



ANNUAL REFRESHER COURSE  
*for* FAMILY PHYSICIANS  
SYMPOSIUM ANNUEL *pour*  
LES OMNIPRACTICIENS

DECEMBER 1-3 DÉCEMBRE 2014  
*Hilton Montréal Bonaventure*

2014

CARDIOLOGY  
ENDOCRINOLOGY  
GASTO-ENTEROLOGIE  
GERIATRICS  
HÉMATOLOGIE  
IMMUNOLOGY  
NEUROLOGIE  
ORTHOPEDICS  
PEDIATRICS  
SANTÉ MENTALE  
RENAL  
UROLOGIE  
... MANY MORE

1949

## Committee

**Rohan, Ivan** – Course Director MD, CCFP

**Abrahams, Heather** MD, CCFP

**Dannenbaum, David** MD, CCFP

**Glaser, Stuart R.** – Emeritus Member MD

**Luconi, Francesca** PhD

**Lalla, Daniel E.** MDCM, CCFP, FCFP

**Narasiah, Lavanya** MD, MSc, CCFP

**Nazerli, Najmi** MD, CCFP, FCFP

**Schulz, Jan** MD, FRCP(C), FACP

**Zigman, Michael** MDCM, FCFP

## Venue / Accommodation

A special block of rooms has been reserved for the Course delegates until October 30, 2014, at the rate of \$185 CAD for single or double occupancy (plus applicable taxes).

Thereafter, reservations will be based on availability.

Please contact the hotel directly to make your reservations. Be sure to mention the Group/Convention Code "65<sup>th</sup> Refresher Course for Family Physicians".

### Hilton Montréal Bonaventure Hotel

900, rue de la Gauchetière West / Montréal / QC / H5A 1Z4

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[www.hiltonmontreal.com](http://www.hiltonmontreal.com) / [info@hiltonmontreal.com](mailto:info@hiltonmontreal.com)

Located in the heart of downtown Montréal, the Hilton Montréal Bonaventure Hotel is connected to 28 km of underground walkways with access to the Métro subway system, train station, office towers, boutiques and restaurants (Place Bonaventure). Parking is available at the de la Gauchetière West Street entrance at the cost of \$21 CAD per day.

## 65<sup>th</sup> Anniversary Celebration Dinner

**Monday, December 1, 2014**

**Cocktails – 18:00 / Dinner – 18:30**

If you have never joined the Course dinner in the past, you should definitely consider it this year.

In addition to a delicious 4-Course dinner, the event will include special highlights. This year, we will welcome the recipient of the Guinness World Record as the fastest violinist, **Eric Speed**, to the stage. Eric plays the violin since age 3 and turned his talent into a true career. He was discovered as a rising star in Quebec in 2009 during a broadcast on TVA and his career has skyrocketed ever since. He recently released his third album "Valiances". For more information, visit [www.ericsspeed.ca](http://www.ericsspeed.ca).

As has been the tradition for many years, the Orchestre du Square Saint-Louis will once again accompany us throughout dinner with their classical and jazzy repertoire.

**Come and celebrate with us!**



## Study Credit Hours

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The Continuing Professional Development Office (CPD), Faculty of Medicine, McGill University, is accredited by the Committee on Accreditation of Canadian Medical Education (CACME) and is an accredited CPD provider for:

- the Royal College of Physicians and Surgeons of Canada,
- the College of Family Physicians of Canada.

This program meets the accreditation criteria of the College of Family Physicians of Canada for **MAINPRO-M1** credits.

This event is an accredited **group learning activity (Section 1)** as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada.

Each physician should claim only those hours of credit that he/she actually spent at the educational activity.

Hours to be announced on the Course website shortly.

## CME Reimbursement Allowance Fund

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This Course qualifies for CME reimbursement for those Québec physicians who meet the requirements for the fund from the Régie de l'assurance maladie du Québec.

To obtain an application form and for further information, please visit the website and go to the CME and RAMQ tab.

<http://course-mcgill.ca/>

## Declaration of Potential Conflict of Interest

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All presenters will reveal their conflicts of interest and, if any, they will provide an explanation as to how to resolve them.

## Learning Objectives

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After attending the 2014 Refresher Course, learners will be able to apply acquired and confirmed knowledge in a variety of topics relevant to urban and rural practice.

Each presentation will have specific learning objectives which will be available on the Course website.

