESEARCH INTERESTS:**

Dr. Wang's main interests are skin cancer and skin aging, and she has received research grants in the field of melanoma. She is very involved in patient education, and works often with the media to publicize the need for sun protection. Dr. Wang also teaches at the medical student, graduate student level, and in various CME programs.

**LEARNING OBJECTIVES:**

1. To be able to diagnose a bite, the origin of the bite, and their differential diagnoses
2. Deliver proper therapy for the patient
3. Give accurate recommendations re treatment of family members, and surroundings

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**PLENARY II | 13:30 - 14:30**

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**P2.2 // 14:00 - 14:30** Lab Testing in Rheumatic Diseases

**MICHAEL R. STARR MD, FRCPC**

Assistant Professor, Faculty of Medicine, McGill University, Division of Rheumatology,  
McGill University

**BIOGRAPHICAL SKETCH:**

Rheumatologist at Montreal General Hospital, Dr. Starr was program director for 8 years and has been involved in education and teaching at McGill for many years. He is editor of “Experts on CALL” section of the Canadian Journal of Diagnosis. His interests lie in inflammatory arthritis, and he has been involved in many clinical trials in the area of new therapeutics for inflammatory rheumatic disorders.

**LEARNING OBJECTIVES:**

1. Have a better understanding of various lab tests used in the investigation, diagnosis, and follow up of patients with rheumatic diseases
2. Improve skills in ordering appropriate tests used in the work up of patients suspected to have inflammatory rheumatic disorders
3. Be able to apply their knowledge to patients they see in daily practice to help improve the quality of patient care and referral

## NOTES

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP B-01 | 14:30 - 15:30 | Room: Fundy**

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**Common ER Procedures**

**H. MITCHELL SHULMAN** MDCM, FRCPC, CSPQ

Assistant Professor, Department of Surgery, McGill University

Associate Professor, Family Medicine, St. Mary's Hospital Centre

Attending Physician, Emergency Room, Royal Victoria Hospital, MUHC

**BIOGRAPHICAL SKETCH:**

Born and bred in Montreal, he attended University at Harvard and then Medical School at McGill and then stayed at McGill and trained in the FRCPC program in Emergency Medicine. After completing his residency as Chief Resident, he did an additional fellowship year. He has been the Research Director and the Acting Director of the Emergency Department at the Royal Victoria Hospital (RVH), (part of the McGill University Health Centre) and is presently an Assistant Professor in the Dept. of Surgery at McGill and an attending physician in the Emergency Department at the RVH. He teaches at McGill Medical School. He is the Medical Director responsible for the medical supervision of a volunteer First Response program in his community (which is a suburb of Montreal) and am an ACLS Master Instructor. In the past he has been a Royal College Examiner and an Associate Editor and Reviewer for the Canadian Journal of Emergency Medicine as well as a Reviewer for the Canadian Medical Association Journal.

**LEARNING OBJECTIVES:**

1. Be aware of different techniques for securing a difficult airway
2. Will have reviewed chest tube placement; and
3. Will have reviewed some of the basic concepts behind intraosseous access

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP B-02 | 14:30 - 15:30 | Room: Fontaine E**

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The MOCA Test in Early Dementia - Indications and Interpretation

**ZIAD NASREDDINE MD**

Assistant Professor, University of Sherbrooke and McGill University



## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**

**WORKSHOP B-03 | 14:30 - 15:30 | Room: Mont-Royal**

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PEDS: The Well Baby Exam

**JOHANNE MOREL MD**

Associate Professor, Department of Pediatrics, Montreal Children's Hospital, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Morel started her career working as a family physician with the Cree people of James Bay for 2 years. She then trained in Pediatrics at CHEO and MCH. Upon completing her residency, she returned to the North and has since worked in most northern communities of Quebec with both Cree and Inuit people. She has recently become involved in teaching Pediatrics in the Nurse Practitioner Program at McGill of UQAT-UQO.

**LEARNING OBJECTIVES:**

1. Become more familiar with variations of normal in the well baby exam
2. Become more comfortable with the interpretation of growth curves
3. Become more familiar with common or serious problems discovered in the course of the well baby exam

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP B-04 | 14:30 - 15:30 | Room: Côte-St-Luc**

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**Joint Injections**

**MICHAEL R. STARR MD, FRCPC**

Assistant Professor, Faculty of Medicine, McGill University,  
Division of Rheumatology, McGill University

**BIOGRAPHICAL SKETCH:**

Rheumatologist at Montreal General Hospital, Dr. Starr was program director for 8 years and has been involved in education and teaching at McGill for many years. He is editor of “Experts on CALL” section of the Canadian Journal of Diagnosis. His interests lie in inflammatory arthritis, and he has been involved in many clinical trials in the area of new therapeutics for inflammatory rheumatic disorders.

**LEARNING OBJECTIVES:**

1. Better understand the basic principles, indications and contraindications for joint aspiration and injection
2. Have learned the basic skills and techniques for injecting joints in the clinic setting
3. Be able to apply these skills to daily practice in order to improve patient care

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP B-05 | 14:30 - 15:30 | Room: Fontaine G**

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**Thyroid Nodules**

**MICHAEL TAMILIA MD, FRCP(C)**

Assistant Professor of Medicine, Department of Medicine, McGill University

Attending Staff, Endocrinology and Metabolism, SMBD Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Michael Tamilia obtained his medical degree from Milan University, Italy, in 1983. He then completed a two-year post-doctorate program in Pathology at the Montreal General Hospital. He trained in internal medicine and endocrinology at the Jewish General Hospital, McGill University, and was awarded specialty certification in 1990.

After practicing internal medicine and endocrinology for six years in Baie Comeau, he then accepted an academic position in the division of endocrinology and metabolism of the Jewish General Hospital in 1996, and is currently Assistant Professor of Medicine and Physiology at McGill University.

**RESEARCH INTERESTS:**

His clinical and research interests have focused on parathyroid disorders, thyroid tumors and thyroid cancer. He has published several studies on the subjects in peer-reviewed journals. He has delivered over 200 conferences on different topics in thyroid disorders and endocrinology to medical students, residents, general practitioners, and endocrinologists. He has been awarded "Teacher of the Year" in the subspecialty of Endocrinology and Metabolism by the fellows and the specialty of Internal Medicine by the residents on 4 separate years. He is currently director of the Thyroid Tumor Board and Chief of the Thyroid Clinic at the Jewish General Hospital.

**LEARNING OBJECTIVES:**

1. Management of a palpable thyroid nodule
2. Management of an incidental 9-mm wide thyroid cyst discovered on CT scan of the neck performed for investigation of a FBS in the throat
3. Goiter

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP B-06 | 14:30 - 15:30 | Room: Fontaine H**

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**Common PEDS Office Infections**

**EARL RUBIN MD**

Associate Professor, Department of Pediatrics, MUHC, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Earl Rubin, is a graduate from McGill University. He is certified by the Royal College of Canada in three specialties: Pediatrics, Pediatric Infectious Diseases, and Medical Microbiology. He is currently an Associate Professor at the Montreal Children's Hospital of the McGill University Health Centre.

Dr. Rubin is heavily involved with Continuing Medical Education. He is the Program Director for Pediatric Infectious Diseases at McGill University, as well as from 1996 to 2010, the person responsible for the Pediatric training of the Family medicine residents at McGill.



## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**

**WORKSHOP B-07 | 14:30 - 15:30 | Room: St-Michel**

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**Rational Use of Biochemistry Tests**

**JULIE ST-CYR** MDCM, FRCPC

Director Biochemistry Department, St. Mary's Hospital Centre

Assistant Professor, Department of Pathology, McGill University

Consultant, Biochemistry Laboratory, CHL, Ste-Agathe

**BIOGRAPHICAL SKETCH:**

Dr. St-Cyr obtained her medical degree from McGill University in 1981. She then completed a residency in Anatomic Pathology at McGill University followed by 2 years of Clinical Pathology at the University Hospital of Vermont in Burlington. Upon returning to Canada in 1988, Dr. St-Cyr needed two more years of internal medicine to be eligible for the Medical Biochemistry specialty exams. She then started as Director of Biochemistry in 1990 at SMHC and has been there ever since. She also teaches Clinical Biochemistry to medical students at McGill.

**LEARNING OBJECTIVES:**

1. Identify the appropriate biochemistry tests recommended by the CTFPHC for the periodic health exam
2. Discuss laboratory tests that should not be ordered routinely in unselected patients
3. Review the common diagnostic tests as they apply to specific clinical conditions and common disorders

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP B-08 | 14:30 - 15:30 | Room: Hampstead**

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**Sports Medicine - Approach to the Knee**

**IAN SHRIER MD, PhD, Dip Sport Med, FACSM**

Associate Professor, Department of Family Medicine, McGill University

Associate Professor, Centre for Clinical Epidemiology and Community Studies,  
Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Ian Shrier has been a practicing sport medicine physician (including past-President of the Canadian Academy of Sport Medicine) for over 20 years, with doctoral training in physiology and post-doctoral training in epidemiology. He has over 100 peer-reviewed publications and 9 book chapters on topics related to the effects of exercise, sport medicine injuries, and methodological research papers related to causal inferences and meta-analyses. He is currently an editorial board member of four international sport medicine journals (Clinical Journal of Sport Medicine, British Journal of Sports Medicine, Journal for Science in Medicine and Sport, Scandinavian Journal of Medicine and Science in Sports), and is a member of the Cochrane Collaboration Statistical Methods Group.

**LEARNING OBJECTIVES:**

1. To develop an approach towards examining the knee
2. To learn the common diagnoses of knee pain
3. To understand how the physical examination can guide the prescription of rehabilitation exercises

**SUGGESTED READINGS:**

- Shrier I, Boudier-Riveret M, Fahmy K. Understanding the different physical examination tests for suspected meniscal tears. *Current Sports Medicine Reports*. 2010; 9: 284-289.
- Malanga GA, Andrus S, Nadler SF, McLean J. Physical examination of the knee: a review of the original test description and scientific validity of common orthopedic tests. *Arch Phys Med Rehabil*. 2003; 84: 592-603.
- Hoppenfeld S. *Physical examination of the spine and extremities*. Norwalk: Appleton-Century-Crofts 1976.
- Kendall FP, McCreary EK. *Muscles Testing and Function*. Baltimore: Williams & Wilkins 2002.
- Brukner P, Khan K. *Clinical Sports Medicine*. McGraw-Hill Book Company Australia; 3rd edition, 2010.

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP B-09** | 14:30 - 15:30 | Room: Fontaine F

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Early Detection of Ovarian Cancer

**LUCY GILBERT** MD, M.Sc, FCFP

Oncologist, Department of Obstetrics and Gynecology, The Montreal General Hospital, MUHC

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP B-10 | 14:30 - 15:30 | Room: St-Pierre**

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**Teenagers - Body Image and Health**

**ALAN PAVLANIS** MD, CM, CCFP, FCFP, DipEpi  
Director, Family Medicine Centre, St. Mary's Hospital Centre  
Associate Professor, Family Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Pavlanis trained in medicine at McGill University. He received certification from the College of Family Physicians of Canada in 1979 and fellowship in 1992. He received a Diploma in Epidemiology and Biostatistics from McGill in 1991. He practised rural family medicine in Quebec's Eastern Townships from 1975 to 1982, was director of the Adolescent and Youth Medicine Service at the Montreal Children's Hospital from 1982 to 1989 and an assistant professor of family medicine at the University of Montreal from 1989 to 1999. He is presently an associate professor of family medicine at McGill University and Family-Physician-in-Chief at St. Mary's Hospital. He has been involved in a wide variety of initiatives, including being President of the College of Family Physicians of Canada in 2004-2005.

**LEARNING OBJECTIVES:**

1. A frame of reference of the psychosocial tasks of adolescent development
2. A framework for approaching adolescents in clinical care
3. The importance of body image in adolescents
4. An approach to healthy and unhealthy adolescent behaviour including the notion of healthy active living
5. A family medicine approach to eating disorders



## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP C-01 | 16:00 - 17:00 | Room: Fundy**

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Common ER Procedures (repeat of B-01)

**H. MITCHELL SHULMAN** MDCM, FRCPC, CSPQ  
Assistant Professor, Department of Surgery, McGill University  
Associate Professor, Family Medicine, St. Mary's Hospital Centre  
Attending Physician, Emergency Room, Royal Victoria Hospital, MUHC

**BIOGRAPHICAL SKETCH:**

Born and bred in Montreal, he attended University at Harvard and then Medical School at McGill and then stayed at McGill and trained in the FRCPC program in Emergency Medicine. After completing his residency as Chief Resident, he did an additional fellowship year. He has been the Research Director and the Acting Director of the Emergency Department at the Royal Victoria Hospital (RVH), (part of the McGill University Health Centre) and is presently an Assistant Professor in the Dept. of Surgery at McGill and an attending physician in the Emergency Department at the RVH. He teaches at McGill Medical School. He is the Medical Director responsible for the medical supervision of a volunteer First Response program in his community (which is a suburb of Montreal) and am an ACLS Master Instructor. In the past he has been a Royal College Examiner and an Associate Editor and Reviewer for the Canadian Journal of Emergency Medicine as well as a Reviewer for the Canadian Medical Association Journal.

**LEARNING OBJECTIVES:**

1. Be aware of different techniques for securing a difficult airway
2. Will have reviewed chest tube placement; and
3. Will have reviewed some of the basic concepts behind intraosseous access

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010****WORKSHOP C-02 | 16:00 - 17:00 | Room: Fontaine E****Andropause****PETER CHAN** MD, CM, MSc, FRCS(C), FACS

Director of Male Reproductive Medicine, Division of Urology, McGill University Health Centre  
 Associate Professor, Department of Surgery, McGill University Health Centre

**BIOGRAPHICAL SKETCH:**

Dr. Peter Chan is the Director of Male Reproductive Medicine at the McGill University Health Center. Dr. Chan has been involved in Andrology basic science research on epididymal sperm maturation since 1988 at McGill University. He received numerous national and international recognitions, including First Prize in Fundamental Research and the Annual Urological Research Award of the Canadian Urologic Oncology Group; Best Video at the 2002 American Society for Reproductive Medicine Annual Meeting; First prize in Audio-Visual Award at the American Urological Association Annual Meetings in 2002 and 2003; First Prize of Scientific Research Presentation from the Quebec Environmental Health Research Network in 2006 and the 2007 Clinical Diagnostic Award from the American Society of Andrology. Upon completing his Urology residency at McGill University, Dr. Chan was named the Canadian Institute for Health Research Scholar and the American Foundation for Urological Diseases Scholar when he received his fellowship training in Male Reproductive Medicine and Microsurgery under Drs. Marc Goldstein and Peter Schlegel at the Cornell Institute for Reproductive Medicine in New York and his fellowship in Molecular Genetics at the Population Council of the Rockefeller University. Dr. Chan is the youngest three-time recipient in the history of McGill University for the Everett C. Reid Award of Excellence in Teaching in Urology in 2003, 2008 and 2010. Dr. Chan has published over 60 professional journal articles, book chapters and videos. He is the senior editor of a textbook entitled "Reproductive Medicine Secrets" and the second edition of "The Andrology Handbook" published by the American Society of Andrology. Dr. Chan is currently a principle investigator of research grants from the Canadian Institute for Health Research studying the impact of chemotherapy and cancer on male fertility. He is also featured in "Doctorology", a television documentary produced by the Discovery Channel on the various medical subspecialties.

**LEARNING OBJECTIVES:**

1. Understand the association of Andropause various conditions including metabolic syndrome, erectile dysfunction and prostate diseases
2. Be able to outline the routine investigation for men presenting with andropause and utilize proper laboratory tests for testosterone level determination
3. Be familiar with the current choice of treatment for andropause, the protocol to follow these patients and the safety of testosterone replacement on prostate health

**SUGGESTED READINGS:**

- A practical guide to diagnosis, management and treatment of testosterone deficiency for Canadian physicians. (<http://www.ncbi.nlm.nih.gov/pubmed/20694106>)  
 Morales A, Bella AJ, Chun S, Lee J, Assimakopoulos P, Bebb R, Gottesman I, Alarie P, Dugré H, Elliott S.  
 Can Urol Assoc J. 2010 Aug;4(4):269-75.
- Testosterone for Life: Recharge Your Vitality, Sex Drive, Muscle Mass, and Overall Health  
 Paperback: 216 pages  
 Publisher: McGraw-Hill; 1 edition (October 27, 2008)  
 Language: English  
 ISBN-10: 0071494804  
 ISBN-13: 978-0071494809  
 Product Dimensions: 8.9 x 5.9 x 0.7 inches

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**

**WORKSHOP C-03 | 16:00 - 17:00 | Room: Fontaine G**

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**Recurrent Abdominal Pain in Children**

**JOHANNE MOREL MD**

Associate Professor, Department of Pediatrics, Montreal Children's Hospital, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Morel started her career working as a family physician with the Cree people of James Bay for 2 years. She then trained in Pediatrics at CHEO and MCH. Upon completing her residency, she returned to the North and has since worked in most northern communities of Quebec with both Cree and Inuit people. She has recently become involved in teaching Pediatrics in the Nurse Practitioner Program at McGill of UQAT-UQO.

**LEARNING OBJECTIVES:**

1. Develop an approach to the problem of recurrent abdominal pain in children based on the differential diagnosis
2. Become more familiar with motility disorders

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP C-04 | 16:00 - 17:00 | Room: Côte-St-Luc**

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**Joint Injections (repeat of B-04)**

**MICHAEL R. STARR MD, FRCPC**

Assistant Professor, Faculty of Medicine, McGill University, Division of Rheumatology,  
McGill University

**BIOGRAPHICAL SKETCH:**

Rheumatologist at Montreal General Hospital, Dr. Starr was program director for 8 years and has been involved in education and teaching at McGill for many years. He is editor of “Experts on CALL” section of the Canadian Journal of Diagnosis. His interests lie in inflammatory arthritis, and he has been involved in many clinical trials in the area of new therapeutics for inflammatory rheumatic disorders.