## Methods

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A variety of instructional methods are offered to ensure the course effectiveness in achieving the learning objectives. Recent developments in Family Medicine are presented as short plenary sessions followed by discussion. Learners will be able to select interactive workshops according to their perceived needs. The workshop streams include Emergency Medicine, Geriatrics, Paediatrics, Hands-on and Spine problems. Optional follow-up measures (i.e., Commitment to Change Tool) will provide the opportunity for Mainpro C credits.

# FACULTY

**Afilalo, Jonathan MD**

Assistant Professor, Medicine/Cardiology; Associate Member, Epidemiology, McGill University; Jewish General Hospital

**Assaad, Jean-Marc PhD**

Psychologist, Director of Training Services, PsyMontreal

**Baass, Alexis MD, MSc, DABCL, FRCP(C)**

Medical Biochemist, Medical Biochemistry; Lipidologist, Endocrinology, MUHC

**Benaroch, Thierry E. MD, FRCS(C), FAAOS**

Site Director, Pediatric Orthopedic Surgery and Trauma Program, The Montreal Children's Hospital, MUHC

**Bereza, Eugene MDCM, CCFP**

Director, Biomedical Ethics Unit, Faculty of Medicine, McGill

**Bergman, Howard MD, FCFP, FRCP(C)**

Chair, Department of Family Medicine; Professor of Family Medicine, Medicine and Oncology; The Dr. Joseph Kaufmann Professor of Geriatric Medicine, McGill University

**Berringer, Ross G. MD, D(ABEM), MCFP(EM)**

Physician Risk Manager, Risk Management Services, Canadian Medical Protective Association; Emergency Physician, Ottawa Hospital; Clinical Associate Professor, University of Ottawa; Honorary Lecturer, Department of Medicine, University of British Columbia

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**Chen-Tournoux, Annabel MD**

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**Delaney, J. Scott MDCM, FRCP(C), FACEP**

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**Durcan, Liam MD, FRCP(C)**

Assistant Professor, Department of Neurology and Neurosurgery, McGill University; Consultant Neurologist, Montreal Neurological Hospital and Institute

**Eidelman, David MDCM, FRCP(C), FACP**

Vice Principal (Health Affairs) and Dean, Faculty of Medicine, McGill University

**Elie, Michel MD, FRCP(C)**

Assistant Professor, Department of Psychiatry, McGill University; Director, Psychiatry, St. Mary's Hospital Center

**Fausto de Souza, Dominique MD**

Dermatologist, Federal University of Rio de Janeiro, Brazil; PhD Student, Henry C. Witelson Ocular Pathology Laboratory; Dermatology Resident, Dermatology, McGill University

**Folkersma, Max**

Physiotherapist, Physiotherapy, MUHC

**Fortier, Michel P.**

Clinical Associate Professor, Obstetrics and Gynecology, Laval University

**Francoeur, T. Emmett MD, CM, FRCP(C)**

Director, Child Development Program; Vice-Chair, Department of Pediatrics, Montreal Children's Hospital

**Friedland, Jessica MD**

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**Friedman, Gad MDCM, FRCP(C)**

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**Goggin, Patricia MD, MSc**

Medical Consultant, Direction des risques biologiques et de la santé au travail, Institut national de santé publique du Québec

**Golan, Jeff**

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Physiatrist, DND

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**Hilzenrat, Nir MD**

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**Legault, Laurent MD**

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**Lowensteyn, Ilka PhD**

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# FACULTY

## **MacNamara, Elizabeth MD, MRCP(UK), FRCP, MRCP, MRCP**

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## **Mah, Rick MD**

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## **Mallet, Louise BSc Pharm, PharmD, CGP, FESCP**

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## **McCusker, Christine MD, MSc**

Associate Professor, Pediatrics, Montreal Children's Hospital, MUHC; Research Director, Meakins-Christie Laboratories, McGill University; Director, Clinical Immunology Laboratory

## **Morel, Johanne MD**

Assistant Professor, Department of Pediatrics, Montreal Children's Hospital, McGill University

## **Morelli, Gaetano MD, FRCP(C)**

Director, Gastroenterology, St. Mary's Hospital Center; Staff Physician, MUHC; Assistant Professor, Medicine, McGill University

## **Morin, Suzanne MD, MSc, FRCP, FACP**

Internist, Division of Internal Medicine, Montreal General Hospital; Associate Professor, Department of Medicine, McGill University; Member, Bone Metabolism Center, MUHC

## **Morris, David MB, BChir, MRCP(UK), CSPQ**

Associate Professor, Department of Medicine and Gynecology, MUHC Reproductive Center, Metabolic Day Center

## **Munz, Diane MD,**

Certified Specialist in Pediatrics by the Royal College of Canada, the Quebec Collège des Médecins, and the American Academy of Pediatrics; Associate Professor, Part-time, Pediatrics, Faculty of Medicine, McGill University; Active Staff, Medical Autism Clinic, Montreal Children's Hospital; Medical Director, MAB-Mackay Rehab Centre; Consultant Pediatrician, Centre de jeunesse Batshaw

## **Narasiah, Lavanya MD, MSc, CCFP**

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## **Ouellet, Jean**

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## **Radhakrishna, Mohan MD, FRCP(C), Dip, Sport Med**

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## **Ramani, Mathangi MD**

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## **Raymond, Jean-Marc MD**

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## **Rif, Maria CCFP (EM)**

Emergency Physician; Member of the MUHC Adult Toxicology Team, Adult Toxicology, MUHC

## **Rohan, Ivan MD, CM, FRCP(C), FACP**

Associate Dean CPD; Assistant Professor, Family Medicine Department, Faculty of Medicine, McGill University

## **Rohan, Peter MD, CM, FRCP(C), FACP**

Program Director, Inter University Occupational & Environmental Health Clinic, Montreal Chest Institute, MUHC; Adjunct Professor, Department of Epidemiology, Biostatistics and Occupational Health, McGill University

## **Rudkin, Teresa M. MSc, MD, CCFP**

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## **Saluja, Sanjeet CCFP-EM**

Emergency Physician, Emergency Department, MUHC; Emergency Physician; Resident Education Coordinator, St. Mary's Emergency Department, St. Mary's Hospital Center; Team Physician, Medical Staff, Montreal Impact Football Club

## **Schwartz, Joseph A. PhD**

Director, Office for Science and Society, McGill University

## **Sorge, Raymond S. MDCM, CCFP(EM), FCFP**

Assistant Professor, Department of Family Medicine, McGill University; Chief, Department of Emergency Medicine, St. Mary's Hospital Center

## **Starr, Michael R. MD, FRCP(C)**

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## **Stein, Michael MDCM, FRCP(C)**

Assistant Professor, Department of Rheumatology, Faculty of Medicine, McGill University

## **Tannenbaum, Cara MD**

Professor, Faculties of Medicine and Pharmacy, Université de Montréal

## **Tessier, Dominique MD, CCFP, FCFP**

Family Physician, Family Medicine Network, Clinique du Quartier Latin; Medical Director, Groupe Santé voyage; Family Physician, Post-exposure Prophylaxis Clinic, CHUM St-Luc; Family Physician, STD Prevention and Treatment, Clinique A

## **Trudeau, Luc MD**

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## **Turner, Joel**

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## **Walker, Mathieu MDCM, FRCP(C)**

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## **Ware, Mark MD, MRCP(UK), MSc**

Director, Clinical Research, Alan Edwards Pain Management Unit of the MUHC; Associate Professor, Departments of Anesthesia and Family Medicine, Pain Clinic

## **Waschke, Kevin MDCM, FRCP(C), FASGE**

Director of Therapeutic Endoscopy and Endosonography, Division of Gastroenterology, McGill University

## **Weber, Michael MD, MSc, PhD, FRCS(C)**

Assistant Professor, Department of Surgery, McGill University; Staff Orthopaedic Surgeon, Montreal General Hospital, MUHC

## **Yale, Jean-François MD, CSPQ**

Professor of Endocrinology, McGill Nutrition and Food Science Centre, McGill University

## **Yaremko, John MD, FRCP(C)**

Assistant Professor in Pediatrics, The Montreal Children's Hospital, McGill University; Staff Physician, The Montreal Children's Hospital

## **Zampini, Marisa MDCM, CCFP**

Family Physician, Family Medicine, Jewish General Hospital

## **Zigman, Daniel MD, FRCP(C)**

Assistant Professor, Department of Psychiatry, McGill University; Attending Physician, Department of Psychiatry, MUHC