**LEARNING OBJECTIVES:**

1. Better understand the basic principles, indications and contraindications for joint aspiration and injection
2. Have learned the basic skills and techniques for injecting joints in the clinic setting
3. Be able to apply these skills to daily practice in order to improve patient care



## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP C-05** | 16:00 - 17:00 | Room: Mont-Royal

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**Adult Vaccination Updates**

**BRIAN J. WARD** MSc, MDCM, DTM&H

Professor, Department of Medicine, Division of Experimental Medicine, McGill University

Professor, Centre for the Study of Host Resistance, Montreal General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Ward received medical and research training at McGill, Oxford (Rhodes Scholar 1977), Johns Hopkins and the University of London. A past Chair of the McGill Infectious Diseases Division, he is currently Associate Director of the Research Institute of the McGill University Health Center (Fundamental Science). He is also Co-director of the McGill Vaccine Evaluation Center, Associate Director of the Center for Tropical Diseases and Director of the National Reference Center for Parasitology. He has served or continues to serve on a number of national and international advisory committees that deal with international health and vaccine use. His current research interests include retinoid-virus interactions, vaccine development and evaluation, novel anti-parasitic strategies, new diagnostic tools and factors that influence HIV transmission. He has authored >125 research articles, book chapters and reviews. This work has been supported by a range of public and private institutions as well as industry.

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP C-06 | 16:00 - 17:00 | Room: Fontaine H**

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Common PEDS Office Infections (repeat of B-06)

**EARL RUBIN MD**

Associate Professor, Department of Pediatrics, MUHC, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Earl Rubin, is a graduate from McGill University. He is certified by the Royal College of Canada in three specialties: Pediatrics, Pediatric Infectious Diseases, and Medical Microbiology. He is currently an Associate Professor at the Montreal Children's Hospital of the McGill University Health Centre.

Dr. Rubin is heavily involved with Continuing Medical Education. He is the Program Director for Pediatric Infectious Diseases at McGill University, as well as from 1996 to 2010, the person responsible for the Pediatric training of the Family medicine residents at McGill.

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP C-07** | 16:00 - 17:00 | Room: St-Michel

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How to Help Children and Adolescents Deal With Divorce

**AUDREY WISE** EdD

Counsellor, Sex and Couple Therapy Services, Royal Victoria Hospital, MUHC

**BIOGRAPHICAL SKETCH:**

Dr. Audrey Wise obtained her Doctor of Education in Counselling Psychology from Boston University. She completed her pre-doctoral internships in clinical child psychology at the Massachusetts General Hospital of Harvard Medical School and in Behaviour Therapy at the Behaviour Therapy Unit of Boston University Medical Center.

She is a counsellor and an accredited mediator in the Province of Quebec. She was Founder and Director of the Training Programs in Family and Divorce Mediation at the Royal Victoria Hospital. She served on the Advisory Council of Family Mediation Canada. Dr. Wise was a founding member and the first Vice-President of L'Association de Médiation Familiale de Québec. At the Sex and Couple Therapy Service of the Royal Victoria Hospital her clinical interests include relationship difficulties with couples (conflict and separation) and chronic illness in relation to sexuality.

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP C-08 | 16:00 - 17:00 | Room: Hampstead**

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**Sports Medicine - Approach to the Knee (repeat of B-08)**

**IAN SHRIER MD, PhD, Dip Sport Med, FACSM**

Associate Professor, Department of Family Medicine, McGill University

Associate Professor, Centre for Clinical Epidemiology and Community Studies,  
Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Ian Shrier has been a practicing sport medicine physician (including past-President of the Canadian Academy of Sport Medicine) for over 20 years, with doctoral training in physiology and post-doctoral training in epidemiology. He has over 100 peer-reviewed publications and 9 book chapters on topics related to the effects of exercise, sport medicine injuries, and methodological research papers related to causal inferences and meta-analyses. He is currently an editorial board member of four international sport medicine journals (Clinical Journal of Sport Medicine, British Journal of Sports Medicine, Journal for Science in Medicine and Sport, Scandinavian Journal of Medicine and Science in Sports), and is a member of the Cochrane Collaboration Statistical Methods Group.

**LEARNING OBJECTIVES:**

1. To develop an approach towards examining the knee
2. To learn the common diagnoses of knee pain
3. To understand how the physical examination can guide the prescription of rehabilitation exercises

**SUGGESTED READINGS:**

- Shrier I, Boudier-Riveret M, Fahmy K. Understanding the different physical examination tests for suspected meniscal tears. *Current Sports Medicine Reports*. 2010; 9: 284-289.
- Malanga GA, Andrus S, Nadler SF, McLean J. Physical examination of the knee: a review of the original test description and scientific validity of common orthopedic tests. *Arch Phys Med Rehabil*. 2003; 84: 592-603.
- Hoppenfeld S. *Physical examination of the spine and extremities*. Norwalk: Appleton-Century-Crofts 1976.
- Kendall FP, McCreary EK. *Muscles Testing and Function*. Baltimore: Williams & Wilkins 2002.
- Brukner P, Khan K. *Clinical Sports Medicine*. McGraw-Hill Book Company Australia; 3rd edition, 2010.



## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP C-09 | 16:00 - 17:00 | Room: Fontaine F**

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**ENT Vertigo**

**JAMIE M. RAPPAPORT MD**

Associate Professor of Otolaryngology, McGill University  
Chief of Otolaryngology and Neurotology, Jewish General Hospital

**ELIZABETH DANNENBAUM MSc, PT**

Physiotherapist, Vestibular Rehabilitation Program, Jewish Rehabilitation Hospital

**BIOGRAPHICAL SKETCHES:**

**Jamie M. Rappaport**, MD, FRCS(C) is the Associate Chief of Otolaryngology and the Head of Otolaryngology / Neurotology at the Sir Mortimer B. Davis-Jewish General Hospital, having joined the staff in 1995. He is currently an Associate Professor in the Department of Otolaryngology at McGill University.

Dr. Rappaport completed his medical degree at McGill University in 1989, did his internship at Mount Sinai Hospital (University of Toronto), and his Otolaryngology Residency training at Dalhousie University in Halifax, Nova Scotia. Dr. Rappaport completed an Otolaryngology / Neurotology fellowship at the Massachusetts Eye and Ear Infirmary (Harvard Medical School, Boston, MA).

Dr. Rappaport's clinical and research interests span a variety of hearing and balance disorders.

**Elizabeth Dannenbaum** began working at the JRH as a clinical research associate in the vestibular program in September 2000 after she had begun to specialize in vestibular rehabilitation in Israel. Elizabeth Dannenbaum's interest focus on clinical assessment and treatment tools for people with vestibular deficits. This includes developing a novel questionnaire for the evaluation of visual vertigo (dizziness provoked in dynamic visual environments i.e shopping centers, watching moving cars) and furthering the understanding of the clinical visual-vestibular interactions. She is presently studying the incidence of vestibulopathy in people with unilateral lower extremity amputees. Her future special interests are in the area of vestibular impairment in the pediatric population.

**LEARNING OBJECTIVES:**

1. Screening tools to differentiate vestibular from non-vestibular dizziness
2. Office-based strategies to help treat dizziness (e.g., Epley manoeuvre for BPPV)

## NOTES

[illegible]

**MONDAY, NOVEMBER 29, 2010**



**WORKSHOP C-10 | 16:00 - 17:00 | Room: St-Pierre**

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**The Red Eye**

**MARINO DISCEPOLA MD, DABO, FRCSC**

Assistant Professor, Dept. of Ophthalmology, McGill University, Royal Victoria Hospital

**BIOGRAPHICAL SKETCH:**

**Educational Background:** Dr. Marino Discepola has completed a 3 year honours B.Sc. as well as 4 years of medical studies and a 5-year residency in Ophthalmology at McGill University. During his training he has won numerous awards and distinctions including the Fantham Memorial Prize, McConnell Award, Logan Scholarship, and was named University Scholar. He is a highly skilled and well respected ophthalmologist both locally and at the international level.

**Refractive Experience:** Dr. Discepola has extensive experience in Ophthalmology and ocular procedures and has performed many studies in the field. He is on staff at the McGill University Health Center as well as St-Mary's Hospital in Montreal. He is also director of the McGill Cataract Surgery Division.

As Assistant Professor at McGill University, supervisor of the Royal Victoria Hospital's Medical Student Elective Program, and member of the McGill Cataract Teaching Committee, Dr. Discepola passes on his knowledge and teaches ophthalmologists-in-training from around the world.

**Accomplishments and Awards:** Dr. Discepola has traveled throughout much of the world to present his work and lecture on ocular surgery to the scientific community. He has published over 25 articles in prestigious peer-reviewed journals including the Canadian Journal of Ophthalmology, Acta Ophthalmologica, Ophthalmology, Clinical Therapeutics, and Ophthalmic Practice.

Dr. Discepola is a Fellow of the Royal College of Surgeons and a Diplomate of the American Board of Ophthalmology. He is also one of the few individuals outside of Italy to have been conferred a Knighthood by the Italian government for excellence in research, teaching, and patient care.

**LEARNING OBJECTIVES:**

1. To be able to differentiate the different causes of the red eye
2. To be able to treat the more common forms of conjunctivitis
3. To know when to appropriately refer to an ophthalmologist

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**BREAKFAST SATELLITE SYMPOSIUM | 07:00 - 07:45**

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*Supported through an unrestricted educational grant from Amgen.*

**New Developments in Osteoporosis**

**SUZANNE MORIN MD, MSc, FRCP, FACP**

Director, Internal Medicine Clinic, Montreal General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Suzanne Morin graduated from Université Laval de Québec with a Medical degree and did her Internal Medicine specialty training at McGill University where she is now Associate Professor in the Department of Medicine. In 2007, she obtained a Master's degree in epidemiology and biostatistics from McGill University. She is the Director of the Internal Medicine Clinic at the Montreal General Hospital and is a member of the MUHC Bone Center.

Dr. Morin's research interests include health-related outcomes for osteoporosis, particularly following hip fractures and knowledge dissemination. She has published in peer-reviewed journals and sits on the editorial board of the Canadian Journal of General Internal Medicine. In 2009, she received the Lindy Fraser Memorial Award from Osteoporosis Canada, in Recognition for Contribution to Osteoporosis Education and Research. In 2010 she was the recipient of the McGill University Health Center Philip Hill award for outstanding clinician-teacher in the Department of Medicine.

She is a member of the executive committee of the Scientific Advisory Council of Osteoporosis Canada, Chair of the Clinical Guideline committee of Osteoporosis Canada and is a member of the McGill Bone and Periodontal Research Centre. She is also a member of numerous scientific organizations.

**LEARNING OBJECTIVES:**

1. Assess the absolute risk of fracture in the individual patients
2. Determine the optimal management options for patients at high risk of fractures
3. Describe novel molecules and pathways in the treatment of osteoporosis

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**PLENARY III | 08:00 - 09:30**

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**P3.1 // 08:00 - 08:30** Type 2 in 2010: Are We Overtreating?

**TINA KADER** MD FRCPC CDE

Assistant Professor, Department of Medicine, McGill University,  
Certified Diabetes Educator

**BIOGRAPHICAL SKETCH:**

Dr. Tina Kader is a staff physician in the JGH's Division of Endocrinology, a certified diabetes educator and a member of the Executive Committee of the Canadian Diabetes Association. She received her medical degree from McGill University and completed post graduate studies in internal medicine and endocrine training at the JGH and McGill.

Delivering approximately 60 lectures a year, Dr. Kader is committed to educating the public, medical students, residents, general practitioners and fellow endocrinologists about type 2 diabetes. Among her interests are new research and treatments for diabetes, as well as new techniques in diabetes related education.



## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**PLENARY III | 08:00 - 09:30**

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**P3.2 // 08:30 - 09:00 Vitamin D**

**SUZANNE MORIN** MD, MSc, FRCP, FACP

Director, Internal Medicine Clinic, Montreal General Hospital

Associate Professor, Department of Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Suzanne Morin graduated from Université Laval de Québec with a Medical degree and did her Internal Medicine specialty training at McGill University where she is now Associate Professor in the Department of Medicine. In 2007, she obtained a Master's degree in epidemiology and biostatistics from McGill University. She is the Director of the Internal Medicine Clinic at the Montreal General Hospital and is a member of the MUHC Bone Center.

Dr. Morin's research interests include health-related outcomes for osteoporosis, particularly following hip fractures and knowledge dissemination. She has published in peer-reviewed journals and sits on the editorial board of the Canadian Journal of General Internal Medicine. In 2009, she received the Lindy Fraser Memorial Award from Osteoporosis Canada, in Recognition for Contribution to Osteoporosis Education and Research. In 2010 she was the recipient of the McGill University Health Center Philip Hill award for outstanding clinician-teacher in the Department of Medicine.

She is a member of the executive committee of the Scientific Advisory Council of Osteoporosis Canada, Chair of the Clinical Guideline committee of Osteoporosis Canada and is a member of the McGill Bone and Periodontal Research Centre. She is also a member of numerous scientific organizations.

**LEARNING OBJECTIVES:**

1. Discuss the role of vitamin D in bone health
2. Discuss the potential non-musculoskeletal roles of vitamin D
3. Recommend adequate intake of vitamin D to patients

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**PLENARY III | 08:00 - 09:30**

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**P3.3 // 09:00 - 09:30** CMPA: Medico-legal Problems Arising from the Emergency Care of the Elderly

**ROSS G. BERRINGER** MD, D(ABEM), MCFP(EM)

Physician Risk Manager, Risk Management Services, Canadian Medical Protective Association

**BIOGRAPHICAL SKETCH:**

Dr. Ross Berringer graduated from the University of British Columbia in 1980. After completion of a rotating internship at St. Paul's Hospital in Vancouver, he was a general practitioner in 100 Mile House from 1981-83. During the ensuing two years, he completed a residency in emergency medicine in Jacksonville, Florida. He holds a certificate of special competency in emergency medicine and is a diplomate of the American Board of Emergency Medicine. From 1985 through 2006, he practised full time emergency medicine at St. Paul's Hospital achieving the rank of Clinical Associate Professor. In addition, he was the Medical Director for Vancouver Fire and Rescue Services and the Advanced Life Support Medical Advisor for the BC Ambulance Service. His research interests have been in pre-hospital care and out-of-hospital cardiac arrest. In May of 2006 he joined the CMPA as a Physician Risk Manager.

**LEARNING OBJECTIVES:**

1. To recognize high risk areas in the emergency care of the elderly
2. To develop risk management strategies when high risk scenarios occur

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP D-01 | 09:30 - 10:30 | Room: Fontaine F**

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**Emergencies in Your Office**

**WILLIS GRAD MD**

Emergency Medicine, Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Grad is a graduate of McGill Medical School and has worked in the emergency department of the Jewish General Hospital in Montreal since 1991. He is an Assistant Professor in the Department of Family Medicine at McGill and an Osler Fellow of McGill Medical School. His interests lie in Continuous Quality Improvement specifically as they relate to specific complaints and feedback provided by our patient population and their families. An avid hockey player, he also plays keyboards for The Bedpans, a band comprised of health care professionals who work in the ED of the JGH.

**LEARNING OBJECTIVES:**

1. Physically prepare your office for an emergency
2. Cognitively prepare yourself to recognize an emergency
3. Examples of office presentations of patients with routine complaints who are harboring occult life or limb threatening problems

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP D-02 | 09:30 - 10:30 | Room: Fontaine G**

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**Pain Management with the Elderly**

**DAVID LUSSIER MD, FRCP(C)**  
Director, Geriatric Pain Clinic, MUHC  
Assistant Professor, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. David Lussier obtained his Medical Degree from University of Montreal, in Canada and later completed a residency in Internal Medicine and fellowship in Geriatric Medicine. He also did a three-year training in Pain Medicine and Palliative Care at Beth Israel Medical Center, in New York, and is currently doing a Masters in Pharmacology at the University of Montreal. He is a practicing physician at the University of Montreal Geriatric Institute and the McGill University Health Center, where he has developed pain clinics especially devoted to older patients. He has written several review articles and book chapters on the treatment of pain in older patients and patients with cancer, as well as on adjuvant analgesics. He is also a co-editor of a book on "Pharmacology of Pain" published by IASP Press in 2010 and is the founding chairman of a Special Interest Group of the International Association for the Study on Pain, on pain in older persons.

**LEARNING OBJECTIVES:**

1. Describe the changes in pain perception associated with aging
2. Describe the pharmacological changes of analgesic agents in older patients
3. Establish a treatment plan for an older patient with pain, using appropriate pharmacotherapy



## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP D-03 | 09:30 - 10:30 | Room: Côte-St-Luc**

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**PEDS: Diagnostic Test Strategies in Pediatric Abdominal Pain**

**DAVID MCGILLIVRAY MD**

Associate Professor, Department of Pediatrics, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. David McGillivray is a pediatric emergency medicine physician at the Montreal Children's Hospital, McGill University Health Centre. He is also an Associate Professor of Pediatrics at McGill University. A Graduate of the University of Toronto Medical School, Dr. McGillivray completed postgraduate training in pediatrics at the University of Alberta and McGill University.

He has 10 years' experience as a general pediatric consultant in Peterborough, Ontario as well as 21 years in pediatric emergency medicine at the Montreal Children's Hospital. Since entering the world of Pediatric Emergency Medicine he has worked successfully to have PALS (Pediatric Advanced Life Support) training introduced in Quebec, to have Pediatric Emergency Medicine in Canada recognized as a Subspecialty of Pediatrics by the Royal College of Physicians of Canada and to implement the certification examination in this specialty. He has been the Director of the Pediatric Emergency Department, Pediatric Emergency Medicine Fellowship Program, Pediatric Residency Program, Chairperson for the RCPS(C) Pediatric Emergency Medicine Committee and Examination Committee, and Chairman of the Canadian Pediatric Society - Emergency Medicine Section at different points in his career. Individually and along with residents and fellows he has presented and published several articles in the field. He especially enjoys the educational aspect of his work including teaching with medical students, residents, fellows, postgraduate students and community physicians in the front line. He has won several educational awards during his career.