07:00	REGISTRATION		
08:15	<b>PLENARY 1</b>		<b>Chair: David Dannenbaum</b>
08:15	Opening Remarks from the Vice-Principal of Health Affairs & Dean		David Eidelman
08:25	Introduction		Ivan Rohan
08:30	PL-1.1	What's New in Cardiac Interventions and Percutaneous Cardiac Interventions	Luc Bilodeau
09:00	PL-1.2	New BP Guidelines	Annabel Chen-Tournoux
09:30	EXERCISE STRETCH		Julie Bourgoin
09:35	PL-1.3	Digital eHealth: Can It Improve Clinical Care?	Steven A. Grover
10:05	PL-1.4	When to Consider Investigation of Secondary HTN	Luc Trudeau
10:35	Refreshment Break		
11:00	<b>WORKSHOPS A</b>		
11:00	A-01	ER - Bedside Ultrasound for the Family Doctor	Joel Turner
11:00	A-02	GER - Depression in the Elderly	Jessica Friedland
11:00	A-03	PEDS - Childhood Obesity	Laurent Legault
11:00	A-04	HANDS ON - An Update on Cervical Cancer Screening Guidelines	Patricia Goggin
11:00	A-05	Refractory Hypertension	Luc Trudeau
11:00	A-06	Prescribing Cardiac Rehabilitation	Ilka Lowensteyn
11:00	A-07	Guideline - CHEP Guidelines	Annabel Chen-Tournoux
11:00	A-08	Natural Medicines: Helpful Herbs, Harmful Herbs	Silvia Duong
11:00	A-09	ADHD in Adults - Diagnosis and Management	Karl Looper
11:00	A-10	Office Evaluation of Suspected Angina	Mathieu Walker
11:00	A-11	SPINE - LBP: New Approach to an Old Favorite	Mohan Radhakrishna
12:00	Lunch Break		
12:15	<b>EDUCATIONAL FORUM 1</b>		
12:15	EF-1	The Role of the Kidneys in Diabetes Management: Focus on SGLT2 Inhibitors	Jean-François Yale
13:20	<b>PLENARY 2</b>		<b>Chair: Michael Zigman</b>
13:20	PL-2.1	Menopause	David Morris
13:50	EXERCISE STRETCH		Julie Bourgoin
13:55	PL-2.2	Colon Cancer Screening (Scope, CT, FIT, etc.)	Kevin Waschke
14:30	<b>WORKSHOPS - B</b>		
14:30	B-01	ER - Upper GI: Bleeds, Ulcers, GERD, etc.	Kevin Waschke
14:30	B-02	GER - Identifying the "Good 90 Year Old" Who Could Benefit from Advanced Cardiovascular Care	Jonathan Afilalo
14:30	B-03	PEDS - Autistic Spectrum Disorder	Diane Munz
14:30	B-04	HANDS ON - Joint Injections	Michael Stein
14:30	B-05	Infertility	David Morris
14:30	B-06	Test your Menopause IQ	Michel P. Fortier
14:30	B-07	Neurological Exam	Liam Durcan
14:30	B-08	An Introduction to Wound Care	Mark Karanofsky
14:30	B-09	Chronic Kidney Disease	Sameena Iqbal
14:30	B-10	Long QT Interval	Jean-Marc Raymond
14:30	B-11	SPINE - Surgical Management of Spinal Tumors	Michael Weber
15:30	Refreshment Break		
16:00	<b>WORKSHOPS - C</b>		
16:00	C-01	ER - ACS	Tiffany Gasse
16:00	C-02	GER - Delirium Workup	Michael Bonnycastle
16:00	C-03	PEDS - ADHD in the Office: Insights and Intuitions	T. Emmett Francoeur
16:00	C-04	HANDS ON - Joint Injections	Michael Stein
16:00	C-05	Medical Fitness to Drive	Lucie Boucher
16:00	C-06	Familial Hypercholesterolemia: an Update	Alexis Baass
16:00	C-07	Neuropathies: Approach, Testing Exam	Liam Durcan
16:00	C-08	"Doctor: I Want to Be Tested for the Breast Cancer Gene"	Teresa M. Rudkin
16:00	C-09	Chronic Kidney Disease	Sameena Iqbal
16:00	C-10	COPD: Old Disease, New Treatment Approach	Ron Olivenstein
16:00	C-11	SPINE - Physical Examination of the Sacroiliac Joint	Max Folkersma

<b>08:00</b>	<b>PLENARY 3</b>	<b>Chair: Heather Abrahams</b>
08:00	PL-3.1 Insomnia in the Elderly	Michel Elie
08:30	PL-3.2 CMPA	Ross G. Berringer
09:00	<b>EXERCISE STRETCH</b>	Julie Bourgoin
09:05	PL-3.3 Newer Drugs for Type 2 Diabetes; Where Do They Fit in	Tina Kader

<b>09:40</b>	<b>WORKSHOPS - D</b>	
09:40	D-01 ER - Drug Interactions that lead to ED visits	Rick Mah
09:40	D-02 GER - Pain in the Elderly	David Lussier
09:40	D-03 PEDS - Common Orthopedics	Thierry E. Benaroch
09:40	D-04 HANDS ON - Gyne Procedures: IUDs, EMBx, PAP Tricks	Marisa Zampini
09:40	D-05 Shoulder Exam for Common Shoulder Complaints	J. Scott Delaney
09:40	D-06 Recent CMPA Cases	Ross G. Berringer
09:40	D-07 Type 2 Diabetes; So Many Options; Latest Update; Case-based	Tina Kader
09:40	D-08 Diarrhea Investigation and Management	Gad Friedman
09:40	D-09 Common Problems in Pediatrics	Johanne Morel
09:40	D-10 Travel Medicine Cases	Lavanya Narasiah
09:40	D-11 SPINE - Minimally Invasive Spine Surgery	Jeff Golan

### 10:40 Refreshment Break

<b>11:10</b>	<b>WORKSHOPS - E</b>	
11:10	E-01 ER - Concussions and Minor Head Traumas	Sanjeet Saluja
11:10	E-02 GER - Pain in the Elderly	David Lussier
11:10	E-03 PEDS - Common Problems in Pediatrics (repeat of D-09)	Johanne Morel
11:10	E-04 HANDS ON - Knee Exam	J. Scott Delaney
11:10	E-05 Birth Control Cases	Marisa Zampini
11:10	E-06 Recent CMPA Cases (repeat of D-06)	Ross G. Berringer
11:10	E-07 Cases in Diabetes (Type 2) Management	Tina Kader
11:10	E-08 Constipation Investigation and Management	Gad Friedman
11:10	E-09 Occupational Medicine in Family Practice	Peter Rohan
11:10	E-10 An Introduction to Motivational Interviewing - What to Do When Advice Doesn't Work	Jean-Marc Assaad
11:10	E-11 SPINE - Indications for Kyphoplasty and Vertebroplasty: When to Refer	Peter Jarzem

### 12:10 Lunch Break

<b>12:15</b>	<b>EDUCATIONAL FORUM 2</b>	
12:15	EF-2 Adult Immunization in Family Practice	John Yaremko

<b>13:30</b>	<b>PLENARY 4</b>	<b>Chair: Lavanya Narasiah</b>
13:30	PL-4.1 STI Update	Speaker TBD
14:00	PL-4.2 Vitamin D in 2014: Not so Fast	Suzanne Morin
14:30	<b>EXERCISE STRETCH</b>	Julie Bourgoin
14:35	PL-4.3 Erectile Dysfunction	Peter Chan
15:05	PL-4.4 What Happens to Patients, Doctors and Health Care Institutions When Certain Tests Are Restricted	Elizabeth MacNamara

### 15:35 Refreshment Break

<b>16:00</b>	<b>WORKSHOPS - F</b>	
16:00	F-01 ER - Musculoskeletal Injuries: Pearls and Pitfalls	Maria Rif
16:00	F-02 GER - A Practical Approach to Curing Incontinence in Your Older Patients	Cara Tannenbaum
16:00	F-03 PEDS - Pediatric Vaccination & Schedule Changes	John Yaremko
16:00	F-04 HANDS ON - Derm: Procedures	Speaker TBD
16:00	F-05 Andropause	Peter Chan
16:00	F-06 Data Mining Doctors' Laboratory Requests: Looking for Large Needles in Small Haystacks	Elizabeth MacNamara
16:00	F-07 Osteoporosis Management	Suzanne Morin
16:00	F-08 Practical Computing in Medicine	Daniel E. Lalla
16:00	F-09 Topic TBD	Speaker TBD
16:00	F-10 Topic TBD	Speaker TBD
16:00	F-11 SPINE - Radiologic Evaluation of the Cervical Spine	Jean Ouellet

<b>08:00</b>	<b>PLENARY 5</b>	<b>Chair: Najmi Nazerali</b>
08:00	PL-5.1 Rational Use of Rheumatological Tests	Michael R. Starr
08:30	PL-5.2 Adult Immunizations in Family Practice in 2014: Not Only for Travelers!	Dominique Tessier
<b>09:00</b>	<b>EXERCISE STRETCH</b>	<b>Julie Bourgoin</b>
09:05	PL-5.3 Food Allergies in Children	Christine McCusker
09:35	PL-5.4 Update on Pregnancy Screening	Lucie Opatrny