**LEARNING OBJECTIVES:**

1. Describe the changes in pain perception associated with aging
2. Describe the pharmacological changes of analgesic agents in older patients
3. Establish a treatment plan for an older patient with pain, using appropriate pharmacotherapy

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP D-04 | 09:30 - 10:30 | Room: St-Pierre**

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Hands On: Gynecology - Procedures, IUDs, EMBx

**CLEVE ZIEGLER MD, FRCSC, CSPQ**

Assistant Professor, Department of Ob/Gyn, McGill University

Attending Physician, Department of Ob/Gyn, SMBD–Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Ziegler is a member of the department of Obstetrics and Gynecology at the Jewish General Hospital since 1994 and an Assistant Professor in the department of Obstetrics and Gynecology at McGill University. He is Director of Gynecology at the Jewish General Hospital. His interests include contraception, colposcopy and gynecologic surgery, and CME.

**LEARNING OBJECTIVES:**

1. To have an organized approach for IUD insertion and office endometrial biopsy
2. To understand the rationale for the triage of the abnormal Pap smear
3. To understand the appropriate role of HPV testing in screening for cervical neoplasia and triage of the ASCUS Pap smear

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP D-05 | 09:30 - 10:30 | Room: St-Michel**

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**CMPA: Reponding to College Complaints**

**ROSS G. BERRINGER** MD, D(ABEM), MCFP(EM)

Physician Risk Manager, Risk Management Services, Canadian Medical Protective Association

**BIOGRAPHICAL SKETCH:**

Dr. Ross Berringer graduated from the University of British Columbia in 1980. After completion of a rotating internship at St. Paul's Hospital in Vancouver, he was a general practitioner in 100 Mile House from 1981-83. During the ensuing two years, he completed a residency in emergency medicine in Jacksonville, Florida. He holds a certificate of special competency in emergency medicine and is a diplomate of the American Board of Emergency Medicine. From 1985 through 2006, he practised full time emergency medicine at St. Paul's Hospital achieving the rank of Clinical Associate Professor. In addition, he was the Medical Director for Vancouver Fire and Rescue Services and the Advanced Life Support Medical Advisor for the BC Ambulance Service. His research interests have been in pre-hospital care and out-of-hospital cardiac arrest. In May of 2006 he joined the CMPA as a Physician Risk Manager.

**LEARNING OBJECTIVES:**

1. To have a safe and effective strategy for responding to a college complaints
2. To grasp the concepts of "get a perspective, get some advice, take the advice"

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP D-06 | 09:30 - 10:30 | Room: Mont-Royal**

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Psychiatry: Addictions - Alcohol

**JOHN SADER** MD, BSc, ASAM-certified, ABAM  
Associate Professor, Department of Family Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Sader is a family physician also trained and certified by the American Society of Addiction Medicine since 1992.

He has been working with patients challenged by all sorts of dependencies from alcohol and drugs to eating disorders, gambling and sex addiction. He is especially interested in the often present psychiatric comorbidities that accompany dependencies: anxiety disorders, depressive disorders and attention-deficit disorders to name a few.

In the past, he has worked at a private treatment centre and was Assistant Medical Director for over 12 years of the 16 spent there.

He has since moved on and receives his patients in the context of a FMG at la Clinique 1851 as well as being the main physician for The Baca Health Group for eating disorders.

Over the years, he has developed an expanded model of Generalized Anxiety Disorders that include 15 different sub-types and which infers new alternatives for treatment both pharmacologically, psychologically and behaviorally.

Over the years, his experience has led him to develop a keen interest in tying-in principals relating to the physics of matter with those of the spiritual-immaterial-existential and how those intersections may relate to happiness.



## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP D-07 | 09:30 - 10:30 | Room: Fundy**

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Endocrinology: Gestational DM

**TINA KADER** MD, FRCPC, CDE

Assistant Professor, Department of Medicine, McGill University  
Certified Diabetes Educator

**BIOGRAPHICAL SKETCH:**

Dr. Tina Kader is a staff physician in the JGH's Division of Endocrinology, a certified diabetes educator and a member of the Executive Committee of the Canadian Diabetes Association. She received her medical degree from McGill University and completed post graduate studies in internal medicine and endocrine training at the JGH and McGill.

Delivering approximately 60 lectures a year, Dr. Kader is committed to educating the public, medical students, residents, general practitioners and fellow endocrinologists about type 2 diabetes. Among her interests are new research and treatments for diabetes, as well as new techniques in diabetes related education.

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP D-08 | 09:30 - 10:30 | Room: Fontaine E**

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**The Neurologic Exam**

**LIAM DURCAN MD, FCRP(C)**

Assistant Professor, Department of Neurology and Neurosurgery, McGill University  
Consultant Neurologist, Montreal Neurological Hospital and Institute

**BIOGRAPHICAL SKETCH:**

Liam Durcan received his medical degree from the University of Manitoba and completed his residency in Neurology at McGill. He is an Assistant Professor in the Department of Neurology and Neurosurgery at McGill and is on the staff of the Montreal Neurological Hospital. His interests are General Neurology, neurology training and the neurological examination.

**LEARNING OBJECTIVES:**

1. To review the essential elements of the neurological exam
2. To review examination techniques
3. To formulate a rational approach to the neurological exam for common presentations

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP D-09** | 09:30 - 10:30 | Room: Hampstead

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**COPD Workshop**

**PIERRE ERNST** MD, MSc, FRCP(C)

Professor of Medicine, Faculty of Medicine, McGill University  
Division of Pulmonary Diseases, Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Pierre Ernst is a respiratory physician with post graduate training in epidemiology. His primary interests are asthma and COPD. He practices out of the Airways Centre at the Jewish General Hospital and his research base is in Clinical Epidemiology at the Lady Davis Research Institute of the Jewish General Hospital. He has published more than 180 scientific papers in peer reviewed journals.

**LEARNING OBJECTIVES:**

1. To understand the role of lung function testing in the diagnosis of asthma and COPD
2. Learn how to diagnose COPD and differentiate it from asthma
3. Be aware of the side effects associated with the medications commonly used to treat COPD

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP D-10 | 09:30 - 10:30 | Room: Fontaine H**

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**Osteoporosis**

**SUZANNE MORIN MD, MSc, FRCP, FACP**

Director, Internal Medicine Clinic, Montreal General Hospital

Associate Professor, Department of Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Suzanne Morin graduated from Université Laval de Québec with a Medical degree and did her Internal Medicine specialty training at McGill University where she is now Associate Professor in the Department of Medicine. In 2007, she obtained a Master's degree in epidemiology and biostatistics from McGill University. She is the Director of the Internal Medicine Clinic at the Montreal General Hospital and is a member of the MUHC Bone Center.

Dr. Morin's research interests include health-related outcomes for osteoporosis, particularly following hip fractures and knowledge dissemination. She has published in peer-reviewed journals and sits on the editorial board of the Canadian Journal of General Internal Medicine. In 2009, she received the Lindy Fraser Memorial Award from Osteoporosis Canada, in Recognition for Contribution to Osteoporosis Education and Research. In 2010 she was the recipient of the McGill University Health Center Philip Hill award for outstanding clinician-teacher in the Department of Medicine.

She is a member of the executive committee of the Scientific Advisory Council of Osteoporosis Canada, Chair of the Clinical Guideline Committee of Osteoporosis Canada and is a member of the McGill Bone and Periodontal Research Centre. She is also a member of numerous scientific organizations.

**LEARNING OBJECTIVES:**

1. Use of risk assessment tools available in Canada to estimate the absolute risk of fractures
2. Discuss the new guidelines for osteoporosis management in Canada
3. Discuss the long-term risks of anti-osteoporosis therapies and length of therapy



## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP E-01 | 11:00 - 12:00 | Room: Fontaine F**

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ER: Killer Headaches

**WILLIS GRAD MD**

Emergency Medicine, Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Grad is a graduate of McGill Medical School and has worked in the emergency department of the Jewish General Hospital in Montreal since 1991. He is an Assistant Professor in the Department of Family Medicine at McGill and an Osler Fellow of McGill Medical School. His interests lie in Continuous Quality Improvement specifically as they relate to specific complaints and feedback provided by our patient population and their families. An avid hockey player, he also plays keyboards for The Bedpans, a band comprised of health care professionals who work in the ED of the JGH.

**LEARNING OBJECTIVES:**

1. Appreciate the various patterns of headache and which ones require urgent evaluation
2. What critical diagnoses must you consider and rule out
3. Understand the EM approach to headache diagnosis

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP E-02 | 11:00 - 12:00 | Room: Fontaine G**

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**Pain Management with the Elderly (repeat of D-02)**

**DAVID LUSSIER MD, FRCP(C)**  
Director, Geriatric Pain Clinic, MUHC  
Assistant Professor, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. David Lussier obtained his Medical Degree from University of Montreal, in Canada and later completed a residency in Internal Medicine and fellowship in Geriatric Medicine. He also did a three-year training in Pain Medicine and Palliative Care at Beth Israel Medical Center, in New York, and is currently doing a Masters in Pharmacology at the University of Montreal. He is a practicing physician at the University of Montreal Geriatric Institute and the McGill University Health Center, where he has developed pain clinics especially devoted to older patients. He has written several review articles and book chapters on the treatment of pain in older patients and patients with cancer, as well as on adjuvant analgesics. He is also a co-editor of a book on "Pharmacology of Pain" published by IASP Press in 2010 and is the founding chairman of a Special Interest Group of the International Association for the Study on Pain, on pain in older persons.

**LEARNING OBJECTIVES:**

1. Describe the changes in pain perception associated with aging
2. Describe the pharmacological changes of analgesic agents in older patients
3. Establish a treatment plan for an older patient with pain, using appropriate pharmacotherapy

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP E-03 | 11:00 - 12:00 | Room: Fontaine H**

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Pediatric Orthopedics

**THIERRY E. BENAROUCH** MD, FRCS(C), FAAOS

Site Director, Pediatric Orthopedic Surgery and Trauma Program,  
The Montreal Children's Hospital, MUHC

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP E-04 | 11:00 - 12:00 | Room: Fontaine E**

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The Neurologic Exam (repeat of D-08)

**LIAM DURCAN MD, FCRP(C)**

Assistant Professor, Department of Neurology and Neurosurgery, McGill University  
Consultant Neurologist, Montreal Neurological Hospital and Institute

**BIOGRAPHICAL SKETCH:**

Liam Durcan received his medical degree from the University of Manitoba and completed his residency in Neurology at McGill. He is an Assistant Professor in the Department of Neurology and Neurosurgery at McGill and is on the staff of the Montreal Neurological Hospital. His interests are General Neurology, neurology training and the neurological examination.

**LEARNING OBJECTIVES:**

1. To review the essential elements of the neurological exam
2. To review examination techniques
3. To formulate a rational approach to the neurological exam for common presentations



## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP E-05 | 11:00 - 12:00 | Room: St-Michel**

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**CMPA: Responding to College Complaints (repeat of D-05)**

**ROSS G. BERRINGER MD, D(ABEM), MCFP(EM)**

Physician Risk Manager, Risk Management Services, Canadian Medical Protective Association

**BIOGRAPHICAL SKETCH:**

Dr. Ross Berringer graduated from the University of British Columbia in 1980. After completion of a rotating internship at St. Paul's Hospital in Vancouver, he was a general practitioner in 100 Mile House from 1981-83. During the ensuing two years, he completed a residency in emergency medicine in Jacksonville, Florida. He holds a certificate of special competency in emergency medicine and is a diplomate of the American Board of Emergency Medicine. From 1985 through 2006, he practised full time emergency medicine at St. Paul's Hospital achieving the rank of Clinical Associate Professor. In addition, he was the Medical Director for Vancouver Fire and Rescue Services and the Advanced Life Support Medical Advisor for the BC Ambulance Service. His research interests have been in pre-hospital care and out-of-hospital cardiac arrest. In May of 2006 he joined the CMPA as a Physician Risk Manager.

**LEARNING OBJECTIVES:**

1. To have a safe and effective strategy for responding to a college complaints
2. To grasp the concepts of "get a perspective, get some advice, take the advice"

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP E-06 | 11:00 - 12:00 | Room: St-Pierre**

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**Psychiatry: Addictions - Gambling**

**JOHN SADER MD, B.Sc, ASAM-certified, ABAM**  
Associate Professor, Department of Family Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Sader is a family physician also trained and certified by the American Society of Addiction Medicine since 1992.

He has been working with patients challenged by all sorts of dependencies from alcohol and drugs to eating disorders, gambling and sex addiction.

He is especially interested in the often present psychiatric comorbidities that accompany dependencies: anxiety disorders, depressive disorders and attention-deficit disorders to name a few.

In the past, he has worked at a private treatment centre and was Assistant Medical Director for over 12 years of the 16 spent there.

He has since moved on and receives his patients in the context of a FMG at la Clinique 1851 as well as being the main physician for The Baca Health Group for eating disorders.

Over the years, he has developed an expanded model of Generalized Anxiety Disorders that include 15 different sub-types and which infers new alternatives for treatment both pharmacologically, psychologically and behaviorally.

Over the years, his experience has led him to develop a keen interest in tying- in principals relating to the physics of matter with those of the spiritual-immaterial-existential and how those intersections may relate to happiness.

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP E-07 | 11:00 - 12:00 | Room: Côte-St-Luc**

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PFTs

**PIERRE ERNST** MD, MSc, FRCP(C)

Professor of Medicine, Faculty of Medicine, McGill University  
Division of Pulmonary Diseases, Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Pierre Ernst is a respiratory physician with post graduate training in epidemiology. His primary interests are asthma and COPD. He practices out of the Airways Centre at the Jewish General Hospital and his research base is in Clinical Epidemiology at the Lady Davis Research Institute of the Jewish General Hospital. He has published more than 180 scientific papers in peer reviewed journals.

**LEARNING OBJECTIVES:**

1. To recognize the role of spirometry in diagnosing COPD
2. To recognize common patterns of spirometric abnormality
3. To understand the role and utility of more specialized tests of lung function

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010****WORKSHOP E-08 | 11:00 - 12:00 | Room: Fundy****Stripping Is NOT for Everyone: How to Deal With Vein Problems in Your Practice****JOHN ROWEN MD, CCFP(EM)**

Emergency, St. Mary's Hospital

Assistant Professor, Family Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Steven A. Grover is the founding director of the McGill Cardiovascular Improvement Program (CHIP) and the Center for the Analysis of Cost-Effective Care at the McGill University Health Center. Dr. Grover served as the Director of the Division of Clinical Epidemiology at the Montreal General Hospital from 1994-2006. Dr. Grover is also a Professor in the Departments of Medicine at McGill University. Dr. Grover was a Professor of Epidemiology and Biostatistics at McGill University from 1998 to 2009. After graduating with a medical degree from McGill University, he completed his post-graduate education at the University of California at Los Angeles (UCLA), McGill University, and Harvard Medical School. He then received his research training at the Brigham & Women's Hospital while completing a Master's of Public Administration at the Kennedy School of Government, Harvard University.

Dr. Grover's major research interest is the development and validation of computer simulation models to forecast the progression of cardiovascular disease, diabetes, and cancer. These models are used for assessing the risk and benefits of different risk factor screening strategies or therapeutic interventions. His research group has also recently completed a detailed economic analysis of cardiovascular disease which allows for cost-effectiveness analyses of risk factor reduction interventions. This work has been recognized internationally and, in 1991, Dr. Grover was awarded the Henry J. Christian Award for excellence in research at the national meeting of the American Federation for Clinical Research.

Other research interests include quality of life assessment and the economic analyses of cardiovascular disease, diabetes, obesity, HIV disease, prostate cancer and other diseases impacting on the health of men and women. He received the Prix IMS Health Canada for outstanding health economics research in 2000. Erectile dysfunction is a focus of more recent research and Dr. Grover received the Yamanouchi Impotence Best Abstract Series Award at the annual meeting of the American Urological Association in 2003.

Dr. Grover's clinical interests include the importance of exercise and weight reduction to reduce the risk of cardiovascular disease, diabetes, and obesity. He is happily married and has four sons.

**LEARNING OBJECTIVES:**

1. To understand the scope, pertinent anatomy and pathophysiology of chronic venous insufficiency (CVI)
2. To be able to identify the spectrum of clinical manifestations and refer when appropriate
3. To understand the various treatment options available to patients with CVI; namely stripping  
Endovascular Thermal ablation or echo guided chemical ablation

**SUGGESTED READINGS:**

- Sclerotherapy (Treatment of varicose and telangiectatic leg veins) - 4<sup>th</sup> edition. M.Goldman et al
- American College of Phlebology Review Course 2009 (ACP website)



## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP E-09 | 11:00 - 12:00 | Room: Mont-Royal**

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**Preflight Medical Assessment and In-flight Emergencies**

**PETER ROHAN MD, DOH**

Program Director, Inter University Occupational and Environmental Health Clinic,  
Montreal Chest Institute, MUHC;  
Adjunct Professor, Department of Epidemiology, Biostatistics and Occupational Health,  
McGill University

**LEARNING OBJECTIVES:**

1. Learn to assess patients for fitness to fly
2. Learn how to minimize effects of altitude on your patient
3. Review more common emergencies on aircrafts

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP E-10 | 11:00 - 12:00 | Room: Hampstead**

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**PAP Tests**

**CLEVE ZIEGLER MD, FRCSC, CSPQ**

Assistant Professor, Department of Ob/Gyn, McGill University

Attending Physician, Department of Ob/Gyn, SMBD–Jewish General Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Ziegler is a member of the Department of Obstetrics and Gynecology at the Jewish General Hospital since 1994 and an Assistant Professor in the Department of Obstetrics and Gynecology at McGill University.

His interests include contraception, colposcopy and gynecologic surgery, and CME.