**10:05 Refreshment Break****10:30 WORKSHOPS - G**

10:30	G-01 ER - Pulmonary Emboli in the ER	Raymond S. Sorge
10:30	G-02 GER - Prescribing Cascades in Geriatrics: Prevent & Undo	Louise Mallet
10:30	G-03 PEDS - Oral Allergy Syndrome	Christine McCusker
10:30	G-04 HANDS ON - Joint and Soft Tissue Injections	Michael R. Starr
10:30	G-05 Vaccines in Adults Including Travel	Dominique Tessier
10:30	G-06 Medical Obstetrics Update	Lucie Opatrny
10:30	G-07 The New Era of HCV Treatment: Direct-Acting Anti-Viral Agents (DAA)	Nir Hilzenrat
10:30	G-08 Treatment of Anxiety Disorders	Daniel Zigman
10:30	G-09 Easily Missed Fractures	Mathangi Ramani
10:30	G-10 Rheumatic Diseases in Young Adults	Elizabeth Hazel
10:30	G-11 SPINE - Indication and Efficacy of Cervical Spine Injections	Gaurav Gupta

**11:30 Lunch Break****11:45 EDUCATIONAL FORUM 3**

11:45	EF-3 IBS-C and CIC and New Therapies	Gaetano Morelli
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**12:45 65<sup>th</sup> Anniversary Celebrations - with Dr. Howard Bergman****13:00 PLENARY 6****Chair: Daniel E. Lalla**

13:00	PL-6.1 - Tector: Dying with Dignity and Multicultural Perspective	Eugene Bereza
13:30	PL-6.2 - The Ups and Downs of "Natural Remedies"	Joseph A. Schwarcz
14:00	PL-6.3 - Rational Use of CT Scan	Mathangi Ramani

**14:30 Refreshment Break and Exercise Stretch****14:45 PLENARY 6 - CONTINUED**

14:45	PL-6.4 - Medical Marijuana	Mark Ware
15:15	PL-6.5 - Update on Macular Degeneration	Marino Discepolo
15:45	PL-6.6 - Common Dermatoses	Dominique Fausto de Souza
16:15	Closing Remarks	Ivan Rohan

*A Question and Answer period will follow all lectures on all days.*

**Visit our website [www.course-mcgill.ca](http://www.course-mcgill.ca)  
for the latest updates and to register!**

**Commercial Exhibition:** Monday, December 1 | 10:00-16:00  
Tuesday, December 2 | 10:00-16:00



**Early-bird deadline:  
October 16, 2014**





# McGill

FACULTY OF MEDICINE | CPD

## Additional CME Accredited Activities

### THURSDAY EVENING LEARNING SERIES (TELS)

46 credits

<b>Dates:</b>	September 18 – December 4, 2014 January 15 – March 26, 2015
<b>Location:</b>	McIntyre Medical Sciences Building McGill University 1200 Pine Avenue West
<b>Schedule:</b>	18:30 – 20:30

**WEBINAR AVAILABLE!**  
from the convenience of your home or office

### WEDNESDAY E-LEARNING SERIES (WELS)

23 credits

<b>Dates:</b>	September 10 – November 26, 2014 January 14 – March 25, 2015
<b>Schedule:</b>	12:00 – 13:00

**WEBINAR ONLY!**  
from the convenience of your home or office

### 3<sup>RD</sup> ANNUAL MCGILL CME CRUISE:

#### HOT TOPICS IN MEDICINE

16 Credits

<b>Dates:</b>	September 19 – 27, 2015 <i>(One day conference in Montreal on September 19 and then the cruise with presentations September 20-27)</i> Joie de Canada Cruise (St. Lawrence River) – Crystal Cruises
<b>Contact:</b>	Sea Course Cruises   Toll free: 1-888-647-7327 Email: <a href="mailto:cruises@seacourses.com">cruises@seacourses.com</a> URL: <a href="http://www.seacourses.com">www.seacourses.com</a> Facebook: <a href="https://www.facebook.com/CMEatSEA">facebook.com/CMEatSEA</a> Youtube: sea courses channel

For more information, visit our website at:

<http://cme.mcgill.ca>

#### Continuing Professional Development

##### TELS/WELS Secretariat

Faculty of Medicine, McGill University

1110 Pine Avenue West, Suite 15

Montreal, Québec, H3A 1A3

T: 514.398.5637

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Email: [cmespecialevents.med@mcgill.ca](mailto:cmespecialevents.med@mcgill.ca)

# McGill ULTRASOUND EVALUATION (MUSE) PROGRAM

## BEDSIDE ULTRASOUND COURSE FOR PRIMARY CARE CLINICIANS

November 29-30, 2014 | McGill SIM Center



### **COURSE DIRECTOR: PETER STEINMETZ**

The primary care clinician is faced with a wide variety of clinical scenarios for which bedside ultrasound can assist in diagnoses, therapeutics, management, procedures, and ultimately, improved patient outcomes. The MUSE program (McGill Ultrasound Evaluation program) *Bedside Ultrasound for Primary Care Clinicians* course aims to improve the bedside ultrasound skills of primary care providers through a modular, problem-based approach. The course takes place over two days (November 29-30, 2014) at the Arnold and Blema Steinberg Medical Simulation Centre. Participants will practice scanning standardized patients in a supervised setting.

For registration and more details contact Cindy at:

[medsimcentre@mcgill.ca](mailto:medsimcentre@mcgill.ca).

# MEDICAL CBT TRAINING

Cognitive Behavior Therapy

December 2, 2014

## 6.0 Mainpro-C credits

Tuition varies (see below)

Although ideally taken together for 6.0 Mainpro-Cs, the morning and afternoon sessions can also be taken individually (3.0 Mainpro-Cs each).

### TEN-MINUTE CBT: HIGH-IMPACT TECHNIQUES FOR REAL DOCTORS

Tue, Dec 2 | 9:00AM–12:15PM

3.0 Mainpro-Cs | \$295 tuition\*

YES, "good enough" CBT can be integrated into ten-minute primary care appointments. In this three-hour morning session, Dr. Greg Dubord and CBT Canada faculty teach you the essentials of a skill that may fundamentally change how you deal with mental health issues. The ultra-brief medical CBT tools you'll learn can be very helpful in dealing with major depression, persistent depressive disorder ("dysthymia" until DSM-5), ADHD, chronic pain, substance abuse, non-compliance, and much more.

1. Learn to break patients away from their "empathy addictions"
2. Learn to structure ten-minute appointments to maximize impact
3. Learn the vital importance of not working harder than most patients

\*For further information and to register, see <http://cbt.ca/uni/mcgill/>

### CHALLENGING PATIENTS: PEARLS FROM THE WORLD OF CBT

Tue, Dec 2 | 1:00PM–4:15PM

3.0 Mainpro-Cs | \$295 tuition\*

Let's be frank: if you're not careful, some patients will put you at risk for Premature Clinician Aging Disorder (PCAD). Although the world of CBT has no easy answers, there are many pearls that can significantly improve patient outcomes—and make your life a whole lot easier. In this year's Challenging Patients workshop, Dr. Greg Dubord and CBT Canada faculty review a plethora of practical ten-minutes-or-less techniques to supplement your existing approaches to generalized anxiety disorder (GAD), hypochondriasis ("illness anxiety disorder" in DSM-5), borderline personality disorder, and suicidality.

1. Discover key changes in DSM-5 criteria
2. Acquire modular tools for helping common "difficult" patients
3. Reduce your odds of personal burnout

\*For further information and to register, see <http://cbt.ca/uni/mcgill/>



**Head instructor** Greg Dubord, MD is an Assistant Professor of Psychiatry at the University of Toronto, and the prime developer of medical CBT. He has presented over 300 workshops, including nearly 50 Mainpro-Cs for the *College of Family Physicians of Canada*, and is a University of Toronto *CME Teacher of the Year*. Dr. Dubord is the CPD Director for CBT Canada, which received the 2013 national *CPD Program Award* from the College of Family Physicians of Canada for providing "exceptional learning experiences". Assistant faculty includes Peter Duffy, MD and Golda Tradounsky, MD.

## Course Support

Our thanks to the following companies for providing the 65<sup>th</sup> Annual Refresher Course for Family Physicians with an educational grant:

## Partners:

Educational grants from all Partner Sponsors will be applied to the holding of Educational Fora.



## Exhibitors:



## Contact Information

Course Organizer

**IS Event Solutions**

607 Notre-Dame, 2<sup>nd</sup> floor

St-Lambert, QC, Canada J4P 2K8

T. 450.550.3488 x 114

F. 514.227.5083

[info@course-mcgill.ca](mailto:info@course-mcgill.ca)

**65<sup>th</sup> Annual Refresher Course for Family Physicians**

 Register online at [www.course-mcgill.ca](http://www.course-mcgill.ca)  
 or complete and return this form with  
 payment to:

 Course Secretariat: IS Event Solutions  
 607 Notre-Dame, 2<sup>nd</sup> floor  
 St-Lambert, QC, Canada J4P 2K8

 Telephone: 450-550-3488, x114  
 Fax: 514-227-5083  
 E-mail: [info@course-mcgill.ca](mailto:info@course-mcgill.ca)
**1. Registration Form - Delegate Information**