**LEARNING OBJECTIVES:**

1. To have an organized approach for IUD insertion and office endometrial biopsy
2. To understand the rationale for the triage of the abnormal Pap smear
3. To understand the appropriate role of HPV testing in screening for cervical neoplasia and triage of the ASCUS Pap smear

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**LUNCH SATELLITE SYMPOSIUM | 12:00 - 12:45**

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*Supported through an unrestricted educational grant from Boehringer Ingelheim.*

**Secondary Prevention of Ischemic Stroke**

**ROBERT CÔTÉ MD, FRCPC, FAHA**

Professor, Department of Neurology, Neurosurgery and Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Côté is a professor in the Department of Neurology, Neurosurgery and Medicine at McGill University. He is a Past-President of the Canadian Stroke Society and was until recently Chairman of the Scientific Review Committee of the Heart and Stroke Foundation of Quebec, Chair of the Research Policy and Planning Advisory Committee of the Heart and Stroke Foundation of Canada and presently sits on the Board of Directors of the Canadian Stroke Network. Dr. Côté has also been a member of the Editorial Boards for the journals "Stroke" and "Cerebrovascular Diseases". He is also a member of the Steering Committee of the Secondary Prevention of Small Subcortical Strokes (SPS3) study and of the Endpoint Review Committee for the Insulin Resistance Intervention after Stroke Trial (IRIS), both clinical trials funded by the National Institute of Health (NIH). He is director of the McGill Cerebrovascular Clinic and is actively involved in several clinical cerebrovascular research projects.

**LEARNING OBJECTIVES:**

1. Proceed with a basic investigation to assess the patient at risk of ischemic stroke
2. Determine the optimal therapeutic approach to reduce the risk of ischemic stroke

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**PLENARY IV | 13:30 - 15:30**

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**P4.1 // 13:30 - 14:00 Sports Medicine Pearls**

**J. SCOTT DELANEY** MDCM, FRCP(C), FACEP  
Research Director, Department of Emergency Medicine, MUHC  
Team Physician, Montreal Alouettes and Impact

**BIOGRAPHICAL SKETCH:**

Dr. J. Scott Delaney practices emergency medicine and sport medicine at McGill University in Montreal, Quebec. He has a fellowship in sport medicine and is the Research Director for the McGill University Health Centre Adult Emergency Department. He is an Associate Professor at McGill University and is a Team Physician for the Montreal Alouettes, Montreal Impact, McGill Football, McGill Men's and Women's Soccer teams and Cirque du Soleil. He is a member of the editorial board for the Clinical Journal of Sport Medicine and his research interests include concussions and neck injuries in both the athletic and emergency department populations.

**LEARNING OBJECTIVES:**

1. Understand the different neck injuries that may occur in athletes
2. Learn some subtle techniques to help reduce dislocated fingers
3. Learn some of the sports medicine “slang” terms that refer to different injuries

**SUGGESTED READINGS:**

- Sports Medicine Secrets by Morris B. Mellion
- ACSM's Essentials of Sports Medicine by Robert E. Sallis



## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010****PLENARY IV | 13:30 - 15:30****P4.2 // 14:00 - 14:30 Refractory Depression – Changing and Combining Therapies****MARCELO T. BERLIM MD, MSc**

Assistant Professor, Department of Psychiatry, McGill University

Director Neuromodulation Program, Douglas Hospital

Staff Psychiatrist, Depressive Disorders Program, Douglas Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Marcelo T. Berlim has done his medical training, psychiatric residency and master's degree in psychiatry in Brazil. After moving to Québec in 2006, he did a clinical and research fellowship in mood disorders at McGill University. Dr. Berlim is currently an Assistant Professor at the Department of Psychiatry at McGill University, and Director of the Neuromodulation Program and staff Psychiatrist at the Depressive Disorders Program at the Douglas Mental Health University Institute. His medical practice focuses on the management of treatment-resistant depressive disorders and his research interests concentrate on the use of novel neuromodulation (or brain stimulation) techniques for treating major psychiatric disorders as well as their combination with neuroimaging procedures.

**LEARNING OBJECTIVES:**

1. To briefly review the conceptual basis of treatment-resistant depression (TRD)
2. To describe the impact of TRD in clinical practice
3. To discuss treatment alternatives for TRD

**SUGGESTED READINGS:**

- Hicks P, Hicks XP, Meyer H, Shisllak C. How best to manage treatment-resistant depression? *J Fam Pract* 2010;59(9):490-7.
- Philip NS, Carpenter LL, Tyrka AR, Price LH. Pharmacologic approaches to treatment resistant depression: a re-examination for the modern era. *Expert Opin Pharmacother* 2010;11(5):709-22.
- Little A. Treatment-resistant depression. *Am Fam Physician* 2009;80(2):167-72.
- Carvalho AF, Machado JR, Cavalcante JL. Augmentation strategies for treatment-resistant depression. *Curr Opin Psychiatry* 2009;22(1):7-12.
- Mathew SJ. Treatment-resistant depression: recent developments and future directions. *Depress Anxiety* 2008;25(12):989-92.
- Fekadu A, Wooderson SC, Markopoulou K, Donaldson C, Papadopoulos A, Cleare AJ. What happens to patients with treatment-resistant depression? A systematic review of medium to long term outcome studies. *J Affect Disord* 2009;116(1-2):4-11.
- Berlim MT, Fleck MP, Turecki G. Current trends in the assessment and somatic treatment of resistant/refractory major depression: an overview. *Ann Med* 2008;40(2):149-59.
- Berlim MT, Turecki G. What is the meaning of treatment resistant/refractory major depression (TRD)? A systematic review of current randomized trials. *Eur Neuropsychopharmacol* 2007;17(11):696-707.
- Berlim MT, Turecki G. Definition, assessment, and staging of treatment-resistant refractory major depression: a review of current concepts and methods. *Can J Psychiatry*. 2007;52(1):46-54.
- Nierenberg AA, Katz J, Fava M. A critical overview of the pharmacologic management of treatment-resistant depression. *Psychiatr Clin North Am*. 2007;30(1):13-29.

## NOTES

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page, typical of notebook or legal stationery. There are no margins, text, or other markings on the page.

**TUESDAY, NOVEMBER 30, 2010**



**PLENARY IV | 13:30 - 15:30**

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**P4.3 // 14:30 - 15:00** Celiac and Common Malabsorption Diseases

**GAD FRIEDMAN** MDCM, FRCP

Division of Gastroenterology, Sir Mortimer B. Davis Jewish General Hospital  
Assistant Professor, School of Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Friedman has been a member of the Division of Gastroenterology of the Jewish General Hospital for over 11 years. After finishing medical school at McGill University, he completed his Internal Medicine residency at the Jewish General Hospital followed by a Gastroenterology fellowship at McGill. He subsequently did a year fellowship in interventional endoscopy with a focus on ERCP at the Montreal General Hospital. Although his primary interest is endoscopy with a focus on pancreaticobiliary disease, he enjoys a varied practice with a large segment devoted to patients with inflammatory bowel disease. In the past two years, he has become involved in capsule endoscopy and hopefully will be starting capsule endoscopy at the Jewish General in the near future.

**LEARNING OBJECTIVES:**

1. Appreciate the different phases of digestion
2. Recognize the different manifestations of celiac disease
3. Understand the algorithm used in the diagnosis of celiac disease
4. Learn about standard and future treatments of celiac disease

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**PLENARY IV | 13:30 - 15:30**

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**P4.4 // 15:00 - 15:30** An Update on Eating Disorders

**MIMI ISRAEL MD, FRCPC**

Psychiatrist-in-Chief, Douglas Hospital, Department of Psychiatry

Chair, Psychiatry, McGill University

Associate Professor, Psychiatry, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Israel is Chair of the Department of Psychiatry at McGill University, Psychiatrist-in-chief of Douglas Mental Health University Institute, Attending Psychiatrist for the Douglas' Eating Disorder Program, and Associate Professor of Psychiatry at McGill. She was Director of the Crisis Services at the Allan Memorial Institute from 1987-2001 and Director of Post-Graduate Training from 1989-1997. She has also been a Royal College Examiner for Psychiatry and has been Vice-President of the Regional Table of Medical Specialists of Montreal. In addition, she is now the President of the Academy of Eating Disorders. A recipient of four McGill Faculty Honor List for Educational Excellence, she was also presented with the National Alliance for the Mentally Ill Exemplary Psychiatrist Award in 1998 and the 2006 grand prize from the Quebec Medical College of Physicians. Her research interests have focused on the implications of temperamental traits and adverse life events on neurobiological indices, HPA axis function, and genetic variations in eating disorders. Other areas of interests within the field of Eating Disorders include the study factors that determine treatment outcome, the study of suicidal and self-harm behaviors, and determinants of efficacy of different treatment techniques such as partial hospitalization.

**LEARNING OBJECTIVES:**

1. To learn about expected changes in DSM-V classification of Eating Disorders and how they will affect diagnostic determinations
2. To review key elements of evaluation and risk assessment in individuals presenting with an Eating Disorder
3. To synthesize current evidence supporting the use of different therapeutic interventions in the treatment of Eating Disorders and comorbid conditions

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP F-01 | 16:00 - 17:00 | Room: Fundy**

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ER: Pulmonary Embolus

**RAYMOND S. SORGE** MDCM, CCFP (EM), FCFP  
Assistant Professor, Department of Family Medicine, McGill University  
Chief, Department of Emergency Medicine, St. Mary's Hospital Centre

**BIOGRAPHICAL SKETCH:**

Family physician with an interest in acute care and teaching.

Assistant Professor, McGill University.

Former Chief of Emergency at St. Mary's Hospital ( 1995-2009 ).

Presently working at St. Mary's as well as Brome Missisquoi Perkins Hospital in Cowansville.

**LEARNING OBJECTIVES:**

1. Review pathophysiology of Pulmonary Embolism
2. Simplify the diagnostic approach for Pulmonary Embolism
3. Reduce the amount of testing required to make diagnosis



[illegible]

**TUESDAY, NOVEMBER 30, 2010****WORKSHOP F-02 | 16:00 - 17:00 | Room: Mont-Royal****Psychiatry: Major Depression****MARCELO T. BERLIM MD, MSc**

Assistant Professor, Department of Psychiatry, McGill University

Director, Neuromodulation Program, Douglas Hospital

Staff Psychiatrist, Depressive Disorders Program, Douglas Hospital

**BIOGRAPHICAL SKETCH:**

Dr. Marcelo T. Berlim has done his medical training, psychiatric residency and master's degree in psychiatry in Brazil. After moving to Québec in 2006, he did a clinical and research fellowship in mood disorders at McGill University. Dr. Berlim is currently an Assistant Professor at the Department of Psychiatry at McGill University, and Director of the Neuromodulation Program and staff Psychiatrist at the Depressive Disorders Program at the Douglas Mental Health University Institute. His medical practice focuses on the management of treatment-resistant depressive disorders and his research interests concentrate on the use of novel neuromodulation (or brain stimulation) techniques for treating major psychiatric disorders as well as their combination with neuroimaging procedures.

**LEARNING OBJECTIVES:**

1. To briefly review the diagnostic and clinical features of major depression
2. To describe the impact of major depression in general medical practice
3. To discuss the challenges involved in comprehensively treating major depression

**SUGGESTED READINGS:**

- 1: Nierenberg AA, Husain MM, Trivedi MH, Fava M, Warden D, Wisniewski SR, Miyahara S, Rush AJ. Residual symptoms after remission of major depressive disorder with citalopram and risk of relapse: a STAR\*D report. *Psychol Med* 2010;40(1):41-50.
- Rush AJ, Warden D, Wisniewski SR, Fava M, Trivedi MH, Gaynes BN, Nierenberg AA. STAR\*D: revising conventional wisdom. *CNS Drugs* 2009;23(8):627-47.
- Papakostas GI, Fava M. Predictors, moderators, and mediators (correlates) of treatment outcome in major depressive disorder. *Dialogues Clin Neurosci* 2008;10(4):439-51.
- Trivedi MH, Daly EJ. Treatment strategies to improve and sustain remission in major depressive disorder. *Dialogues Clin Neurosci* 2008;10(4):377-84.
- Belmaker RH, Agam G. Major depressive disorder. *N Engl J Med* 2008;358(1):55-68.
- Gaynes BN, Rush AJ, Trivedi MH, Wisniewski SR, Balasubramani GK, McGrath PJ, Thase ME, Klinkman M, Nierenberg AA, Yates WR, Fava M. Primary versus specialty care outcomes for depressed outpatients managed with measurement-based care: results from STAR\*D. *J Gen Intern Med* 2008;23(5):551-60.
- Rush AJ, Wisniewski SR, Warden D, Luther JF, Davis LL, Fava M, Nierenberg AA, Trivedi MH. Selecting among second-step antidepressant medication monotherapies: predictive value of clinical, demographic, or first-step treatment features. *Arch Gen Psychiatry* 2008;65(8):870-80.
- Rush AJ. The varied clinical presentations of major depressive disorder. *J Clin Psychiatry* 2007;68 Suppl 8:4-10.
- Trivedi MH, Fava M, Wisniewski SR, Thase ME, Quitkin F, Warden D, Ritz L, Nierenberg AA, Lebowitz BD, Biggs MM, Luther JF, Shores-Wilson K, Rush AJ; STAR\*D Study Team. Medication augmentation after the failure of SSRIs for depression. *N Engl J Med* 2006;354(12):1243-52.
- Rush AJ, Trivedi MH, Wisniewski SR, Nierenberg AA, Stewart JW, Warden D, Niederehe G, Thase ME, Lavori PW, Lebowitz BD, McGrath PJ, Rosenbaum JF, Sackeim HA, Kupfer DJ, Luther J, Fava M. Acute and longer-term outcomes in depressed outpatients requiring one or several treatment steps: a STAR\*D report. *Am J Psychiatry* 2006;163(11):1905-17.
- Ebmeier KP, Donaghey C, Steele JD. Recent developments and current controversies in depression. *Lancet* 2006 Jan 14;367(9505):153-67.
- Rush AJ, Trivedi MH, Wisniewski SR, Stewart JW, Nierenberg AA, Thase ME, Ritz L, Biggs MM, Warden D, Luther JF, Shores-Wilson K, Niederehe G, Fava M; STAR\*D Study Team. Bupropion-SR, sertraline, or venlafaxine-XR after failure of SSRIs for depression. *N Engl J Med* 2006;354(12):1231-42.
- Trivedi MH, Rush AJ, Wisniewski SR, Nierenberg AA, Warden D, Ritz L, Norquist G, Howland RH, Lebowitz B, McGrath PJ, Shores-Wilson K, Biggs MM, Balasubramani GK, Fava M; STAR\*D Study Team. Evaluation of outcomes with citalopram for depression using measurement-based care in STAR\*D: implications for clinical practice. *Am J Psychiatry* 2006;163(1):28-40.
- Parker G. Beyond major depression. *Psychol Med* 2005;35(4):467-74.
- Geddes JR, Carney SM, Davies C, Furukawa TA, Kupfer DJ, Frank E, Goodwin GM. Relapse prevention with antidepressant drug treatment in depressive disorders: a systematic review. *Lancet* 2003;361(9358):653-61.

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP F-03 | 16:00 - 17:00 | Room: St-Pierre**

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**Approaching Eating Disorders from a Medical Perspective:  
Practical Guidelines for Family Physicians**

**MIMI ISRAEL MD, FRCPC**

Psychiatrist-in-Chief, Douglas Hospital, Department of Psychiatry

Chair, Psychiatry, McGill University

Associate Professor, Psychiatry, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Israel is Chair of the Department of Psychiatry at McGill University, Psychiatrist-in-chief of Douglas Mental Health University Institute, Attending Psychiatrist for the Douglas' Eating Disorder Program, and Associate Professor of Psychiatry at McGill. She was Director of the Crisis Services at the Allan Memorial Institute from 1987-2001 and Director of Post-Graduate Training from 1989-1997. She has also been a Royal College Examiner for Psychiatry and has been Vice-President of the Regional Table of Medical Specialists of Montreal. In addition, she is now the President of the Academy of Eating Disorders. A recipient of four McGill Faculty Honor List for Educational Excellence, she was also presented with the National Alliance for the Mentally Ill Exemplary Psychiatrist Award in 1998 and the 2006 grand prize from the Quebec Medical College of Physicians. Her research interests have focused on the implications of temperamental traits and adverse life events on neurobiological indices, HPA axis function, and genetic variations in eating disorders. Other areas of interests within the field of Eating Disorders include the study factors that determine treatment outcome, the study of suicidal and self-harm behaviors, and determinants of efficacy of different treatment techniques such as partial hospitalization.

**LEARNING OBJECTIVES:**

1. To learn about expected changes in DSM-V classification of Eating Disorders and how they will affect diagnostic determinations
2. To review key elements of evaluation and risk assessment in individuals presenting with an Eating Disorder
3. To synthesize current evidence supporting the use of different therapeutic interventions in the treatment of Eating Disorders and comorbid conditions

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP F-04 | 16:00 - 17:00 | Room: Fontaine E**

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**Common Orthotic Devices**

**J. SCOTT DELANEY** MDCM, FRCP(C), FACEP  
Research Director, Department of Emergency Medicine, MUHC  
Team Physician, Montreal Alouettes and Impact

**BIOGRAPHICAL SKETCH:**

Dr. J. Scott Delaney practices emergency medicine and sport medicine at McGill University in Montreal, Quebec. He has a fellowship in sport medicine and is the Research Director for the McGill University Health Centre Adult Emergency Department. He is an Associate Professor at McGill University and is a Team Physician for the Montreal Alouettes, Montreal Impact, McGill Football, McGill Men's and Women's Soccer teams and Cirque du Soleil. He is a member of the editorial board for the Clinical Journal of Sport Medicine and his research interests include concussions and neck injuries in both the athletic and emergency department populations.

**LEARNING OBJECTIVES:**

1. Understand the different orthotic and splinting devices available for common joint and tendon injuries
2. Learn more about foot orthotics and their uses
3. Try all the devices on for yourself!

**SUGGESTED READINGS:**

- Sports Injury Assessment and Rehabilitation by David C. Reid

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP F-05 | 16:00 - 17:00 | Room: Hampstead**

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Internet Resources: Helpful Searches

**JIM HENDERSON**

Liaison Librarian, Walter Hirschfeld Geographic Information Centre Libraries (Burnside Hall),  
McGill University

**BIOGRAPHICAL SKETCH:**

Jim Henderson is a liaison librarian based in the Walter Hirschfeld Geographic Information Centre at McGill University. Until 2008, he was the Life Sciences Librarian for McGill, responsible for the Life Sciences Library and the Osler Library of the History of Medicine. He came to Montreal from Vancouver in 2002, where he was the Director of the Medical Library Service of the College of Physicians and Surgeons of BC, a clinical library serving all physicians in the province. He is a co-investigator on a 3 year CIHR Knowledge Translation grant of \$800,000 to establish a Canadian Virtual Health Library to provide access to information and library resources for all health professionals across Canada. His teaching sessions for a variety of audiences have ranged widely, including evidence-based resources and clinical information via the web.

**LEARNING OBJECTIVES:**

1. Understand how to identify their information needs, especially to answer clinical questions and to keep up-to-date, and find the best resources to address these needs efficiently
2. Identify key sources useful in clinical practice, including evidence-based resources, point-of-care tools, full text documents and patient information sites



## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP F-06 | 16:00 - 17:00 | Room: Fontaine F**

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**ADD in Adults**

**LILY HECHTMAN MD, FRCPC**

Professor of Psychiatry and Pediatrics, McGill University

Director of ADHD Research, Division of Child Psychiatry, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Lily Hechtman is a Professor of Psychiatry and Pediatrics and Director of Research, Division of Child Psychiatry, McGill University. She has been involved in research with children, adolescents and adults with Attention Deficit Hyperactivity Disorder (ADHD) for many years. Adult ADHD studies have included long-term prospective follow-up studies as well as diagnostic and treatment studies. This work has been written up both in scientific journals and in a book entitled: "Hyperactive Children Grown Up", published by Guilford Press. More recently, her interests in adult ADHD has extended to a recently published book entitled: "ADHD in Adulthood: A Guide to Current Theory, Diagnosis, and Treatment" published by John Hopkins Press.

In the area of child psychiatry, Dr. Hechtman has been involved in a number of multisite, multimodal treatment studies sponsored by the U.S. National Institute of Mental Health.

Dr. Hechtman has been honoured by the American Academy of Child and Adolescent Psychiatry with an ADHD Research Award, as well as an award from the U.S. Children and Adults with ADHD organization (CHADD) for "outstanding professional achievement in medicine, education and research on Attention Disorders."

**LEARNING OBJECTIVES:**

1. To familiarize participants with key symptoms seen in adults with Attention Deficit Hyperactivity Disorder (ADHD)
2. To make participants aware of medical and psychiatric conditions which need to be considered in the differential diagnosis of ADHD in adults
3. To acquaint participants with the different medication options in the treatment of adults with ADHD

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP F-07 | 16:00 - 17:00 | Room: Côte-St-Luc**

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**Irritable Bowel Syndrome (IBS)**

**GAD FRIEDMAN** MDCM, FRCP

Division of Gastroenterology, Sir Mortimer B. Davis Jewish General Hospital  
Assistant Professor, School of Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Friedman has been a member of the Division of Gastroenterology of the Jewish General Hospital for over 11 years. After finishing medical school at McGill University, he completed his Internal Medicine residency at the Jewish General Hospital followed by a Gastroenterology fellowship at McGill. He subsequently did a year fellowship in interventional endoscopy with a focus on ERCP at the Montreal General Hospital. Although his primary interest is endoscopy with a focus on pancreaticobiliary disease, he enjoys a varied practice with a large segment devoted to patients with inflammatory bowel disease. In the past two years, he has become involved in capsule endoscopy and hopefully will be starting capsule endoscopy at the Jewish General in the near future.

**LEARNING OBJECTIVES:**

1. Appreciate the personal and societal impact of IBS
2. Learn the pathophysiology of IBS
3. Understand the variety of treatment options in the management of IBS

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP F-08 | 16:00 - 17:00 | Room: Fontaine H**

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**Neurology: Migraines Workshop**

**MICHEL AUBÉ MD**

Senior Neurologist, Montreal Neurological Institute

Associate Professor, Department of Neurology and Neurosurgery, McGill University

**BIOGRAPHICAL SKETCH:**

Michel Aubé MD received in 1969 his medical degree summa cum laude from Université de Montréal Medical School. He was a gold medallist and earned several awards for high academic achievement. He completed in 1974 his training in neurology and clinical neurophysiology in the Department of Neurology and Neurosurgery at McGill University.

Dr. Aubé has spent his entire teaching and clinical career at the Montreal Neurological Institute of McGill University where over the years he has contributed to the training of numerous residents and earned several teaching awards. He has given several lectures and made a number of presentations to the local and national medical community. He has a special interest in headache, Parkinson's disease and epilepsy.

He has authored or co-authored papers in peer-reviewed journals and written extensively in general medical journals. He has taken part in several clinical research programs and developed some of his owns.

He has served as a consultant for the Québec College of Physicians and is an active contributor to several advisory boards, University and hospital committees. He is member of several professional and learned societies. He is past president of the Canadian Headache Society. In 2009 he was awarded the 'Prix Reconnaissance' by the Québec Association of Neurologists and a Life Achievement Award by the MNI of McGill University.

**LEARNING OBJECTIVES:**

1. Chronic Headache Disorders:
  - Ruling Out Secondary Headache Disorders
  - Primary Chronic Headache Disorders: Diagnosis
2. Medication Over-use Headache
3. Migraine Diagnosis and Treatment
  - Note on Menstrual Migraine

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**

**WORKSHOP F-09** | 16:00 - 17:00 | Room: St-Michel

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ECG Interpretation

**DAVID PAUL KOSTIUK MD**

Faculty of Medicine, McGill University



## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**WORKSHOP F-10 | 16:00 - 17:00 | Room: Fontaine G**

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**Managing Menopause**

**ELSA QUIROS-CALINOIU MD**

Assistant Professor, Faculty of Medicine, McGill University

Attending Staff, Obstetrics and Gynaecology, Jewish General Hospital

Division Head, Pediatric-Adolescent Gynaecology, MUHC - Montreal Children's Hospital

**BIOGRAPHICAL SKETCH:**

Elsa Quiros-Calinoiu graduated on 1970 as a Medical Doctor in Lima Peru South America at San Marcos University and as Obstetrician Gynecologist at McGill University in Montreal, Quebec. She practices Obstetrics and Gynecology at the Jewish General Hospital and the Montreal Children's Hospital, both in Montreal, Quebec. She is an Assistant Professor at McGill University and Division Head of Pediatric Adolescent Gynecology at The McGill University Health Center. Her entire professional life has been dedicated to the care of women from birth to senescence through clinical practice, teaching and learning at the same time.

## NOTES

[illegible]

**TUESDAY, NOVEMBER 30, 2010**



**EVENING SATELLITE SYMPOSIUM | 17:00 - 17:45**

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*Supported through an unrestricted educational grant from Pfizer Consumer Healthcare.*

**The Cholesterol Lowering Benefits of Phytosterols**

**PETER J. JONES** PhD

Professor, Human Nutritional Sciences, University of Manitoba  
Director, Richardson Centre, University of Manitoba

**BIOGRAPHICAL SKETCH:**

Dr. Peter Jones is the Canada Research Chair in Functional Foods and Nutrition. Since 2005, he has been the director of the Richardson Centre for Functional Foods and Nutraceuticals. Dr. Jones' main appointment is in the department of Food Science, with a cross appointment in Human Nutritional Sciences. Prior to 2005, he was a professor at McGill University and director of the School of Dietetics and Human Nutrition.

Currently, Dr. Jones serves as President of the Danone Institute for Nutrition in Canada. He is the immediate past-president of the Canadian Society for Nutritional Sciences. He serves as chairman of the Functional Foods and Nutraceuticals Board of the Vancouver-based Forbes Medi-tech group. Dr. Jones has also sat on the Food and Agriculture Organization of the United Nations, World Health Organization and United Nations University.

Dr. Jones' research interests are in cholesterol, fat and energy metabolism. His research group has been active in exploring the dietary determinants which control cholesterol biosynthesis in humans, as well as how plant sterols act in functional foods as cholesterol-lowering agents.

Dr. Jones has published over 220 peer-reviewed research articles and reviews in international journals, as well as chapters in leading nutrition textbooks. In 1997, he was the recipient of the Young Investigator Award for Excellence in Nutrition Research.

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



## **BREAKFAST SATELLITE SYMPOSIUM | 07:00 - 07:45**

*Supported through an unrestricted educational grant from Boehringer Ingelheim.*

### **Bridging the Gap in Hypertension Treatment: Choosing the Optimal Combination**

#### **LUC TRUDEAU MD**

Assistant Professor, Division of Internal Medicine, Cardiovascular Prevention Centre,  
Jewish General Hospital

#### **BIOGRAPHICAL SKETCH:**

Dr. Luc Trudeau graduated from University of Montreal for both his medical degree and in Internal Medicine. He is affiliated to the Jewish General Hospital since 1993, where he is a full-time attending physician in the Division of Internal Medicine. He is the co-founder of the Cardiovascular Prevention Center at the Jewish General and is a member of the Canadian Guidelines for the Treatment of Hypertension (CHEP). He is a clinician, teaches medical students, residents and fellows in Internal Medicine, and participates in research through clinical studies. Dr. Trudeau has lectured often on the topics of hypertension and various cardiovascular risk factors and sits on advisory boards of pharmaceutical companies.

#### **LEARNING OBJECTIVES:**

1. Review the benefits of BP reduction for full cardiovascular protection
2. Understand the usefulness of combination therapy
3. Reach more effectively BP targets

#### **SUGGESTED READINGS:**

- Campbell NR, Kaczorowski J, Lewanczuk RZ, Feldman R, Poirier L, Kwong MML, Lebel M, McAlister FA, Tobe SW, on behalf of the Canadian Hypertension Education Program 2010 Canadian Hypertension Education Program (CHEP) recommendations: The scientific summary - an update of the 2010 theme and the science behind new CHEP recommendations. Can J Cardiology May 2010; Volume 26 Issue 5: 236-240
- Julius S, Alderman MH, Beevers G. Cardiovascular risk reduction in hypertensive black patients with left ventricular hypertrophy: the LIFE study. J Am Coll Cardiol. 2004;43:1047-1055
- Dahlöf B, Sever PS, Poulter NR, Wedel H, Beevers DG, Caulfield MJ, Collins R, Kjeldsen SE, Kristinsson A, McInnes GT, Mehlsen J, Nieminen M, O'Brien E, Östergren J and for the ASCOT investigators. Prevention of cardiovascular events with an antihypertensive regimen of amlodipine adding perindopril as required versus atenolol adding bendroflumethiazide as required, in the Anglo-Scandinavian Cardiac Outcomes Trial-Blood Pressure Lowering Arm (ASCOT-BPLA): a multicentre randomised controlled trial. The Lancet 2005; 366(9489):895-906
- Jamerson K, Weber MA, Bakris GL, Dahlöf B, Pitt B, for the ACCOMPLISH Trial Investigators. Benazepril plus Amlodipine or Hydrochlorothiazide for Hypertension in High-Risk Patients. NEJM 2008; 359:2417-2428

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**PLENARY V | 08:00 - 10:00**

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**P5.1 // 08:00 - 08:30 Update and Guidelines on Opioid Use**

**MARY-ANN FITZCHARLES MD**

Associate Professor, Division of Rheumatology, McGill University  
Rheumatologist, The Montreal General Hospital, MUHC

**BIOGRAPHICAL SKETCH:**

Mary-Ann Fitzcharles is currently an Associate Professor of Medicine in the Division of Rheumatology at McGill University. She received her medical education at University of Cape Town, South Africa, and completed specialist training in rheumatology at The London Hospital, Whitechapel, London, England.

She has been on faculty at McGill University since 1984, and has been a consultant rheumatologist to the McGill Pain Centre, at the Montreal General Hospital for the past 5 years. Academic activities have included being an examiner for the Royal College of Physicians of Canada Internal Medicine Specialist Examinations for 15 years, a member of Medical Admissions committee for medical students to McGill University for 15 years, and Director of Postgraduate Medical Education at Royal Victoria Hospital, and member of Postgraduate Medical Education Board of McGill University.

In the past 10 years research interests have been in the area of pain and rheumatic diseases. Publications have been in the area of chronic pain in fibromyalgia, alternative treatments use in rheumatic diseases, and more recently evaluation of the pain experience in rheumatoid arthritis and osteoarthritis. Other research activities include evaluation of new compounds in the management of osteoarthritis, rheumatoid arthritis, psoriatic arthritis and fibromyalgia syndrome.



## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**

**PLENARY V | 08:00 - 10:00**

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**P5.2 // 08:30 - 09:00** Vaccinations in Teenagers and Adults

**JOHN YAREMKO MD, FRCP(C)**

Assistant Professor in Pediatrics, The Montreal Children's Hospital, McGill University  
Staff Physician, The Montreal Children's Hospital

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**PLENARY V | 08:00 - 10:00**

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**P5.3 // 09:00 - 09:30** Initiating Insulin in the Office: When & How

**JEAN-FRANÇOIS YALE MD, CSPQ**

Professor of Endocrinology, McGill Nutrition and Food Science Centre, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Yale is an endocrinologist, currently Professor of Medicine in the McGill Nutrition and Food Science Centre. Dr. Yale chaired the Clinical and Scientific Section of the CDA from 1992-1994. He chaired the Expert Committee that published the 2001 Canadian Diabetes Association Clinical Practice Guidelines for the Prevention and Management of Hypoglycemia in Diabetes. He was a member of the Steering Committee for the 1998, 2003 and 2008 CDA Clinical Practice Guidelines. His research interests (156 publications) include the prevention of hypoglycemia in type 1 diabetes, intensive management of type 1 and type 2 diabetes, and he participates in numerous multicentre trials on new therapies for type 1 and type 2 diabetes.

**LEARNING OBJECTIVES:**

1. Describe the indications for the initiation of insulin therapy in type 2 diabetes
2. Describe the initial prescriptions for the initiation and dose adjustment of insulin therapy in type 2 diabetes
3. Understand the protocols that can be used beyond the once daily nighttime administration

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**PLENARY V | 08:00 - 10:00**

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**P5.4 // 09:30 - 10:00** Acute Lyme Disease

**MICHAEL D. LIBMAN MD**

Department of Medical Microbiology and Division of Infectious Disease, MUHC  
Associate Professor, Faculty of Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Libman is currently Director of the Division of Infectious Diseases at McGill University and the McGill University Health Centre, and Interim Director of the J.D. MacLean Centre for Tropical Diseases at McGill University. He is also affiliated with St. Mary's Hospital, and consultant in microbiology and infectious diseases for the Quebec arctic region known as Nunavik. His primary interest is in tropical and travel medicine, as well as laboratory parasitology.

**LEARNING OBJECTIVES:**

1. To understand the risks for transmission of Lyme disease
2. To review the common manifestations of infection
3. To review the treatment alternatives

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**WORKSHOP G-01 | 10:30 - 11:30 | Room: St-Michel**

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**Many Uses of Ultrasound in ER**

**JOHN LEWIS** MD, MA, CCFP-EM  
Lecturer, McGill University  
Staff, St. Mary's and Hawkesbury General Hospital

**BIOGRAPHICAL SKETCH:**

Born in St. John's, Newfoundland. Undergraduate university in Quebec and Ontario. Medical degree from Memorial University of Newfoundland, 1993; residency at MacMaster. Interest in Emergency skills training, particularly ultrasound.



## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**WORKSHOP G-02 | 10:30 - 11:30 | Room: Fontaine F**

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**GER: Polypharmacy - How to Start Cleaning Up!**

**LOUISE MALLET** B.Sc.Pharm, Pharm.D., CGP  
Professor in Clinical Pharmacy, Faculty of Pharmacy, Université de Montréal  
Clinical Pharmacist in Geriatrics, Royal Victoria Hospital, MUHC

**BIOGRAPHICAL SKETCH:**

Louise Mallet is Clinical Professor of Pharmacy at the University of Montreal. She is also a clinical pharmacist specializing in geriatrics at McGill University Health Center (Royal Victoria Hospital). She is responsible to teach topics in geriatrics in the pharmacotherapy course and has developed an elective course in geriatrics for pharmacy students and pharmacists at the Faculty of pharmacy.

Dr. Mallet is the co-editor of two pharmaceutical textbooks and has authored or co-authored more than two-dozen book chapters and close to 150 articles for refereed and professional journals. Dr. Mallet has received research funding to investigate such topics as reducing medication-related falls and training caregivers for the elderly.

**LEARNING OBJECTIVES:**

1. Review pharmacokinetic changes that occur with aging and how they impact in medication therapy
2. Understand medications considered inappropriate for use in older patient and prescription cascade
3. Review strategies to discontinue medications in this population

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**

**WORKSHOP G-03 | 10:30 - 11:30 | Room: Côte-St-Luc**

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Vaccinations in Children and Teenagers

**JOHN YAREMKO MD, FRCP(C)**

Assistant Professor in Pediatrics, The Montreal Children's Hospital, McGill University

Staff Physician, The Montreal Children's Hospital, McGill University

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**

**WORKSHOP G-04 | 10:30 - 11:30 | Room: St-Pierre**

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Hands On: Computers

**DANIEL E. LALLA** MDCM, CCFP, FCFP

Faculty Lecturer, Department of Family Medicine, McGill University  
Cowansville Medical Clinic

**BIOGRAPHICAL SKETCH:**

Dr. Daniel E. Lalla is a family physician and member of faculty practicing in the Eastern Townships in clinic and hospital based practice. His interest is in finding practical ways to apply technology to everyday family practice.