Dr.    Prof.    Mr.    Mrs.    Ms.                       Opt-out: Please opt me out of the registration directory

First Name \_\_\_\_\_ Family Name \_\_\_\_\_

Institution \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province / State \_\_\_\_\_ Postal / Zip Code \_\_\_\_\_ Country \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_ E-mail \_\_\_\_\_

Medical Specialty \_\_\_\_\_ Practice Location:    Urban    Rural

License Number \_\_\_\_\_ Type of Credits:    RCPC    CFPC    AMA

Dietary Restrictions: \_\_\_\_\_

**2. Registration Fee (in CAD \$)**

Registration fees are listed in Canadian dollars and include the following: Coffee Breaks, Lunches, access to Session Rooms, access to Exhibit Hall and Course Materials.

	EARLY BIRD By October 16	STANDARD By November 13	LATE As of November 14
<b>Physicians</b>	<input type="checkbox"/> \$700	<input type="checkbox"/> \$740	<input type="checkbox"/> \$790
<b>Residents</b> <small>Residents, students or nurses require a letter from the Chief of Staff.</small>	<input type="checkbox"/> \$320	<input type="checkbox"/> \$345	<input type="checkbox"/> \$370
<b>One-day Registration - \$355 CAD per day</b>	<input type="checkbox"/> December 1	<input type="checkbox"/> December 2	<input type="checkbox"/> December 3
<b>Registrants from TELS</b>	<input type="checkbox"/> \$525	<input type="checkbox"/> \$555	<input type="checkbox"/> \$595
<b>Dinner Reservation</b>	<input type="checkbox"/> \$40 (1 ticket)	<input type="checkbox"/> \$40 (additional ticket)	
<b>Printed Material Kit</b>	<input type="checkbox"/> \$15	Online Material Kit <small>(advance download recommended)</small>	<input type="checkbox"/> \$0
<b>USB Key</b>	<input type="checkbox"/> \$10		

**3. Social Activity**

 The Course Dinner, preceded by an "Aperitif", will be held on Monday, December 1.  
 A non-refundable reservation fee of \$40 per person is applicable.

- I shall attend alone - **\$40**                       I shall attend with a guest - **\$80**

**4. Printed Material vs. Online Material vs. USB Key**

Please select from the options below.

- Printed Material** (includes printed syllabus of plenary presentations only, online access to all PPT presentations ON SITE and post-Course, notepad, pen, pocket guide, bag). A fee of \$15 is applicable.
- Online Material** (includes online access to all PPT presentations ON SITE and post-Course, notepad, pen, pocket guide). We highly recommend advance downloads before you come onsite.
- USB Key** (includes all PPT presentations received from presenters by November 24, usually about 80% of presentations). A fee of \$10 is applicable.

**5. Workshop Choices**

Select **TWO** workshop numbers per line (see program for titles)

		1 <sup>st</sup> Choice		2 <sup>nd</sup> Choice
Monday 11:00	(A)	numbers 1-11	_____ or _____	
Monday 14:30	(B)	numbers 1-11	_____ or _____	
Monday 16:00	(C)	numbers 1-11	_____ or _____	
Tuesday 09:40	(D)	numbers 1-11	_____ or _____	
Tuesday 11:10	(E)	numbers 1-11	_____ or _____	
Tuesday 16:00	(F)	numbers 1-11	_____ or _____	
Wednesday 10:30	(G)	numbers 1-11	_____ or _____	

**6. Educational Lunch Fora Choices**

(limited to 200 participants; tickets will be issued)

- Monday 12:15 J.F. Yale The Role of Kidneys in Diabetes Management: Focus on SGLT2 Inhibitors
- Tuesday 12:15 J. Yaremko Adult Immunization in Family Practice
- Wednesday 11:45 G. Morelli IBS-C and CIC and New Therapies

**7. Payment**

- Cheque, made payable to "IS Event Solutions" (Post-dated cheques are not accepted)
- VISA    MasterCard   **IS Event Solutions** will appear on your credit card statement.

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Name as it Appears on Card \_\_\_\_\_

**Total Payment**

Cardholder Signature \_\_\_\_\_

**Cancellations:** Refunds (less a 25% administration fee), will be granted to delegates unable to attend provided written notice is received by the Secretariat by October 15, 2014. Please note that all refunds will be issued only after the Course. No refunds will be made for cancellations received after October 15, 2014.

 To support our efforts to run this Course as green as possible, please register on our secure online registration page. Go to [www.course-mcgill.ca](http://www.course-mcgill.ca) and choose the Registration tab.