**LEARNING OBJECTIVES:**

1. To review computer and technology hardware available to assist the busy family physician
2. To review common software and websites of interest
3. To provide resources to further assist in dealing with the never-ending 'technology treadmill'

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**WORKSHOP G-05 | 10:30 - 11:30 | Room: Fontaine G**

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**My Last 10 Requests For Rheumatology Consulting**

**MARY-ANN FITZCHARLES MD**

Associate Professor, Division of Rheumatology, McGill University  
Rheumatologist, The Montreal General Hospital, MUHC

**BIOGRAPHICAL SKETCH:**

Mary-Ann Fitzcharles is currently an Associate Professor of Medicine in the Division of Rheumatology at McGill University. She received her medical education at University of Cape Town, South Africa, and completed specialist training in rheumatology at The London Hospital, Whitechapel, London, England.

She has been on faculty at McGill University since 1984, and has been a consultant rheumatologist to the McGill Pain Centre, at the Montreal General Hospital for the past 5 years. Academic activities have included being an examiner for the Royal College of Physicians of Canada Internal Medicine Specialist Examinations for 15 years, a member of Medical Admissions committee for medical students to McGill University for 15 years, and Director of Postgraduate Medical Education at Royal Victoria Hospital, and member of Postgraduate Medical Education Board of McGill University.

In the past 10 years research interests have been in the area of pain and rheumatic diseases. Publications have been in the area of chronic pain in fibromyalgia, alternative treatments use in rheumatic diseases, and more recently evaluation of the pain experience in rheumatoid arthritis and osteoarthritis. Other research activities include evaluation of new compounds in the management of osteoarthritis, rheumatoid arthritis, psoriatic arthritis and fibromyalgia syndrome.



## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**WORKSHOP G-06 | 10:30 - 11:30 | Room: Fontaine E**

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Problem-solving Pneumonia, Sinusitis, Bronchitis

**MICHAEL D. LIBMAN MD**

Department of Medical Microbiology and Division of Infectious Disease, MUHC  
Associate Professor, Faculty of Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Libman is currently Director of the Division of Infectious Diseases at McGill University and the McGill University Health Centre, and Interim Director of the J.D. MacLean Centre for Tropical Diseases at McGill University. He is also affiliated with St. Mary's Hospital, and consultant in microbiology and infectious diseases for the Quebec arctic region known as Nunavik. His primary interest is in tropical and travel medicine, as well as laboratory parasitology.

**LEARNING OBJECTIVES:**

1. To review recent guidelines for treatment of pneumonia
2. To work through actual cases in order to learn how to apply recommendations
3. To understand the rationale for empiric treatments

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**WORKSHOP G-07 | 10:30 - 11:30 | Room: Mont-Royal**

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**Trouble-shooting Insulin in the Office and Hospital**

**JEAN-FRANÇOIS YALE MD, CSPQ**

Professor of Endocrinology, McGill Nutrition and Food Science Centre, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Yale is an endocrinologist, currently Professor of Medicine in the McGill Nutrition and Food Science Centre. Dr. Yale chaired the Clinical and Scientific Section of the CDA from 1992-1994. He chaired the Expert Committee that published the 2001 Canadian Diabetes Association Clinical Practice Guidelines for the Prevention and Management of Hypoglycemia in Diabetes. He was a member of the Steering Committee for the 1998, 2003 and 2008 CDA Clinical Practice Guidelines. His research interests (156 publications) include the prevention of hypoglycemia in type 1 diabetes, intensive management of type 1 and type 2 diabetes, and he participates in numerous multicentre trials on new therapies for type 1 and type 2 diabetes.

**LEARNING OBJECTIVES:**

1. Understand how to prescribe the insulin as once daily bedtime, as multiple daily injections, and as multiple daily injections with carbohydrate counting
2. Discuss the concepts of sliding scales for acute hyperglycemia corrections
3. Describe the algorithm for intravenous insulin coverage during surgery

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**WORKSHOP G-08 | 10:30 - 11:30 | Room: Fundy**

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**Asthma in Kids**

**REZA ALIZADEHFAR MD, FRCPC**

Assistant Professor, Division of Allergy and Clinical Immunology,  
The Montreal Children's Hospital, MUHC

**BIOGRAPHICAL SKETCH:**

Dr. Alizadehfar is a pediatrician. He finished his training in clinical immunology and allergy at McGill University and he completed a fellowship in primary immunodeficiency and bone marrow transplantation at the Sick Kids Hospital in Toronto.

He is currently working at the Montreal Children's Hospital in the McGill network, where he runs the primary immunodeficiency clinic as well as an allergy and asthma clinic. Dr. Alizadehfar also contributes to teaching and research in these 3 fields.

In addition, he recently joined the Montreal General Hospital where he sees adults with primary immune disorders.

He is the Assistant Director of the Clinical Immunology Laboratory of the Montreal Children's Hospital.

**LEARNING OBJECTIVES:**

1. Learn about the approach to asthma in children and its differential diagnosis
2. Learn about higher level of asthma control
3. Learn about the cornerstone and the new approaches for asthma management

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**

**WORKSHOP G-09 | 10:30 - 11:30 | Room: Fontaine H**

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**An Approach to Developmental Delay**

**JUNE ORTENBERG MD, FRCP(C), ABP**

Pediatrician, Neurofibromatosis Clinic, The Montreal Children's Hospital  
Department of Pediatrics, McGill University

**BIOGRAPHICAL SKETCH:**

June Ortenberg studied Medicine at McGill University and Pediatrics at the Montreal Children's Hospital with further training in Clinical Genetics at Hôpital Sainte-Justine. She currently works as an Academic Pediatrician at the Montreal Children's Hospital and is Founder / Director of the Neurofibromatosis Clinic, Division of Medical Genetics.

**LEARNING OBJECTIVES:**

1. To attain a comfort level with the assessment of the developmentally delayed child
2. To develop an algorithm for the initial workup / management



## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**WORKSHOP G-10 | 10:30 - 11:30 | Room: Hampstead**

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**Sexual Dysfunction in Menopausal Women**

**ELENA MIHU** BA, MD, CCFP

Assistant Clinical Professor, Family Medicine, McMaster University, Hamilton, ON  
Family Physician, Kinmount and District Health Centre, Kinmount, ON

**BIOGRAPHICAL SKETCH:**

Dr. Elena Mihi is a family physician in full-time practice in Kinmount, Ontario. She has an Honors degree in Psychology from the University of Ottawa and completed her medical degree and Family Medicine residency at McMaster University. She has been a part-time Assistant Clinical Professor with the McMaster University for the last ten years and is the protagonist of the NFB documentary "A Country Doctor".

Due to her background and interest in psychology she has been providing counseling to her patients dealing with a variety of psycho-social issues since the beginning of her medical practice. Her recent interests are primarily focused on issues relating to dyspareunia. She explored this topic through a variety of courses and is eager to share her expertise by providing a practical approach to the diagnosis and treatment of sexual dysfunction of menopausal women.

Her personal interests include nature, photography and sewing.

**LEARNING OBJECTIVES:**

1. To increase awareness about the prevalence and morbidity of sexual dysfunction in menopausal women
2. To provide a systematic approach to investigating and diagnosing the different etiologies of this common problem
3. To provide family physicians with a practical approach to treating dyspareunia and decreased libido, and know when to refer

## NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

**WEDNESDAY, DECEMBER 1, 2010**



**LUNCH SATELLITE SYMPOSIUM | 11:30 - 12:15**

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*Supported through an unrestricted educational grant from AstraZeneca.*

**Getting a G.R.I.P. on CV Risk: Guidelines Rolled into Practice**

**KEVIN SAUNDERS MD, CCFP**

Family Physician, Rivergrove Medical Clinic, Winnipeg, MB

**BIOGRAPHICAL SKETCH:**

Dr. Kevin Saunders M.D. CCFP is a family physician practicing in the north end of Winnipeg for the past 25 years. He is Past Medical Director of the Wellness Institute at Seven Oaks General Hospital. While there, he developed and supervised extensive cardiac rehab and diabetes education programming. He was the Past President of the College of Physicians and Surgeons of Manitoba as well as a previous chair of the Section of Family Medicine for Doctors Manitoba. Beyond general family medicine, special interests are in phase 2 and 3 pharmaceutical research especially relating to diabetes, hypertension, hyperlipidemia, and vascular disease. He is very active in the development and facilitation of various CME projects for practicing family physicians.

**LEARNING OBJECTIVES:**

1. Evaluate and assimilate key concepts and practice points from the 2009 Dyslipidemia Guidelines (for CVD Prevention)
2. Evaluate risk assessment and evidence-based approaches in patients at various levels of risk to conceptualize the benefit of effective cardiovascular risk management
3. Determine and assess management strategies to optimize patient outcomes

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**PLENARY VI | 13:00 - 16:30**

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**P6.1 // 13:00 - 13:30** Tector Memorial Lecture:  
Family Medicine as Seen by a Family Doctor Who Is Also a  
Teacher, Researcher and a Leader

**MICHAEL MALUS MD, CCFP, FCFP**  
Chief of Family Medicine, SMBD-Jewish General Hospital  
Director of the Herzl Family Practice Centre  
Associate Professor, Department of Family Medicine, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. Malus is the Chief of the Department of Family Medicine at the Jewish General Hospital and Director of the Herzl Family Practice McGill University Teaching Unit. He is also Director of the Centre's Teenage Health Unit. This is an outreach program featuring weekly visits for classroom discussions with teenagers in forty local high schools in Montreal with an accompanying offer for 24-hour care. He also has an interest in Native Health Care and has worked extensively with and in Native Communities in Canada and United States.

**LEARNING OBJECTIVES:**

There are no formal learning objectives for this lecture.

*I'm only hoping that you enjoy joining me in reflecting on the privilege we share in being family physicians. I often ask teenage patients if they have any idea what they might want to do when they finish school; One 14 year old boy answered: "I want to be a doctor or a stuntman".*

*Some people might find this paradoxical. I don't. I think it's right on. My talk will reflect on our life on the wire and the courage both patients and physicians display in the face of this austere proposition. Don't worry: they also display humour.*

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**PLENARY VI | 13:00 - 16:30**

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**P6.2 // 13:30 - 14:00** Genetics For The Family Physician - Clinical Scenarios That Should Prompt You to Think About Genetics

**TERESA M. RUDKIN MD**

Department of Human Genetics, McGill University  
CLSC Côte-des-Neiges

**BIOGRAPHICAL SKETCH:**

Before earning her MD from the University of Ottawa (2000), Teresa Rudkin received a Master's degree in Neurology and Neurosurgery at McGill University (1997). She has been a resident in the departments of Medical Genetics (2001-2005) and Family Medicine (2006-2007) as well as a Postgraduate Fellow in Medical Education (2006) at McGill University.

She is currently a Faculty Lecturer in the Department of Family Medicine at McGill University where she has recently become Chief of Teaching at the CSSS de la Montagne. She has clinical practices at both the CLSC Côte-des-Neiges where she is head of the Primary Care Clinic for Patients with Genetic Syndromes and a private clinic in Westmount.

**LEARNING OBJECTIVES:**

Genetic syndromes may be more common in your patient population than you recognize. This talk will be a potpourri of clinical scenarios designed to update your knowledge of bedside genetics. Among those presented will be:

1. elevated ferritin and reduced mean corpuscle volume
2. a child with failure to thrive
3. recurrent miscarriages and postpartum hemorrhage
4. things to consider with the Ashkenazi patient



## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**PLENARY VI | 13:00 - 16:30**

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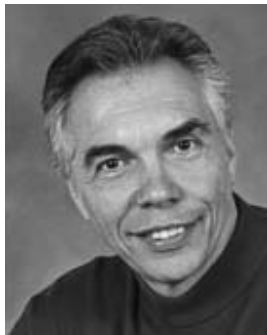
**P6.3 // 14:00 - 14:30** Is it Parkinson's?

**ALAIN DAGHER** MD, PhD

Neuro Head, Parkinson's Clinic Centre for Research in Neuroscience, Positron Emission,  
Tomography,  
McConnell - Brain Imaging Centre,  
Montreal Neurological Institute and Hospital

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010****PLENARY VI | 13:00 - 16:30****P6.4 // 14:45 - 15:15 Acai Berries and Other Seductions****JOSEPH A. SCHWARCZ** PhD

Director, Office for Science and Society, McGill University

**BIOGRAPHICAL SKETCH:**

Joe Schwarcz (PhD McGill 1973) is Director of McGill University's Office for Science and Society which is dedicated to demystifying science for the public, the media and students. Dr. Schwarcz also teaches a variety of courses with emphasis on health issues and on the application of chemistry to everyday life. He is well known for his informative and entertaining public lectures on topics ranging from the chemistry of love to the science of aging. Using stage magic to make scientific points is one of his specialties.

Professor Schwarcz has received numerous awards for teaching chemistry and for interpreting science for the public. Among these are the Royal Society of Canada's McNeil Award and the American Chemical Society's prestigious Grady-Stack Award. Previous winners of the Grady-Stack have included famed science writer Isaac Asimov, New York Times columnist Walter Sullivan and Don Herbert of TV's "Mr. Wizard" fame. Dr. Schwarcz is the only non-American ever to be honored with this prize. His latest award is the Royal Canadian Institute's Sandford Fleming Medal. Dr. Schwarcz was also awarded an honorary Doctorate degree by Athabasca University in the spring of 2002.

"Dr. Joe" has appeared hundreds of times on the Canadian Discovery Channel, TV Ontario, Global Television, CBC-TV, CTV-TV and various radio stations. He hosts the "Dr. Joe Show" on Montreal's CJAD and Toronto's CFRB every Sunday from 3-4 PM. He hosted "Science To Go," a 13 episode show on the Discovery Channel that focused on common foods. Dr. Schwarcz writes a weekly newspaper column in the Montreal Gazette entitled "The Right Chemistry" as well as a monthly column in Canadian Chemical News. He was the chief consultant on the Reader's Digest best sellers "Foods That Harm, Foods That Heal" and "The Healing Power of Vitamins, Minerals and Herbs" and contributed the chemistry chapter to the best-selling "Mental Floss." His books "Radar, Hula Hoops and Playful Pigs," "The Genie in the Bottle," "That's The Way The Cookie Crumbles," "Dr. Joe and What You Didn't Know," "The Fly in the Ointment" and "Let Them Eat Flax" have been best sellers. The books have been translated into five languages and are sold around the world. His recent work are "An Apple a Day" and "Brain Fuel".

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**

**PLENARY VI | 13:00 - 16:30**

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**P6.5 // 15:15 - 15:45 iPhone and Beyond**

**DANIEL E. LALLA** MDCM, CCFP, FCFP

Faculty Lecturer, Department of Family Medicine, McGill University,  
Cowansville Medical Clinic

**BIOGRAPHICAL SKETCH:**

Dr. Daniel E. Lalla is a family physician and member of faculty practicing in the Eastern Townships in clinic and hospital based practice. His interest is in finding practical ways to apply technology to everyday family practice.

## NOTES

[illegible]

**WEDNESDAY, DECEMBER 1, 2010**



**PLENARY VI | 13:00 - 16:30**

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**P6.6 // 15:45 - 16:15 Treating Common Dermatoses**

**DOMINIQUE FAUSTO DE SOUZA MD**

Dermatologist, Federal University of Rio de Janeiro, Brazil

Ph.D. Student, McGill University

**BIOGRAPHICAL SKETCH:**

Dr. De Souza completed in 2000 her Medical Degree and in 2005 her residency in Dermatology at the Federal University of Rio de Janeiro, Brazil. As a practicing dermatologist in Brazil since 2005, Dr. De Souza has had a very active professional life working in clinical dermatology, dermatologic surgery and laser surgery in the private and public sectors. In 2008, she moved to Canada with her husband and since then she has been working at the Melanoma Clinic and at the Henry C. Witelson Ocular Pathology Laboratory, McGill University. Dr. De Souza is currently a Ph.D. Student at The Henry C. Witelson Ocular Pathology Laboratory at McGill University and is involved in numerous skin cancer research projects.

**LEARNING OBJECTIVES:**

A practical discussion of common dermatoses and treatment pearls.

Key words: dermatology, acne, rosacea, eczema, psoriasis, topical steroids, skin infections, drug eruptions, skin cancer



## NOTES

[illegible]



McGill

Faculty of Medicine

**61<sup>ST</sup> ANNUAL REFRESHER COURSE  
FOR FAMILY PHYSICIANS**  
NOVEMBER 29 TO DECEMBER 1, 2010

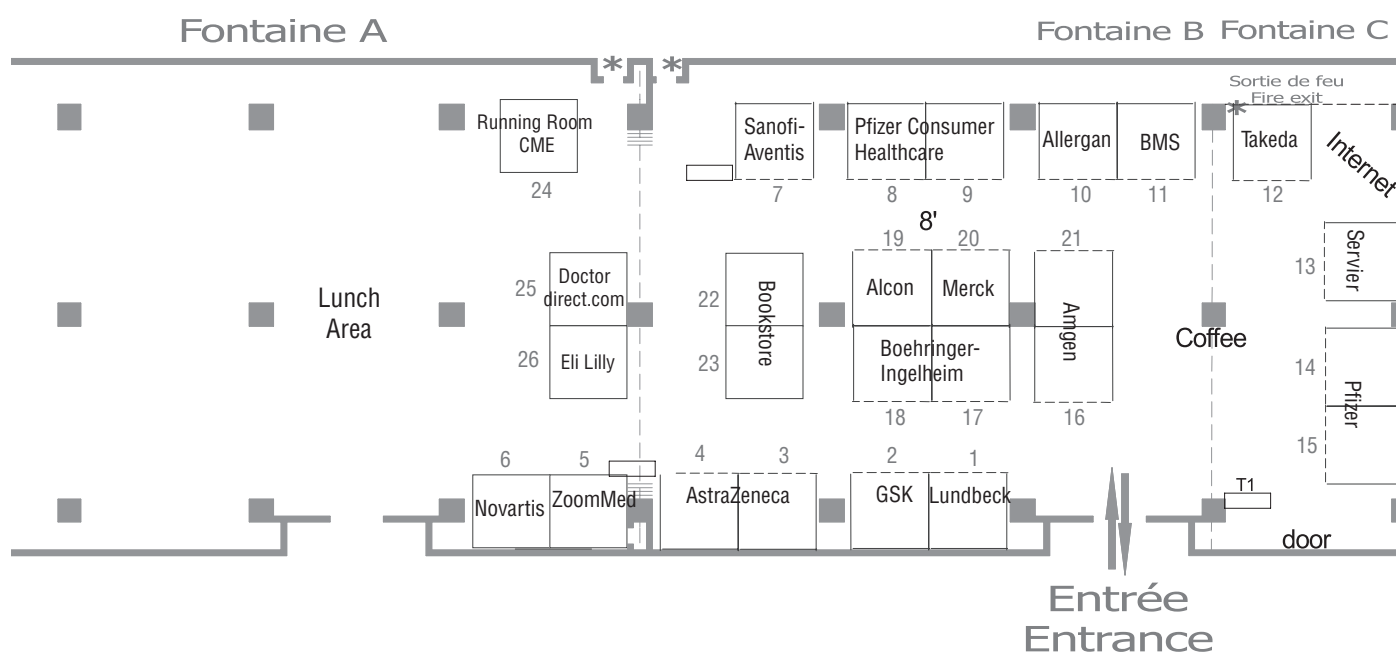
# Exhibit Directory



## EXHIBITOR LISTING

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McGill CME Office - CCPHE	24
Merck	20
Novartis Pharmaceuticals Canada Inc.	6
Pfizer Canada	14 & 15
Pfizer Consumer Healthcare	8 & 9
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## EXHIBITOR FLOOR PLAN



## EXHIBITOR DIRECTORY

### **Alcon Canada Inc.**

**Booth # 19**

Contact: Ms. Elizabeth Fraser

2665 Meadowpine Blvd.  
Mississauga, ON, L5N 8C7

Tel.: 905-826-6700, ext. 2261 Fax: 905-826-1448  
E-Mail: elizabeth.fraser@alconlabs.com

Today, Alcon Canada markets the full range of ophthalmic surgical supplies, instrumentation, and pharmaceuticals together with dry eye and contact lens care solutions. We sell these products to hospitals, ophthalmologists, optometrists, opticians, and retail pharmacies.

### **Allergan, Inc.**

**Booth # 10**

Contact: Ms. Patricia Douville - Ms. Anne-Renée Paquette

85 Enterprise Blvd., # 500  
Markham, ON, L6G 0B5

Tel.: 1-800-668-6424  
E-Mail: douville\_patricia@allergan.com

Allergan, Inc. is a global specialty pharmaceutical company that develops and commercializes innovative products for the eye care, neuromodulator, skin care and other specialty markets. In addition to its discovery-to-development research programs, Allergan has global marketing and sales capabilities in over 100 countries that deliver value to our customers, satisfy unmet medical needs and improve people's lives.

### **Amgen**

**Booths # 16 & 21**

Contact: Mr. Eric Arel

6775 Financial Drive, Suite 100  
Mississauga, ON, L5N 0A4

Tel: 514-826-8750  
E-Mail: earel@amgen.com

AMGEN is a global biotechnology pioneer combining science and innovation for over a quarter century. Amgen discovers and markets medicines that help fight serious illnesses in oncology, rheumatology and nephrology. AMGEN's research in bone biology revealed RANK ligand as an essential mediator of osteoclast-related bone loss in the skeleton.

### **AstraZeneca Canada Inc.**

**Booths # 3 & 4**

Contact: Ms. Tanya Haunstetter

1004 Middlegate Road  
Mississauga, ON, L4Y 1M4

Tel: 1-888-669-2987, ext. 3264  
Fax: 1-514-487-7233  
E-Mail: tanya.haunstetter@astrazeneca.com

AstraZeneca is a major international healthcare business engaged in the research, development, manufacturing and marketing of meaningful prescription medicines; and a supplier for healthcare services. AstraZeneca is one of the world's leading pharmaceutical companies and is a leader in gastrointestinal, cardiovascular, neuroscience, respiratory, oncology and infectious disease medicines. For more information, please visit: [www.astrazeneca.ca](http://www.astrazeneca.ca).

### **Boehringer Ingelheim**

**Booths # 17 & 18**

Contact: Ms. Agnes David

Boehringer Ingelheim (Canada) Ltd.  
5180 South Service Rd  
Burlington, ON, L7H 5H4

Tel.: 1-800-263-5103 Fax: 905-634-4421  
E-Mail: agnes.david@boehringer-ingelheim.com

Boehringer Ingelheim (Canada) Ltd. has earned a reputation as a leader in the treatment of respiratory diseases, in particular Chronic Obstructive Pulmonary Disease (COPD), and has broadened the scope of its work to include diseases such as hypertension, stroke, arthritis, benign prostatic hyperplasia (BPH), Parkinson's disease and HIV/AIDS.

For more information please visit our website at  
[www.boehringer-ingelheim.ca](http://www.boehringer-ingelheim.ca)

### **Bristol-Myers Squibb Canada**

**Booth # 11**

Contact: Ms. Laura Del Grande & Mr. Michel Boisvert  
Pharmaceutical Representatives: Cardiovascular

2344 Alfred-Nobel, #300  
Montréal, QC, H4S 0A4

Tel: 514-333-4222  
E-Mail: laura.delgrande@bms.com; michel.boisvert@bms.com

Bristol-Myers Squibb Canada: One of the world's leading research-based pharmaceutical companies whose mission is to extend and enhance human life by providing the highest-quality biopharmaceutical products.

### **DoctorDirect.com**

**Booth # 25**

998 Hickson  
Verdun, QC, H4G 2L2

Tel: 514-353-0010

DoctorDirect.com is the easiest to use, most accessible, and most cost effective web-based physician scheduling system available anywhere. Patients can book, change or cancel appointments on their own. Healthcare professionals have full control over their schedules. Fully automated voice and e-mail reminders: so virtually no appointments are ever missed. All for a very affordable price. Find out more at: [www.DoctorDirect.com](http://www.DoctorDirect.com)

### **Eli Lilly Canada**

**Booth # 26**

Contact: Ms. Nancy Caron

At Eli Lilly Canada, our mission is two-fold: to help generate scientific innovations that meet the unmet medical needs of patients around the world, and to see that all Canadians who can benefit from our treatments have access to them.

Our medicines treat pulmonary arterial hypertension, erectile dysfunction, depression, diabetes, osteoporosis, cancer and many other life-threatening and life-changing illnesses. We're proud of the positive contribution we make to Canada's health care system by providing answers that matter to health care providers and good value to those who pay for medications. Most importantly, however, we're proud that our work helps Canadians live longer, healthier and more active lives.

## EXHIBITOR DIRECTORY

### GlaxoSmithKline

Booth # 2

Contact: Mr. Steven Woo

8455, Route Transcanadienne  
Saint-Laurent, QC, H4S 1Z1

Tel: 1-800-267-2228

E-Mail: Steven.G.Woo@gsk.com

GlaxoSmithKline Inc. – one of the world's leading research-based pharmaceutical, vaccine and healthcare companies – is committed to improving the quality of human life by enabling people to do more, feel better and live longer. In Canada, GlaxoSmithKline is a top 15 investor in research and development, contributing more than \$156 million in 2008 alone. GSK is designated a Caring Company by Imagine Canada, and is consistently recognized as one of the 50 best companies to work for in Canada.

For company information please visit, [www.gsk.ca](http://www.gsk.ca).

### Lundbeck Canada

Booth # 1

Contact: Ms. Leslie MacDonald  
1000 rue de la Gauchetiere Ouest, bureau 500  
Montreal, QC, H3B 4W5

Tel: 1-800-586-2325, ext. 9816

E-Mail: lemd@lundbeck.com

At Lundbeck, our vision is unique. We focus exclusively on developing new therapies for diseases of the central nervous system (CNS). Our recent additions include Cipralextm and Ebixatm. We are committed to future innovations in the treatment of Alzheimer's disease, depression, schizophrenia and other CNS disorders.

Psychiatric and neurological disorders are complex. Our goal is simple – to improve the quality of life for patients and their caregivers, and the treatment options for their dedicated healthcare professionals.

### McGill Bookstore

Booths # 22 & 23

Contact: Anna Stein

McGill University Bookstore  
3420 McTavish Street  
Montreal, QC, H3A 3L1

Tel.: 514-398-3222 Fax: 514-398-1589

Toll free: 1-800-362-0320

The Bookstore is open year round and carries new and used textbooks and custom courseware as well as reference and general books, stationery, office supplies, McGill insignia and confectionery.

### McGill CME Office - CCHPE

Booth # 24

McGill University - CCHPE  
1110 Pine Avenue, Room 301  
Montreal, QC, H3A 1A3

Tel: 514-398-3500

Fax: 514-398-2231

The mission of the CCHPE is to promote: excellence in healthcare by contributing to the continuum of medical education including undergraduate, postgraduate and lifelong learning; lifelong learning pertinent to health professionals' activities; interprofessionalism and collaboration with other CHPE stakeholders; accountability to our patients, learners and communities; innovation and critical inquiry in continuing health professional education.

### Merck

Booth # 20

Contact: Jim Christou  
16711 Transcanada Hwy  
Kirkland, QC, H9H 3L1

Tel: 514-208-6036

Fax: 514-697-3778

E-Mail: [jim.christou@merck.com](mailto:jim.christou@merck.com)

At Merck, patients come first. Merck is committed to discovering and providing innovative products and services that improve the quality of life for Canadians. We put the highest priority on addressing the needs of our customers and fostering meaningful partnerships to deliver the most valuable health outcomes for patients.

Merck is a recognized leader in the treatment of asthma, osteoporosis, glaucoma, prostate disease, migraines and infectious diseases. The company also markets an extensive line of cardiovascular products for high blood pressure, elevated cholesterol and heart failure as well as a broad range of vaccines.

The company is firmly committed to science education and sponsors a number of programs across the country designed to spark young people's interest in science.

### Novartis Pharmaceuticals Canada Inc.

Booth # 6

Contact: Ms. France Lucier

385, boul. Bouchard  
Dorval, QC, H9S 1A9

Tel: 1-877-580-5293

Fax: 450-688-2247

E-mail: [france.lucier@novartis.com](mailto:france.lucier@novartis.com)

Novartis Pharmaceuticals Canada Inc., a leader in the healthcare field, is committed to the discovery, development and marketing of innovative products to improve the well-being of all Canadians. In 2009, the Company invested close to \$110 million in research and development. Headquartered in Dorval, Quebec, Novartis Pharmaceuticals Canada Inc. employs more than 750 people in Canada.

For further information, please consult [www.novartis.ca](http://www.novartis.ca).

## EXHIBITOR DIRECTORY

### **Pfizer Canada Inc.**

**Booths # 14 & 15**

Contact: Ms. Colette Martin

17300 Trans-Canada  
Kirkland, QC, H9J 2M5

Tel: 514-639-8633  
E-Mail: Colette.Martin@Pfizer.com

Pfizer Canada Inc. is the Canadian operation of Pfizer Inc, the world's leading pharmaceutical company. Pfizer discovers, develops, manufactures and markets prescription medicines for humans and animals. Pfizer Inc. invests more than US\$7 billion annually in R&D to discover and develop innovative life-saving and life-enhancing medicines in a wide range of therapeutic areas including arthritis, cardiovascular disease, endocrinology, HIV/AIDS, infectious disease, neurological disease, oncology, ophthalmology and smoking cessation.

### **Pfizer Consumer Healthcare**

**Booths # 8 & 9**

Contact: Ms. Ana Isabel Salcedo

5975 Whittle Road  
Mississauga, ON, L4Z 3M6

Tel: 514-573-3940  
E-Mail: anaisabel.salcedo@pfizer.com

Pfizer Consumer Healthcare is among the largest over the counter (OTC) health care products companies in the world. We develop, manufacture and market leading non-prescription medicines, vitamins and nutritional products. We continually bring new and better solutions to market that help consumers around the world support their health and enhance personal wellbeing. Our major global brands include Centrum, Caltrate and Advil.

### **Sanofi-Aventis**

**Booth # 7**

Contact: Ms. Louise Tassé

2150 St. Elzéar Blvd. West  
Laval, QC, H7L 4A8

Tel: 514-915-1887  
E-Mail: louise.tasse@sanofi-aventis.com

Sanofi-Aventis is a leading global pharmaceutical company. Backed by a world-class R&D organization, Sanofi-Aventis is developing leading positions in several therapeutic areas: cardiology, thrombosis, oncology, metabolic disorders, the central nervous system, internal medicine and vaccines.

### **Servier Canada Inc.**

**Booth # 13**

Contact: Ms. Nathalie Tremblay

235, boul. Armand-Frappier  
Laval, QC, H7V 4A7

Tel: 1-888-902-9700 Fax: 450-978-0402  
E-Mail: nathalie.tremblay@ca.netgrs.com

### **Takeda Canada, Inc.**

**Booth # 12**

6750 Century Avenue, Suite 400  
Mississauga, ON, L5N 2V8

Takeda is committed to striving towards better health for patients worldwide through leading innovation in medicine. As the largest pharmaceutical company in Japan and a top 15 pharmaceutical company worldwide, Takeda will bring a number of therapeutic options to Canadians in metabolic disease, cardiovascular disease, oncology and the central nervous system.

### **The Running Room**

**Booth # 24**

Galerie Des Boutiques  
1 Place Ville-Marie, Unit 11318  
Montreal, QC, H3B 3Y1

Tel: 514-871-8199 Fax: 514-871-4891  
E-mail: pvm@coindescoueurs.com

The Running Room is North America's largest specialty Running & Walking Retailer of sporting goods, apparel and footwear, operating 92 corporately owned stores from coast to coast.

### **ZoomMed**

**Booth # 5**

6300 Auteuil, Suite 121  
Brossard, QC, J4Z 3P2

Tel: 450-678-5457 Fax: 450-678-9650  
E-mail: info@zoommed.com

ZoomMed's **ZRx** Prescriber is a technically innovative Web application that enables physicians to use a wireless device such as iPhone™, PDA or computer to write and deliver **RAPIDLY** prescriptions.

The ZRx Prescriber is quick, efficient and intuitive. Although it is a stand-alone product, it can be easily integrated into any full EMR.

For more information on ZoomMed visit our website at [www.zoommed.com](http://www.zoommed.com).



Faculty of Medicine

**61<sup>ST</sup> ANNUAL REFRESHER COURSE  
FOR FAMILY PHYSICIANS**  
NOVEMBER 29 TO DECEMBER 1, 2010

# Delegate Directory & Certificates





## PARTICIPANT LIST

**Abrahams, Heather**  
Montréal, QC

**Akriotis, Van**  
Scarborough, ON

**Albert, Andrew**  
Burks Falls, ON

**Albert, Deborah**  
Burks Falls, ON

**Alcius, Michaelle**  
Thornhill, ON

**Alexopoulos, Karen**  
Guelph, ON

**Alzamil, Norah**  
Montréal, QC

**Andriuk, Debora**  
Cowansville, QC

**Angers, Suzanne**  
Montréal, QC

**Arlet, Ophelie**  
Montréal, QC

**Aspler, Aviva**  
Montréal, QC

**Assayag, Yan-Raphael**  
Montréal, QC

**Atalla, Soheir**  
Brossard, QC

**Auffrey, Jean-Marie**  
Shediac, NB

**Auger, Marc**  
Rivière-Bleue, QC

**Babakifard, Katayoun**  
Montréal, QC

**Barrs, Gary**  
Westmount, QC

**Bell, Jeffrey**  
Vancouver, BC

**Ben Haddad, A.**  
S-Jean-sur-Richelieu, QC

**Bernstein, Robert**  
Dollard-des-Ormeaux, QC

**Biron, Linda**  
Farnham, QC

**Birss, John**  
Cambridge, QC

**Blach, Peter**  
Cornwall, QC

**Blackwood, Robert**  
Virginia Beach, VA, United States

**Block, Wendell**  
Toronto, ON

**Blonde, J. Vince**  
Orms town, QC

**Blonde, Yvonne**  
Winnipeg, MB

**Blondeau, Hélène**  
Québec, QC

**Boersma, Robert**  
Arnprior, ON

**Boillat, Miriam E.**  
Montréal, QC

**Boshouwers, Marie-Louise**  
Havre-aux-Maisons, QC

**Bouchard, Jacques**  
La Malbaie, QC

**Bourbonnais, Anne**  
Farnham, QC

**Boyer, Marc**  
Lorraine, QC

**Boyer, Micheline**  
Ottawa, ON

**Bozek, Nancy**  
Huntsville, ON

**Brenhouse, Michelle**  
Montréal, QC

**Bronet, Sandy**  
Montréal, QC

**Buchanan, G. Stuart**  
St-André-Avellin, QC

**Caldareri, Carmelo**  
Outremont, QC

**Carrasco, Julian**  
Mistissini, QC

**Carroll, Paul J.**  
Montréal, QC

**Cartwright, Pierre**  
Étang-du-Nord, QC

**Cha, Charlie**  
Toronto, ON

**Chabot, Danielle**  
Lorraine, QC

**Chabrol, Elsy**  
Laval, QC

**Champagne, Samuel**  
Québec, QC

**Chan, Grace**  
Ottawa, ON

**Chan, Kam**  
San Francisco, CA, United States

**Chettiar, Ramen**  
Grand Falls, NB

**Chirgwin, Juan Carlos**  
Montréal, QC

**Ciolofan, Cristina**  
Montréal, QC

**Ciuntu, Ioana**  
Montréal, QC

**Clavel, Christian**  
Trois-Rivières, QC

**Cohen, Jackie**  
Hampstead, QC

**Comeau, Margery**  
Montréal, QC

**Cormier, Natalie**  
Amos, QC

**Cosman, Catherine**  
Knowlton, QC

**Cotchikian, Rita**  
Montréal, QC

**Coté, Patricia**  
Ville Mont-Royal, QC

**Côté, Nathalie**  
Outremont, QC

**Côté, Suzanne**  
Île-Bizard, QC

**Couture, Lyne**  
Lorraine, QC

**Dannenbaum, David**  
Montréal, QC

**Dansereau, Jean-Yves**  
Montréal, QC

**De Ladurantaye, Alain**  
Duhamel-Ouest, QC

**De Luca, Angelo**  
Montréal, QC

**Deliana, Danila**  
New Rochelle, NY, United States

**Desbois, Nathalie**  
Carlisle, ON

**Desjardins, Julie**  
Kuujuaq, QC

**Desmeules, Jean**  
Cowansville, QC

**Desrosiers, Louise**  
Hockessin, DE, United States

**Diep, Bich Ngoc**  
Montréal, QC

**Dinu, Claudia**  
Laval, QC

**Dischliev, Spiro**  
Saint-Leonard, QC

**Dougherty, David**  
London, ON

**Dowdall, Mary**  
Montréal, QC

**Dragin, Natacha**  
Montréal, QC

**Eaton, David**  
Wheatley, ON

**Einagel, Victor**  
Mercier, QC

**Elbaz, Audrey**  
Dollard-des-Ormeaux, QC

**Elkabas, Oren**  
St-Laurent, QC

**Elliott, Bonney**  
Ottawa, ON

**Elman, Elyssa**  
Westmount, QC

## PARTICIPANT LIST

**Estevez, Wendy**  
Dollard-des-Ormeaux, QC

**Falls, Elizabeth**  
St-Bruno, QC

**Farah, Rita**  
Montréal, QC

**Ferland, Christian**  
Île-des-Soeurs, QC

**Finestone, Debra**  
Dollard-des-Ormeaux, QC

**Fournier, Claude**  
Brossard, QC

**Fuks, Maria**  
Montréal, QC

**Gagné, Christian**  
Saint-Lazare, QC

**Gagnon, Catherine**  
Rivière-Bleue, QC

**Gallant, Marc**  
Acton Vale, QC

**Garoufalidis, Evgenia**  
Montréal, QC

**Gasse, Tiffany**  
St-Hubert, QC

**Gauthier, Gilles**  
Gaspé, QC

**Gavlas, Shirley**  
Pincourt, QC

**Gervais, Annie**  
St-Jean-sur-Richelieu, QC

**Ghali, Saad**  
Longueuil, QC

**Gionnakis, Andreas**  
Montréal, QC

**Glaser, Stuart**  
Ville Mont-Royal, QC

**Goldstein, Martin**  
Baie D'Urfe, QC

**Golgoon, Michael**  
Pointe-Claire, QC

**Gordon, Benjamin**  
Montréal, QC

**Gordon, Earl**  
Woodlawn, ON

**Gore, Brian**  
Montréal, QC

**Gosselin, Richard**  
Granby, QC

**Goulard, Jean-Francois**  
Bathurst, NB

**Guerra-Escobio, Ana Maria**  
Anjou, QC

**Guillemette, Chantal**  
Havre-Saint-Pierre, QC

**Gupta, Namta**  
Montréal, QC

**Guttman, Dahlia**  
Côte-St-Luc, QC

**Hackett, Charlie**  
Atlanta, GA, United States

**Hagshi, Judy**  
Montréal, QC

**Hall, Chris**  
Oshawa, ON

**Harvey, Pierre-Claude**  
Sept-Îles, QC

**Hasswani, Samer**  
Montréal, QC

**Hayes, Marie**  
Sherbrooke, QC

**Hazan, Ariel**  
Côte-St-Luc, QC

**Hazell, Paul**  
Port Hope, ON

**Hebert, Marie**  
Châteauguay, QC

**Hermon, Orly**  
Dollard-des-Ormeaux, QC

**Hersson-Edery, Fanny**  
Hampstead, QC

**Heyding, Robert**  
Toronto, ON

**Honickman, Debbie**  
Toronto, ON

**Howell, Oscar**  
St. John's, NL

**Hughes, Margaret**  
Montréal West, QC

**Hyland, Denise**  
St. John's, NL

**Ince-Cushman, Daniel**  
Westmount, QC

**Iny, Alan**  
Ottawa, ON

**Ionescu, Adriana**  
Dollard-des-Ormeaux, QC

**Ionescu, Loretta-Vivianne**  
Montréal, QC

**Iskandar, Evette**  
Dollard-des-Ormeaux, QC

**Ith, Bunhor**  
Laval, QC

**Jackson, John**  
Lachine, QC

**Jagan, Sarva**  
St-Lambert, QC

**Jansen, Kurt**  
Montréal, QC

**Johnston, James Gregory**  
Simcoe, ON

**Jolicoeur, Diane**  
Montréal, QC

**Joncas, Paul-Aimé**  
Blanc-Sablon, QC

**Jones, Suzanne**  
Brossard, QC

**Kalin, Michael**  
Côte-St-Luc, QC

**Karas, Maria**  
Montréal, QC

**Kassab, François**  
St-Jean-sur-Richelieu, QC

**Kealy, Walter**  
Levack, ON

**Kehler, Faye**  
Dryden, ON

**Kerner, Sarah**  
Montréal, QC

**Keshavgee, Alnoor**  
Toronto, ON

**Khadilkar, Madhusudan**  
Montréal, QC

**Khakee, Sam**  
Montréal, QC

**Khazandar, Fatimah**  
Montréal, QC

**Klein, Benjamin**  
Montréal, QC

**Klein, Jack**  
Kirkland, QC

**Klincewicz, Stephen**  
Ambler, PA, United States

**Kondor, Natalie**  
Kingston, ON

**Korin, Tamara**  
Westmount, QC

**Kremer, Bernardo**  
Montréal, QC

**Kwong, Patrick**  
Montréal, QC

**L'Heureux, Christian**  
Ville-Marie, QC

**Labarias, Jose-Luis**  
Montréal, QC

**Labelle, Céline**  
Montréal, QC

**Labrecque, Susan**  
Sherbrooke, QC

**Lacroix, Chantal**  
Ottawa, ON

**Laflamme, Luc**  
St-Bruno, QC

**Lalla, Daniel**  
Cowansville, QC

**Lam, Loan**  
Mont-Royal, QC

**Lamarche, Maurice**  
Shawville, QC

## PARTICIPANT LIST

**Lamba, Pankaj**  
Montréal, QC

**Laplane, Louisette**  
Sherbrooke, QC

**Laplane, Patrice**  
Sherbrooke, QC

**Laurendeau, François**  
La Motte, QC

**Leahy, James R.**  
Windsor, NS

**LeBlanc, Anne-Marie**  
Montréal, QC

**Leclaire, Marie**  
Hudson, QC

**Legresley, Conrad**  
Shediac, NB

**Letendre, Micheline**  
Amos, QC

**Liebich, Anne-Marie**  
Montréal, QC

**Luger, Sherry**  
Montréal, QC

**Luterman, Rosalind**  
Montréal, QC

**Macek, Adrian**  
Cowansville, QC

**MacGeachy, Feona**  
Dollard-des-Ormeaux, QC

**Mackey, Thomas**  
Portland, ON

**MacLeod, Carol**  
Montréal, QC

**Mahood, Robert**  
Montréal, QC

**Main, Jeff**  
Cambridge, ON

**Majoa, Jolanta**  
Montréal, QC

**Maloney, Allan J.**  
St-Stephen, NB

**Mar, Melanie**  
Huntsville, ON

**Marleau, Daniel**  
Rouyn-Noranda, QC

**Mason, Joan**  
Brossard, QC

**Massey, Ephraim**  
Montréal, QC

**Mazza, G.**  
St-Léonard, QC

**Mazzarelli, Mark**  
Beaconsfield, QC

**McAteer, Michael**  
Thornhill, ON

**McNeill, Jeanne**  
Moncton, NB

**Mehta, Jagdish**  
Dollard-des-Ormeaux, QC

**Meisels, Monica**  
Québec, QC

**Ménard, Danielle**  
Amos, QC

**Ménard, Jacques**  
Gatineau, QC

**Mercer, Greg**  
Stephenville, NL

**Minz, Gabriel**  
Dorval, QC

**Mitnick, Howard**  
Montréal, QC

**Moini, John**  
Verdun, QC

**Monahan, Barbara**  
Montréal, QC

**Morin, Carl**  
Ottawa, ON

**Morin, Suzanne**  
Ottawa, ON

**Morris, Randi**  
Westmount, QC

**Morrison, Cindy**  
Arnprior, ON

**Mout, Julie**  
Cowansville, QC

**Myles, Virginia**  
Westmount, QC

**Nappert, Réjean**  
Gatineau, QC

**Narasiah, Lavanya**  
Brossard, QC

**Nazerli, Najmi**  
Vancouver, BC

**Neamatullah, Syed Nehal**  
Jeddah, Saudi Arabia

**Nguyen, Cong-Nghiem**  
Westmount, QC

**Nicolet, Jannick**  
Montréal, QC

**Nituch, Nathalie**  
Montréal, QC

**Noel-Beau, Noémie**  
Amos, QC

**Ocasiones, Carmencita**  
Laval, QC

**Orzeszyna, Magdalena**  
Mont-Royal, QC

**Osborne, Perry**  
Baie Verte, NL

**Padan, Callie**  
Montréal, QC

**Panet, Diane**  
Magog, QC

**Paquet, Christine**  
Fatima, QC

**Paquette, Eric**  
Timmins, ON

**Parent, Lorne**  
Ottawa, ON

**Parsons, William**  
Ste-Anne-de-Bellevue, QC

**Perrotta, Rosalba**  
Montréal, QC

**Phillips, Allen**  
Cowansville, QC

**Picard, France**  
Amos, QC

**Poirier, Eric**  
Sept-Îles, QC

**Poitevin, David**  
Sault Ste. Marie, ON

**Polson, George**  
Ste-Anne-de-Bellevue, QC

**Porter, Mark**  
St. John's, NL

**Prossin, Albert**  
Montréal, QC

**Pruneau, Marc**  
Sherbrooke, QC

**Quirion, Karen**  
Amos, QC

**Ramsey, Patricia**  
Minto, NB

**Ratner, Jack**  
Montréal, QC

**Regimbal, Marc**  
Gatineau, QC

**Reid, Shelley**  
Ottawa, ON

**Restrepo, Alfonso**  
Lorraine, QC

**Riano, Margarita Rosa**  
Saint-Laurent, QC

**Richter, Anne-Katrin**  
Mont Royal, QC

**Rideout, Gary**  
Mount Pearl, NL

**Rivilis, Jeffrey**  
Mont-Royal, QC

**Rivington, Jennifer**  
Arnprior, ON

**Robson, Mark**  
Arnprior, ON

**Rohan, Ivan**  
Montréal, QC

**Roper, Mark**  
Westmount, QC

**Rotman, Laurie**  
Scarborough, ON

## PARTICIPANT LIST

**Routh, John**  
Port Hope, ON

**Roy, Christine**  
Drummondville, QC

**Roy, France-Valérie**  
Québec, QC

**Roy, Martine**  
Montréal, QC

**Roy, Nadine**  
Dieppe, NB

**Saba, Samir Edouard**  
Pierrefonds, QC

**Salazar-Oldrich, Trinidad**  
Beaconsfield, QC

**Saoud, Fahimy**  
Verdun, QC

**Scheim, Alyssa**  
Dorval, QC

**Schnare, Ted**  
Ottawa, ON

**Schrivers, Christine**  
Arnprior, ON

**Schulz, Jan**  
Montréal, QC

**Scotland, Cynthia**  
Montréal, QC

**Sedighi, Seyed Mahdi**  
Tehran, Iran

**Seidler, Christine**  
Callander, ON

**Sheftel, Raisa**  
Verdun, QC

**Sherlock, Donald**  
Belleville, ON

**Singer, Tamara**  
Montréal, QC

**Sitaru, Doina**  
Montréal, QC

**St-Onge, Benoit**  
Trois-Rivières, QC

**Steel, Gail**  
Montréal, QC

**Steg, Doris**  
Montréal, QC

**Steinman, Robert**  
Montréal, QC

**Stephenson, Megan**  
Huntsville, ON

**Stewart, John**  
St. Stephen, NB

**Stiharu, Simona**  
Pierrefonds, QC

**Still, Janet**  
Ottawa, ON

**Still, Susan**  
Montréal, QC

**Stuckey, Valerie**  
Pointe-Claire, QC

**Svihovec, William**  
Montréal, QC

**Szczygielski, Blazej**  
Kuujuaq, QC

**Tafler, Karen**  
Montréal, QC

**Tang, Thanh Quang**  
Montréal, QC

**Telfer, Christine**  
Riverview, NB

**Teodorescu, Cristina**  
Candiac, QC

**Tesfaye, Yoseph**  
Montréal, QC

**Thériault, Pierre**  
Carleton, QC

**Thomas, David**  
Port aux Basques, NL

**Thomassin, Josyane**  
Kirkland, QC

**Touzel, Liz**  
Napane, ON

**Touzel, Tom**  
Napane, ON

**Tozer, Nancy**  
Pointe-Claire, QC

**Trattner, Raquel**  
Pointe-Claire, QC

**Treilhard, John**  
Toronto, ON

**Tremblay, Jacques**  
Montréal, QC

**Tremblay, Louise**  
Pointe-Claire, QC

**Tremblay, Roger**  
Cornwall, ON

**Tsoulos, Panagiotis**  
Montréal, QC

**Tulandi, Tati**  
Montréal, QC

**Turbide, Pierre**  
Amqui, QC

**Uhthoff, Peter**  
Ottawa, ON

**Versteeg, Elmyre**  
Toronto, ON

**Virmani, Achla**  
Brossard, QC

**Vonniessen, Michael**  
Beaconsfield, QC

**Wali, Razaz**  
Montréal, QC

**Walker, Angela**  
Carignan, QC

**Wasser, Pnina**  
Westmount, QC

**Weber, Marie**  
Montréal, QC

**White, Robert J.**  
Bathurst, NB

**Whiteman, Avram**  
Westmount, QC

**Wierzchoslawski, Krzysztof**  
Miramichi, NB

**William, Hany**  
Cornwall, ON

**Willoughby, Paul**  
Woodstock, ON

**Wolanski, Renee**  
Montréal West, QC

**Younes, Layla**  
Montréal, QC

**Zaharia, Cristian**  
Laval, QC

**Zaklos, M.**  
Montréal, QC

**Zigman, Michael**  
Montréal, QC



McGill

Faculty of Medicine

# CERTIFICATE OF ATTENDANCE

This is to certify that the undersigned has attended the continuing medical education activity entitled:  
**61<sup>st</sup> Annual Refresher Course for Family Physicians** on November 29, 2010  
Hilton Montréal Bonaventure Hotel, Montréal, Québec

Participant's Name (printed): .....

Participant's Signature: .....

Study Credit Hours: .....  
(for maximum number of 6.75 credits for the day)

IVAN ROHAN MD, CCFP  
COURSE DIRECTOR

This event is an accredited group learning activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada 23 hours. This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for the 23 MAINPRO-M1 credits. The Centre for CCHPE, Faculty of Medicine, McGill University designates this educational activity for a maximum of 23 Category 1 credits towards the AMA Physicians Recognition Award. EACH PHYSICIAN SHOULD CLAIM ONLY THOSE CREDITS THAT HE/SHE ACTUALLY SPENT IN THE ACTIVITY.

The McGill Centre for the CCHPE is accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS) as an accrediting body for continuing medical education activities for physicians. Participants eligible to receive AMA Physicians Recognition Award credits can claim the AMA PRA Category 1 credits through a reciprocal agreement. Participants eligible to receive Prescribed Credit Hours from the AAFP can claim the credits through a reciprocal agreement.



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Faculty of Medicine

# CERTIFICATE OF ATTENDANCE

This is to certify that the undersigned has attended the continuing medical education activity entitled:  
**61<sup>st</sup> Annual Refresher Course for Family Physicians** on November 30, 2010  
Hilton Montréal Bonaventure Hotel, Montréal, Québec

Participant's Name (printed): .....

Participant's Signature: .....

Study Credit Hours: .....  
(for maximum number of 8.75 credits for the day)

**IVAN ROHAN** MD, CCFP  
COURSE DIRECTOR

This event is an accredited group learning activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada 23 hours. This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for the 23 MAINPRO-M1 credits. The Centre for CCHPE, Faculty of Medicine, McGill University designates this educational activity for a maximum of 23 Category 1 credits towards the AMA Physicians Recognition Award. EACH PHYSICIAN SHOULD CLAIM ONLY THOSE CREDITS THAT HE/SHE ACTUALLY SPENT IN THE ACTIVITY.

The McGill Centre for the CCHPE is accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS) as an accrediting body for continuing medical education activities for physicians. Participants eligible to receive AMA Physicians Recognition Award credits can claim the AMA PRA Category 1 credits through a reciprocal agreement. Participants eligible to receive Prescribed Credit Hours from the AAFP can claim the credits through a reciprocal agreement.



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Faculty of Medicine

# CERTIFICATE OF ATTENDANCE

This is to certify that the undersigned has attended the continuing medical education activity entitled:  
**61<sup>st</sup> Annual Refresher Course for Family Physicians** on December 1, 2010  
Hilton Montréal Bonaventure Hotel, Montréal, Québec

Participant's Name (printed): .....

Participant's Signature: .....

Study Credit Hours: .....  
(for maximum number of 7.5 credits for the day)

IVAN ROHAN MD, CCFP  
COURSE DIRECTOR

This event is an accredited group learning activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada 23 hours. This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for the 23 MAINPRO-M1 credits. The Centre for CCHPE, Faculty of Medicine, McGill University designates this educational activity for a maximum of 23 Category 1 credits towards the AMA Physicians Recognition Award. EACH PHYSICIAN SHOULD CLAIM ONLY THOSE CREDITS THAT HE/SHE ACTUALLY SPENT IN THE ACTIVITY.

The McGill Centre for the CCHPE is accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS) as an accrediting body for continuing medical education activities for physicians. Participants eligible to receive AMA Physicians Recognition Award credits can claim the AMA PRA Category 1 credits through a reciprocal agreement. Participants eligible to receive Prescribed Credit Hours from the AAFP can claim the credits through a reciprocal agreement.